

1 **Structural integrity of *Ellisolandia elongata* reef: a mechanical approach to compare tensile**
2 **strengths in natural and controlled environments**

3

4 Federica Ragazzola^{1§*}, Giancarlo Raiteri^{2*}, Paride Fabbri³, Matteo Scafè³, Maurizio Florio^{2,4}, Matteo
5 Nannini^{2,5}, Chiara Lombardi²

6

7 ¹ Institute of Marine Sciences, University of Portsmouth, Ferry Road, Eastney, Hampshire PO4 9LY, UK

8 ² Laboratory of Biodiversity and Ecosystem Services (SSPT-PROTER-BES), ENEA Research Centre “S. Teresa”, Via
9 Santa Teresa, 19032 Pozzuolo di Lericci, La Spezia, Italy

10 ³ Faenza Laboratory of Materials Technologies (SSPT-PROMAS-TEMAF), ENEA Faenza Research Laboratories, Via
11 Ravegnana 186, 48018 Faenza, Ravenna, Italy

12 ⁴ Department of Earth and Environmental Sciences, University of Pavia, Via S. Epifanio 14, 27100 Pavia, Italy

13 ⁵ Department of Biology, University of Pisa, Via Derna 1, 56126 Pisa, Italy

14

15 [§] Corresponding author: federica.ragazzola@port.ac.uk

16 ^{*} These two authors contributed equally

17

18

19

20

21

22

23

24

25

26

27

28

29 **Abstract**

30 Geniculate coralline algae are oases of biodiversity, providing nursery areas and shelter for the
31 species that live among their fronds.

32 The key of their success in the intertidal is the ability to withstand hydrodynamic forces. Under
33 culturing conditions most of the physical and ecological stressors such as intense hydrodynamic
34 forces and grazing are extremely reduced, thus affecting species mechanical properties and their
35 response to external threats.

36 The aim of the present study is to investigate tensile mechanical properties of *Ellisolandia*
37 *elongata* cluster of fronds from natural (sheltered and exposed reef) and culturing conditions (after
38 one month of culturing). The tensile test showed that the first failure stress (σ_l) was not significantly
39 different between the natural and culturing conditions indicating that the two reefs were
40 characterized by the same distribution of pre-existing, inherent structural flaws. Interestingly the
41 σ_{max} (maximum stress before rupture) was significantly different between the two conditions, with
42 the culturing condition being more resistant to average load compared to the natural conditions. The
43 maximum stress before rupture (σ_{max}) showed the influence of the environment in reducing strength
44 and elasticity of the fronds.

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59 Introduction

60 In the marine realm, intertidal environments present some of the most demanding conditions on
61 the planet: large temperature fluctuation, desiccation, exposure to solar radiation, waves and
62 currents (Morris and Taylor, 1983; Larcher, 2003; Raffaelli and Hawkins 2012). Despite these
63 physical limits, intertidal environments host diverse and productive assemblages of organisms,
64 mainly dominated by algae. The success of seaweeds in this mechanically very demanding
65 environment is due to the strength in their attachment to the substrates and the ability to reduce
66 hydrodynamic forces by either passively bending or changing shape and size when subject to flow
67 (Vogel, 1994; Harder et al., 2004).

68 Wave swept habitats are susceptible to physical disturbance which results in major changes of
69 their community structure and diversity. While active rapid adaptive processes to flow conditions
70 are common in animals, algae and plants have to rely on passive means to cope with various flow
71 regimes (Harder et al., 2004). Thus, the various structural units of a plant body have to be flexible
72 enough to allow rapid adjustments to the shape of the organism (Vogel, 1984). The overall
73 morphology of intertidal algae subsequently is adapted to survive in flow dominated habitats,
74 thereby hosting a rich assemblage of associated organisms.

75 In the Mediterranean Sea, both geniculate and non-geniculate coralline algae create intertidal
76 underwater architectures which include the association of *Lithophyllum cystosirae* (former
77 *Lithophyllum papillosum* var. *cystosirae* (Hauck) Lemoine and *Polysiphonia* spp., the
78 'encorbellement' of *Lithophyllum byssoides* (Lamarck) Foslie (Laborel et al., 1994) and
79 *Lithophyllum tortuosum* (Esper) Foslie, concretions of *Neogoniolithon brassica-florida* (Harvey)
80 Setchell & L.R.Mason and the 'bourelet' or 'corniche' of *Ellisolandia elongata* (J. Ellis & Solander)
81 K.R.Hind & G.W. Saunders (Laborel et al., 1994; Nannini et al., 2015).

82 Approximately 100 million years ago crustose coralline algae developed flexible joint (genicula)
83 which are primary responsible for bending in flowing water (Aguirre et al., 2010). This evolutionary
84 step was fundamental for some of the rigid calcified algae since flexibility is essential to survive in
85 exposed rocky shores with intense hydrodynamic forces. Some genera such as *Calliarthron* proved
86 to have a near optimal morphology achieved by having the basal genicula longer and more resistant
87 than the apical ones which maximize bending and minimize amplification of stress contributing to
88 the survival of the fronds under breaking waves (Martone et al., 2010; Martone and Denny, 2008a).
89 This strategy has been successful and allows erect coralline algae to be the dominant competitors
90 for space in the intertidal zone at many wave-exposed sites around the globe (Denny et al., 2013).

