

## Summary

I am a senior teaching fellow, supporting the delivery of the adult and mental health BSc in nursing degree and adult and mental health in nursing masters degree programmes, within the School of Health and Care Professions. I have worked within the NHS since 2001, as a qualified adult nurse, after completing my nurse training at the University of Brighton. I have recently moved into an academic role within the University of Portsmouth in 2023.

## Bibliography

My previous nursing career has been very varied, ranging from working within the acute hospital, community and district nursing, specialist nursing, working within both the Clinical Commissioning Group and Integrated Care Boards, primary care and more recently Health Education England and NHS England.

As a guest lecturer for the University of Surrey, I have supported on the non-medical prescribing post-graduate module and the 3rd year long-term conditions module.

During my clinical career to date I have completed a number of post-graduate training courses and development, including my independent prescribing and my MSc in Public Health.

I have completed my Multiple Sclerosis Nurses International Certificate Board, and presented at The Consortium of Multiple Sclerosis Centres Annual Meeting.

I was recently awarded the title of a Queen Nurse, in recognition of my ongoing commitment to patient care, nursing practice, leadership and education.

Within the University, I am the module co-ordinator for the complexities of nursing module, as well as supporting on a number of the nursing and more wider health care professional programmes within the school. I am also the joint Service User Lead for the school.

## Research interests

Within my multiple sclerosis specialist nursing role, I have been actively involved in development of national guidance and research, through my regional role within the UKMSSNA. This has included looking at the lived experiences of patients and families in regards to multiple sclerosis, and looking at ways to optimise caseloads and care provision.

Modeling the Multiple Sclerosis Specialist Nurse Workforce by Determination of Optimum Caseloads in the United Kingdom

Geoffrey Punshon, PhD; Jo Sopala, LLB (Hons) Business Law; Guy Hannan, PhD; Megan Roberts, PgDip; Karen Vernon, RN; Annabella Pearce, MSc; Alison Leary, PhD

Int J MS Care (2021) 23 (1): 1–7.

## Teaching responsibilities

I teach primarily on both the adult and mental health nursing programmes, however I also teach on the other health care professional programmes within the School of Health and Care Professions.

My teaching approaches varies, using a blended teaching pedagogy. As a school we are fortunate to be able to utilise simulation to create real life scenarios, for students to apply both practical and theoretical skills within a safe environment.