91 *E. elongata* (Rhodophyta, order Corallinales, family Corallinaceae) is a geniculate (i.e.
92 articulated) alga, originating from a crustose base with flexible feather-like fronds (up to 200 mm
93 long). Fronds, which typically branch in one plane, are characterized by dense and simple lateral

94 pinnate branchlets separated by inconspicuous gaps resulting from narrow branch-angles combined
95 with short intergenicula in the main axes (Brodie et al., 2013). In the Mediterranean Sea, species'
96 distribution range from the North-West Mediterranean Sea (from Southern coast to the Spain to
97 Greece) to the South-East Mediterranean Sea (Cabiocch et al., 1992) (from Lebanon to Algeria, with
98 the highest concentration in Tunisia) (Bressan and Babbini, 2003). By favouring life in highly
99 exposed sites, *E. elongata* represent a 'model' species being characterized by distinct morphological
100 and mechanical properties that, like other articulated coralline algae, maximise flexibility and
101 reduce the risk of breakage.

102 This coralline alga creates an important carbonate structure, hereinafter termed as 'reef', which
103 comprises the physical structure provided by the algae but also the structural organization of the
104 community itself, the composition and relative proportions of the hosted species (Hiscock, 2014).

105 *E. elongata* 'reef' is a physical structure which is essential in maintaining species richness and
106 influencing ecosystem processes; it provides microhabitats and refuges from predation, including
107 grazing, and protection from adverse conditions such as current and waves.

108 In the last decade, there has been an increase in long term culturing experiments, mainly due to
109 the threat of climate change. However, under culturing conditions most of the physical challenges
110 such as intense hydrodynamic forces, grazing, abrading sediments and air exposure are extremely
111 reduced, and their potential in influencing the growth of organisms is not extensively considered.
112 These physical and ecological stressors can cause damage to the organisms through cuts, holes and
113 scars in the thallus (De Bettignies et al., 2012) making it more prone to structural failure and crack
114 propagation leading to loss in structural integrity. In this context, mechanical properties are a key
115 point for understanding species response to environmental forces, and need to be taken into
116 consideration during the lab experiments.

117 The aim of the present study is to investigate tensile mechanical properties of *E. elongata* reefs
118 grown under natural (sheltered and exposed sites) and culturing conditions. Differently from
119 previous studies that considered the mechanical properties of a single frond, our approach was to
120 investigate macroscopic tensile strength of cluster of fronds (i.e. simulating the frond clusters
121 composing the reef) in order to understand how structural properties of the geniculate algae could
122 potentially affect the reef structure. In detail, the objectives of the present study were 1) to design a
123 new experimental set-up for testing tensile strength by simulating natural environmental forces (e.g.
124 waves) experienced by *E. elongata* reef; 2) to estimate fundamental quantities as tensile stress and
125 elastic modulus of *E. elongata* frond clusters living under natural and culturing conditions.

126

127 **Materials and methods**

128 *Sample collection and experimental set-up*

129 *Ellisolandia elongata* was collected from two different reefs: in April-May 2015 from floating
130 pontoons (site 1) in Santa Teresa bay (44°04'54.3" N; 9°52'54.5" E) and in October-November 2015
131 from a vertical cliff in Palmaria Island (site 2) (44°02'19.3" N; 9°50'30.3" E) (Gulf of La Spezia, N-
132 W Mediterranean Sea). In both sites, 16 bushes (5cm x5cm, including base and substratum) of *E.*
133 *elongata* were collected using hammer and chisel. After both collections, *E. elongata* bushes were
134 put in plastic bags with seawater and brought to the lab using a refrigerated trolley.

135 While samples collected from both sites in May and November were transported to the lab and
136 the cluster of fronds were directly tested for changes in the mechanical properties (F1 and F2, Table
137 1), samples collected from both sites in April and October were placed in the experimental system
138 for 1 month (L1 and L2, Table 1). At the end of each experiment, May and November respectively,
139 clusters of fronds were tested for changes in the mechanical properties.

140 The experimental set-up consisted of a recirculating closed system composed of 4 experimental
141 glass tanks (size: 50 x 35 x 35 cm; capacity: 50 L), a fibreglass sump (capacity: 170 L) pumping
142 430 L/h (Pump: NewaJet 2300 L/h, valve CALABER with 4 exits for water distribution) of water in
143 each tank; a chiller BOYU (model: L-075, Voltage: 240 V - 50 Hz, Power: 1/8 HP, Aquarium Size:
144 80-400 L, Flow Rate: 600-2000 L/h) provided with a NewaJet 3000 L/h pump for temperature
145 control and skimmer created *ad-hoc* for the system (cylinder: \varnothing 5 cm, height: 50 cm; pump Newjet
146 400 L/h pumping 200 L/h; pump NewaJet 3000 L/h and aerator (Wave Aerator Mouse 54 L/min)).

147 Each experimental tank was provided with one pump for circulation and wave (Hydor Koralia
148 Circulation & Wave Pump 2200 L/h) and one surface pump (SUNSUN HJ-311 300 L/h). Each
149 aquarium, containing *E. elongata* reef (25 x 25 cm) was exposed to 2 ceiling lights (Radior TS 150
150 NDL/230V) provided with 2 bulbs (HQI Metal-Halide Lamp; HITLITE 150 W, 10.000 K).
151 Photoperiod and light intensity were kept constant (10:14 dark light cycle; light intensity of 1000 -
152 1200 $\mu\text{mol s}^{-1} \text{m}^{-2}$) (LI-COR LI-250A Light Meter).

153 Seawater was collected weekly in the bay next to the lab by using an industrial pump from the
154 mussel farm Headquarter (Cooperativa Mitilicoltori Spezzini, IT) and transported in the laboratory
155 by using 20 L and 30 L tanks. Once in the lab the water was processed using Mechanical (0.1 μm)
156 and UV filters (Vecton V2 600). Renewal rate was 50% of water *per* week in the entire system (200
157 L/week) allowing salinity and nutrients to follow the seasonal trend of natural conditions (see Table
158 2a, b). Temperatures in the system were set according to in-field temperature (Table 2) in the Gulf
159 of La Spezia (March- April 2015: min- max= 13-15 °C; end of September-October 2015 min-max=
160 20-24 °C; frequency of collection: one-day campaigns with 4H PocketFerry Box- JENA
161 engineering GmbH, temperature probe SBE 45).

162 Environmental variables in the laboratory were measured daily: pH (Mettler Toledo SevenGo pH
163 meter with electrode Mettler Toledo inLAB® 413 SG/2m), salinity (Hach HQ30d Flexi + Hach

164 Conductivity Probe), Oxygen (Hach HQ30d Flexi + Hach LDO Probe), temperature (Hanna HI
165 935005 K-Thermocouple Thermometer). Nutrients were randomly sampled weekly and measured
166 by means of the auto-analyser (3 Bran+ Lu Ebbe).

167 Differences in environmental parameters (pH, temperature, salinity) for both experiments (April
168 and October) were analysed by using ANOVA (Underwood, 1997). The Student Newman Keuls test
169 (SNK) was performed *a posteriori* whenever a significant difference was found. Prior to analysis, a
170 Cochran's C test was employed to assess the homogeneity of variance. These statistical analyses
171 have been performed by using Statistica 8®.

172

173 *Sample preparation*

174 *E. elongata* fronds were detached from their natural bases in order to remove the 'substrate
175 effect' since different substrates can determine different strength of the reef (Madin, 2005). For the
176 algae cultured in the lab, only fronds that grew more than 1 cm were used for the tensile tests. A
177 total of 400 fronds (40 samples, 10 fronds each) have been tested in this experiment. In order to
178 determine the mean diameter of the algae populations, a total of 170 fronds were photographed with
179 a USB stereo-microscope (Dyno-Lite) and measured (5 replicates for each frond) with ImageJ ®
180 software. Chi-square test and Gaussian-fit were used to assess the normal distribution of thallus
181 diameters. Each sample consisted of 10 fronds of the same length mounted between two empty
182 aluminum cylinders, with a base of epoxy resin each (HoldFast, USA) (Fig. 1). The aluminum
183 cylinders aimed to ensure a proper mechanical coupling to the testing machine. All of the fronds
184 composing each sample were oriented in the same direction: the distal and proximal parts of fronds
185 were inserted into the cylinders and held with a cyanoacrylate gel-type glue (Loctite SuperGlue,
186 Henkel, USA). In order to avoid any damage due to frond deterioration, samples were prepared and
187 tested in few days, and kept in the aquaria before being tested. The length of each sample (L_{length} =
188 internal distance between the two cylinders used for the tensile tests) was measured (i.e. three
189 replicated measures for each sample) by using a 0.05 mm resolution caliper.

190

191 *Experimental apparatus and procedure*

192 A mechanical setup (Fig. 1) was designed (by using Autodesk Inventor Professional 2015) and built
193 to coupling samples to MTS electro-hydraulic machine used for the tensile tests in the thermo-
194 mechanical Research Laboratories at ENEA-Faenza.

195 The testing machine consisted mainly of a 100 kN two-column frame, a 5000/500 N strain-gauge
196 load-cell and a 200 mm stroke piston, whose displacements were measured by high-sensitivity
197 inductive-type transducer. All sensors are periodically calibrated so that the metrological traceability
198 of force and displacement outputs is guaranteed according to international standards. Because of the

199 sample characteristics (very low forces to be applied the tensile test), the load cell accuracy was
200 preventively and successfully verified in the range up to 15 N by means of a proper set of calibrated
201 masses (Fig. 2). Piston speed of a tensile test is directly connected to the duration of the test itself,
202 i.e. to the time necessary to pull to break the sample. This duration was actually an unknown
203 parameter, so it was set under the following hypothesis: in natural environment, the frond clusters
204 composing the reef will be exposed to several fatigue cycles until a ‘critical wave’ will cause the
205 rupture. Due to the limit to measure the real wave period of such ‘critical wave’, this period has
206 been estimated by using the mean wave period in the study area. All wave parameters were
207 extracted from time-series data (from 1989 to 2001) provided by the altimeter wave buoy closest to
208 sampling sites, where *E. elongata* were sampled (Fig. 3). The mean wave period calculated from the
209 time series was approximately 4 s. Thus, piston speed for the tensile test was set according to the
210 criterion that the sample should be pulled to break under the mean wave period experienced in
211 natural conditions. From a preliminary test, we estimated that in order to break the samples under
212 this condition, the mean piston speed needed to be equal to 0.5 mm/s. Once the piston speed was
213 determined, the tests were performed automatically by acquiring the signals of time [s], load [N]
214 and displacement [mm] by means of the proper software that manages the testing machine. Data
215 acquisition was carried out with a frequency of 500 samples/s. Data were successively elaborated
216 by a custom-made software (LabVIEW®).

217

218 *Physical quantities measured by the tensile test*

219 Pull-to-break tensile test generated three main parameters: the first failure stress (σ), the maximum
220 stress before rupture (σ_{\max}) and the modulus of elasticity (E). The modulus of elasticity was
221 calculated using the best estimate of the strain compatibly with the testing conditions ($\Delta L_{\text{length}} /$
222 L_{length} , where ΔL_{length} was the displacement measured while pulling the sample and L_{length} was the
223 initial length of the sample). A typical stress vs strain diagram obtained during this experimental test
224 (Fig. 4) shows the zone of linearity selected for the calculation of E by linear regression and the
225 stress at the first failure of the sample. Mean stress failures were calculated by taking into account
226 the mean values measured for the two forces (first and maximum failures) and resistant sections.
227 The dispersion of measured values was used to estimate the standard combined uncertainty
228 associated with the analyzed parameters, as indicated by the current standards on the uncertainty
229 evaluation (JCGM 100:2008 - Evaluation of measurement data – Guide to the expression of
230 uncertainty in measurement).

231

232 **Results**

233 *Preparatory phase*

234 In order to determine the cross section of the samples, it was assumed that the section of the
235 thallus of each frond was circular. The total resistance of the section of each sample was given by
236 the sum of the resistance sections of each frond (total number of fronds per cluster = 10). The
237 diameter of the frond thallus was determined by an a-priori characterization (as mean diameter) of
238 the original algal population from which the fronds under test were sampled (Table 1). The overall
239 thallus diameter resulted 0.51 ± 0.01 mm and 0.58 ± 0.01 mm (mean \pm s.e.m.) for group F₁ (Field, first
240 sampling) and L₁ (Lab, first sampling) fronds; values of 0.54 ± 0.01 mm and 0.56 ± 0.02 mm were
241 similarly obtained for group F₂ and L₂ fronds. The experimental distribution of thallus diameter
242 values was verified to be reasonably comparable to a normal distribution by means of both Chi-
243 square test (positive outcome) and Gaussian fit (values of the coefficient of determination R²
244 approximately equal to 1), thus excluding systematic bias due to both samples and measurement
245 processes. In figure 5, experimental distributions of the stem diameters are shown for group F₁ and
246 L₁ algae. Furthermore, mean value of each sample “L_{length}” was measured and obtained values were
247 2.14 ± 0.62 cm and 1.61 ± 0.37 cm (mean \pm s.d.) for group F₁ and L₁ samples, respectively; values of
248 1.46 ± 0.12 cm and 0.89 ± 0.38 cm (mean \pm s.d.) were similarly obtained for group F₂ and L₂ samples.

249

250 *Experiment*

251 The comparison between groups F₁, F₂ and L₁, L₂ fronds was performed by analysing three
252 mechanical parameters, whose average values were determined experimentally by means of pull-to-
253 break tests: i) the tensile stress at first failure (σ_1), ii) the maximum stress before rupture (σ_{\max}) and
254 iii) the estimated elastic (or Young’s) modulus (E).

255 For σ_1 , values of 2.7 ± 0.4 MPa and 3.4 ± 0.4 MPa (mean \pm s.e.m.) were measured for group F₁ and
256 L₁ samples, respectively. The overlapping of the uncertainty bars suggests that F₁ and L₁ fronds do
257 not show any significant difference on the stress in correspondence of the first failure (Figure 6a).
258 For σ_{\max} , values of 3.4 ± 0.5 MPa and 5.4 ± 0.5 MPa (mean \pm s.e.m.) were measured for group F₁ and
259 L₁ samples, respectively; in this case, the difference between the two mean values seems to be
260 significant as indicated by the lacking of overlap between the uncertainty bars. The same conclusion
261 can be drawn for the mean values measured for the E quantity (35 ± 6 MPa and 48 ± 7 MPa (mean \pm
262 s.e.m.) for group F₁ and L₁ samples, respectively).

263 In order to assess the differences among mean values of F₁ and L₁ parameters, a two-tailed t-test
264 was performed. The first failure stress did not show any significant difference of the sample means;
265 differently, both the maximum stress before rupture and the estimated elastic modulus shown

266 significant differences of the sample means (Table 3).

267 The results from the reef collected in October and November, even if based on a less significant
268 statistical basis, confirm this trend: L₂ samples showed more performing values of mechanical
269 parameters than F₂ ones. In particular, for σ_1 , values of 1.6 ± 0.3 MPa and 2.8 ± 0.9 MPa (mean \pm
270 s.e.m.) were measured for group F₂ and L₂ samples; for σ_{max} , values of 2.1 ± 0.4 MPa and 3.5 ± 1.0
271 MPa (mean \pm s.e.m.) were measured for group F₂ and L₂ samples; finally, for E , values of 17 ± 4
272 MPa and 36 ± 12 MPa were measured for group F₂ and L₂ samples, respectively.

273 The comparison among groups (F₁, L₁ and F₂, L₂) revealed that L/F ratios of all mechanical
274 parameters (First failure stress (σ_1), Max stress before rupture (σ_{max}), elastic modulus (E)) were
275 comparable (Tab. 4). The overlapping of uncertainty bars suggests that reefs tested in both sites,
276 although characterized by some differences, maintain the same intrinsic contents for what concerns
277 mechanical properties (Figure 6b).

278 Environmental data of the system (pH, temperature and salinity) during the experiments
279 (Months: April and October) revealed differences between months for temperature (Two-way
280 ANOVA: $F_1 = 182.8$, $p < 0.01$) and salinity ($F_1 = 230.96$, $p < 0.01$). No differences were found
281 among tanks within each month and for the combination of month*tank.

282

283 Discussion

284 Growth reactions as an adaptation or response to physical loads are widespread in plants,
285 typically taking place on a time scale of hours, days or even years (Wainwright et al., 1976; Ennos,
286 1999). *E. elongata* living in habitats dominated by high flow velocities may have adaptive
287 mechanisms involving growth reactions that maximise flexibility and reduce the risk of breakage.
288 Most of the experiments in the laboratory (Martin and Gattuso, 2009; Form and Riebesell, 2012;
289 Ragazzola et al., 2012; Ragazzola et al., 2013; Kato et al., 2014; Nannini et al., 2015) used pumps
290 to recreate water motions however the algae are not exposed to the full range of oscillatory motion
291 with changes in forces due to different waves heights and periods that natural populations would
292 experience and important for mechanical studies. High flow velocities, grazing and abrading
293 sediment are very difficult to be recreated in the aquaria during the experiments, however it's
294 important to determine the growth reaction and their structural properties. Our experiment showed
295 that *E. elongata* reefs growing in the lab and growing in the field withstand mechanical stress in
296 slightly different ways.

297 First failure stress (σ_1) proved to be not significantly different meaning that probably the clusters
298 of fronds coming from the two reefs are characterized by the same distribution of pre-existing,
299 inherent structural flaws. A possible explanation is that even if the samples growing in the lab were
300 cultured in a controlled environment, without any mechanical stress, this wasn't sufficient to change

301 σ_1 showing that the overall reef structure has more weight than the environment for the point of
302 breakage.

303 Flexible thalli bend, reorient and move with the flow by making the species able to withstand
304 under wave action and bioerosion, while maintaining a structurally and functionally complex
305 habitat. The maximum stress before rupture (σ_{\max}) shows the fundamental role played by the
306 environment. The σ_{\max} is significantly different between the two groups, with the cultured cluster of
307 fronds being more resistant to average load compared to the clusters from the natural reefs. Studies
308 from Mach and coauthors (Mach et al., 2007) showed the importance of notches (cracks or different
309 type of discontinuities) in reducing strength. The stress in the material at the crack tip exceeds the
310 applied stress in the entire thallus. In this case, the breakage can happen even if the applied force is
311 not considered to be sufficient to cause the breakage. While in the natural environment we have
312 conditions that can damage the algae, in the laboratory all these conditions are buffered. Together
313 with the crack, another factor that could possibly influence the σ_{\max} is the rupture of the genicula.
314 The genicula don't usually break abruptly (Martone, 2007) but the cell frayed sequentially with
315 increasing force. The culturing condition could have modified the speed of the rupture. The tensile
316 moduli (E) of samples group F₁, F₂ decrease in respect to those group L₁, L₂ implying an increased
317 flexibility and reduce tissue stress under culturing conditions (Martone and Denny, 2008b).

318 The different exposure of the reefs (sheltered and exposed sites) and the different stage of algal
319 development do not seem to affect the mechanical properties of the fronds cluster. In both sites
320 (sheltered and exposed) analysed in May and November respectively, the lack of physical and
321 ecological stressors under culturing conditions are the key factors in determining the difference in
322 flexibility and tissue stresses in the cluster of fronds. Further experiments need to be performed in
323 order to confirm our preliminary observations and investigate the reef forming algae through the
324 entire life cycle in different exposed environments.

325 Previous bio-mechanical analyses on corallinales have been focusing on single fronds, with
326 particular emphasis to the genicula (Telewiski et al., 1986) in order to elucidate the mechanisms
327 behind the resistance to breaking waves and other forces (Martone and Denny, 2008b). Martone
328 showed the mitigating effect of neighbouring fronds on breakage and within dense stands,
329 streamlining of individuals probably plays a minor role, as neighbouring fronds may interact and
330 thus form a drag-reducing aerodynamic unit with higher wind velocities (Harder et al., 2004). Our
331 studies integrate these previous findings by investigating the tensile properties of the cluster instead
332 of the single frond in order to simulate the neighbouring effect within the reef.

333 Coastal irregular topography produces exceptionally complicated flows which are hard to define
334 (Gaylord, 1999), the fluid trajectories under breaking waves become energetically disorganized due
335 to the degeneration of the waveform. Wave's velocities in the intertidal routinely exceed 5 m/s

336 (Gaylord, 1999; Koehl, 1982, 1984) but the level of variation in velocity through a wave change
337 substantially with time. All the information we have regarding flow data on the intertidal refers to
338 temporal variation of velocity and acceleration in one single point in space, therefore we still do not
339 have information on the overall spatial structure of the flow fields under breaking waves. In our
340 experiment, we simulated the stress conditions experienced by the algae in natural environment by
341 inducing the breakage in a temporal frame comparable to the mean wave period recorded in the
342 Gulf of La Spezia.

343 In this study, we used a single application of force, equivalent to a single wave rushing past an
344 alga. A previous study (Mach et al., 2007) highlighted that single application of force might predict
345 lower rates of breakage and dislodgment than those actually observed. Repeated loadings imposed
346 by waves and cracks in the algae thallus could break/dislodge them even when individual forces are
347 not sufficient to cause complete fracture. However, even if the absolute number of the applied force
348 leading to the breakage should be interpreted with caution, we proved that the culturing set up have
349 an influence on the structural integrity of the organism.

350

351 **Acknowledgements**

352 All authors want to thank K. Hiscock for valuable manuscript improvements and language
353 revisions; L. Musco and T Vega Fernández for improvements and suggestions on the manuscript.

354 **Competing interests**

355 The authors declare no competing or financial interests.

356 **Author contributions**

357 FR, GR, and CL designed the study, did experimental work and drafted the manuscript; GR did
358 statistical analyses; PF and MS did all mechanical tests and revised the manuscript; MF and MN did
359 the experimental work and sample preparation; all authors gave final approval for publication.

360 **Funding**

361 This project was partially funded by ENEA internal funds.

362

363

364 **References**

365 Aguirre, J., Perfectti, F. and Braga, J.C. (2010). Integrating phylogeny, molecular clocks, and the
366 fossil record in the evolution of coralline algae (Corallinales and Sporalithales, Rhodophyta).
367 *Paleobiology* 36, 519-533.

368 Bressan, G. and Babbini, L. (2003). Biodiversita marina delle coste Italiane: Corallinales del Mar
369 Mediterraneo: guida alla determinazione. Genova, Italy: S.I.B.M.

370 Brodie, J., Walker, R.H., Williamson, C., and Irvine, L.M. (2013). Epitypification and redescription
371 of *Corallina officinalis* L., the type of the genus, and *C. elongata* Ellis et Solander (Corallinales,
372 Rhodophyta). *Cryptogam. Alg.* 34, 49-56.

373 Cabioch, J., Floc'h, J.Y., Le Toquin, A., Boudouresque, C.F., Meinesz, A., and Verlaque, M. (1992).
374 *Guide des Algues des Mers d'Europe*. Paris, France: Delachaux et Niestle.

375 De Bettignies, T., Thomsen, M. S., and Wernberg, T. (2012). Wounded kelps: patterns and
376 susceptibility to breakage. *Aquatic Biology*, 17(3), 223-233.

377 Denny, M., Mach, K., Tepler, S. and Martone, P. (2013). Indefatigable: an erect coralline alga is
378 highly resistant to fatigue. *J. Exp. Biol.* 216, 3772-3780.

379 Ennos, A.R. (1999). The aerodynamics and hydrodynamics of plants. *J. Exp. Biol.* 202, 3281–3284.

380 Form, A. U., and Riebesell, U. (2012). Acclimation to ocean acidification during long-term CO₂
381 exposure in the cold-water coral *Lophelia pertusa*. *Global Change Biology*, 18(3), 843-853.

382 Gaylord, B. (1999). Detailing agents of physical disturbance: wave-induced velocities and
383 accelerations on a rocky shore. *J. Exp Mar. Biol. Ecol.* 239, 85-124.

384 Harder, D., Speck, O., Hurd, C., and Speck, T. (2004). Reconfiguration as a prerequisite for survival
385 in highly unstable flow-dominated environments. *J. Plant Growth Regul.* 23, 98–107.

386 Hiscock, K. (2014). *Marine Biodiversity Conservation, a practical approach*, pp. 298. Earthscan
387 from Routledge (Taylor and Francis Group), London and New York.

388 JCGM 100:2008 Evaluation of measurement data: guide to the expression of uncertainty in
389 measurement

390 Kato, A., Hikami, M., Kumagai, N. H., Suzuki, A., Nojiri, Y., and Sakai, K. (2014). Negative effects
391 of ocean acidification on two crustose coralline species using genetically homogeneous
392 samples. *Marine environmental research*, 94, 1-6.

393 Koehl, M.A.R. (1982). The interaction of moving water and sessile organisms. *Sci. Amer.* 247, 124–
394 134.

- 395 Koehl, M.A.R. (1984). How do benthic organisms withstand moving water? *Amer. Zool.* 24, 57–70.
- 396 Laborel, J., Boudouresque, C.F. and Laborel-Deguen, F. (1994). Les bioconcretions littorales
397 de la Méditerranée. In *Les biocénoses marines et littorales (de la Méditerranée, synthèse, menaces*
398 *et perspectives* (eds. D. Bellan-Santini, J.-C. Lacaze, C. Poizat), pp. 88-126. Paris, France:
399 *Museum National d'Histoire Naturelle.*
- 400 Larcher, W. (2003). *Physiological plant ecology: ecophysiology and stress physiology of functional*
401 *groups.* Springer Science & Business Media.
- 402 Mach, K.J., Nelson, D.V., and Denny, M.W. (2007). Review. Techniques for predicting the lifetimes
403 of wave-swept macroalgae: A primer on fracture mechanics and crack growth. *J. Exp. Biol.* 210,
404 2213–30.
- 405 Madin, J. S. (2005). Mechanical limitations of reef corals during hydrodynamic disturbances. *Coral*
406 *Reefs*, 24(4), 630-635.
- 407 Martin, S., and Gattuso J.P. (2009). "Response of Mediterranean coralline algae to ocean
408 acidification and elevated temperature." *Global Change Biology* 15, 2089-2100.
- 409 Martone, P.T. (2007). Kelp versus coralline: Cellular basis for mechanical strength in the wave-
410 swept seaweed *Calliarthron* (Corallinaceae, Rhodophyta). *J. Phycol.* 43, 882–91.
- 411 Martone, P.T., and Denny, M.W. (2008) a. To bend a coralline: Effect of joint morphology on
412 flexibility and stress amplification in an articulated calcified seaweed. *J. Exp. Biol.* 211, 3421–
413 32.
- 414 Martone, P.T., and Denny, M.W. (2008) b. To break a coralline: mechanical constraints on the size
415 and survival of a wave-swept seaweeds. *J. Exp. Bio.* 211, 3433-3441.
- 416 Martone, P.T., Boller, M., Burgert, I., Dumais, J., Edwards, J., Mach, K., Rowe, N., Rüggeberg, M.,
417 Seidel, R. and Speck, T. (2010). Mechanics without muscle: biomechanical inspiration from the
418 plant world. *Integr. and Comp. Biol.* 5, 888-907.
- 419 Morris, S., and Taylor, A.C. (1983). Diurnal and seasonal variation in physicochemical conditions
420 within intertidal rock pools. *Estuar. Coast. Shelf Sci.* 17, 339-355.
- 421 Nannini, M., De Marchi, L., Lombardi, C., Ragazzola, F. (2015). Effects of thermal stress on the
422 growth of an intertidal population of *Ellisolandia elongata* (Rhodophyta) from N-W
423 Mediterranean Sea. *Mar. Env. Res.* 112, 11-19.
- 424 Raffaelli, D., and Hawkins, S. J. (2012). *Intertidal ecology.* Springer Science & Business Media.

425 Ragazzola, F., Foster, L. C., Form, A., Anderson, P. S., Hansteen, T. H., and Fietzke, J., (2012).
426 Ocean acidification weakens the structural integrity of coralline algae. *Global change*
427 *biology*, 18, 2804-2812.

428 Ragazzola, F., Foster, L. C., Form, A. U., Büscher, J., Hansteen, T. H., and Fietzke, J. (2013).
429 Phenotypic plasticity of coralline algae in a High CO₂ world. *Ecology and evolution*, 3, 3436-
430 3446.

Stanley, G.D. Jr. (2001). History and Sedimentology of Ancient Reef Systems, Springer Science.

431 Wainwright, B., Biggs, W.D., Currey, J.D., and Gosline, J.M. (1976). Mechanical design in
432 organisms London, UK: Edward Arnold.

433 Vogel, S. (1984). Drag and flexibility in sessile organisms. *Am. Zool.* 24, 37–44.

434 Vogel, S. (1994). Life in moving fluids. Princeton, NJ: Princeton University Press.

435

436

437

438

439

440

441

442

443

444

445

446

447

448

449

450

451 **Tables and captions**

452

453 **Table 1.** Table summarizing the characteristic of the samples at the different site. Site 1: Santa
454 Teresa bay (44°04'54.3" N; 9°52'54.5" E); site 2: Palmaria Island (44°02'19.3" N; 9°50'30.3" E).

455 Sample group: L₁ and L₂ are the samples used in one-month experiment in the Laboratory, while F₁
456 and F₂ refers to the samples collected in the Field and directly tested for the material properties
457 without prior culturing. Number of fronds per sample: 10. Sample length and frond diameter shown
458 as mean \pm s.d and mean \pm s.e.m., respectively.

459

Sampling site	Month	Sample group	Number of samples	Sample length (cm)	Frond diameter (mm)
1	April	L ₁	15	2.14 \pm 0.62	0.51 \pm 0.01
	May	F ₁	15	1.61 \pm 0.37	0.58 \pm 0.01
2	October	L ₂	5	1.46 \pm 0.12	0.54 \pm 0.01
	November	F ₂	5	0.89 \pm 0.38	0.56 \pm 0.02

460

461

462

463

464

465

466

467

468

469

470

471

472

473

474

475

476

477

478

479 **Table 2.a**, Environmental parameters of the experimental system. PH, temperature and salinity in
 480 the experimental setup (April and October). Data (mean \pm s.e.m.) are reported *per* tank. **b**, Nutrients
 481 monitored in the experimental system. NO₃, PO₄, Si(OH)₄ and NO₂ (mean \pm s.e.m.) in the
 482 experimental treatments for April and October, respectively

a

Month	Tank	pH	Temperature (°C)	Salinity (‰)
April	1	8.08 \pm 0.04	14.29 \pm 0.21	36.45 \pm 0.15
	2	8.08 \pm 0.04	14.29 \pm 0.22	36.47 \pm 0.16
	3	8.08 \pm 0.04	14.27 \pm 0.22	36.48 \pm 0.17
	4	8.08 \pm 0.03	14.29 \pm 0.22	36.52 \pm 0.19
May	1	8.09 \pm 0.01	17.15 \pm 0.25	34.81 \pm 0.15
	2	8.10 \pm 0.01	17.01 \pm 0.23	34.85 \pm 0.14
	3	8.11 \pm 0.01	16.92 \pm 0.22	34.88 \pm 0.12
	4	8.11 \pm 0.01	16.95 \pm 0.22	34.90 \pm 0.12

b

	pH				Temperature				Salinity			
	df	MS	F	<i>p</i>	df	MS	F	<i>p</i>	df	MS	F	<i>p</i>
Months	1	0.01	2	0.13	1	42.51	182.8	*0.00	1	135.25	230.96	*0.00
Tank	3	0.00	0	0.96	3	0.02	0.1	0.97	3	0.05	0.09	0.96
M*T	3	0.00	0	0.98	3	0.00	0.0	0.99	3	0.04	0.08	0.97
Error	75	0.00			67	0.23			71	0.59		

483

484

485

486

487

488 **Table 3.** Two-tailed t-test results between the mean values of F_1 and L_1 parameters (Site1, May
 489 2015). Significance level: 0.05 - F_1 and L_1 populations considered as independent - null hypothesis:
 490 mean (F_1) = mean (L_1).

Parameter under test	Null hypothesis	d.o.f.	Student's t	p	Results
First failure stress (σ_1)	$\sigma_{1F} = \sigma_{1L}$	28	1.697	0.101	null hypothesis: accepted
Max stress before rupture (σ_{max})	$\sigma_{max_F} = \sigma_{max_L}$	28	3.916	< 0.001	null hypothesis: rejected
Elastic modulus (E)	$E_F = E_L$	28	2.609	0.014	null hypothesis: rejected

491

492

493 **Table 4.** Ratio L/F for mechanical parameters (first failure stress (σ_1), max stress before rupture
 494 (σ_{max}), elastic modulus (E)) of *Ellisolandia elongata* reefs estimated by means of tensile tests for
 495 Site 1 (May) and Site 2 (November), respectively. u_r (L/F): relative standard uncertainty, u (L/F):
 496 absolute standard uncertainty.

	σ_1			σ_{max}			E		
	L/F	u_r (L/F) (%)	u (L/F)	L/F	u_r (L/F)(%)	u (L/F)	L/F	u_r (L/F) (%)	u (L/F)
Site 1	1.28	18	0.23	1.61	17	0.27	1.37	22	0.30
Site 2	1.79	38	0.68	1.71	33	0.56	2.19	40	0.87

497

498

499

500

501

502

503

504

505

506

507

508

509

510

511

512

513 **Figures Legend**

514

515

516

517

518 **Figure 1.** Views of the experimental apparatus (figures not in scale). First row: design of the
519 mechanical grips used to mount the sample on the testing machine. Second row (from left to right):
520 testing machine, mounted sample (cylinder dimensions are: $\phi_{\text{ext}} = 10$ mm, $\phi_{\text{int}} = 8$ mm, height = 15
521 mm) before and after the test.

522 **Figure 2.** A) Metrological tests with a load-cell of 5 kN verified in the range of 15 N force. B)
523 Calibration curve: mean difference of load-cell from the reference values was approximately of 4%.

524 **Figure 3. a,** Positions of F_1 and F_2 (arrowed) sites and of the buoy (circle) in the Gulf of La Spezia
525 (Coordinates: $43^\circ 55' 41.99''$ N, $9^\circ 49' 36.01''$ E).**b,** Distribution of the mean wave period.

526 **Figure 4.** Example of a stress vs strain diagram obtained performing a tensile test. The two sliders
527 identify the zone of linearity selected for the calculation of E by linear regression. The cross pointer
528 identifies the stress at the first failure of the sample.

529 **Figure 5.** Experimental distribution of the stem diameters (mm) for group F_1 and L_1 algae (Site 1,
530 May 2015).

531 **Figure 6. a,** Mechanical parameters (first failure stress (σ_1), max stress before rupture (σ_{max}),
532 elastic modulus (E)) of *Ellisolandia elongata* reefs estimated by means of tensile tests (Error bars =
533 s.e.m). F_1 and L_1 : site 1, May 2015, $n = 15$. F_2 and L_2 : Site 2, November 2015, $n = 5$. **b,** Ratios L/F
534 of all mechanical parameters (first failure stress (σ_1), max stress before rupture (σ_{max}), elastic
535 modulus (E)) measured for site 1 (May 2015, $n = 15$) and 2 (November 2015, $n = 5$), respectively
536 (error bars = s.e.m).

537

538

539

540

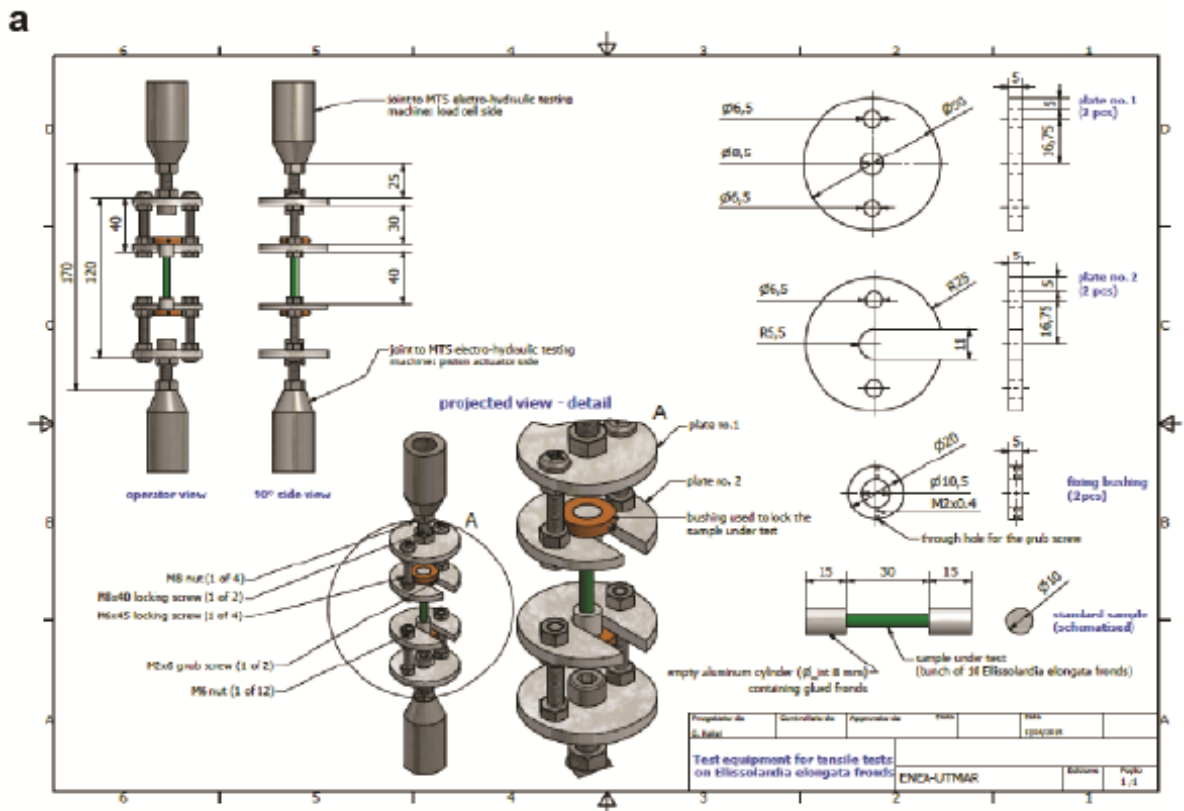
541

542

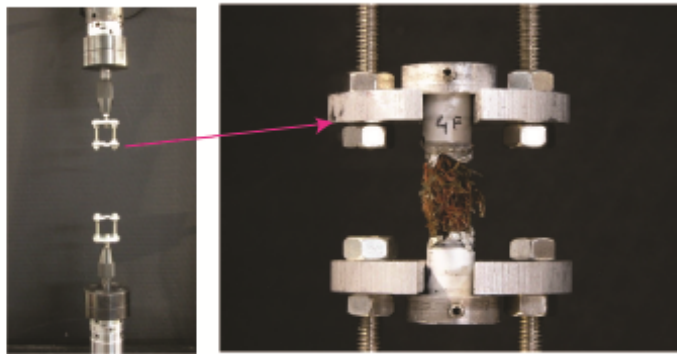
543

544

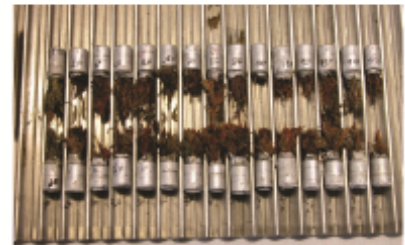
545
546
547



b

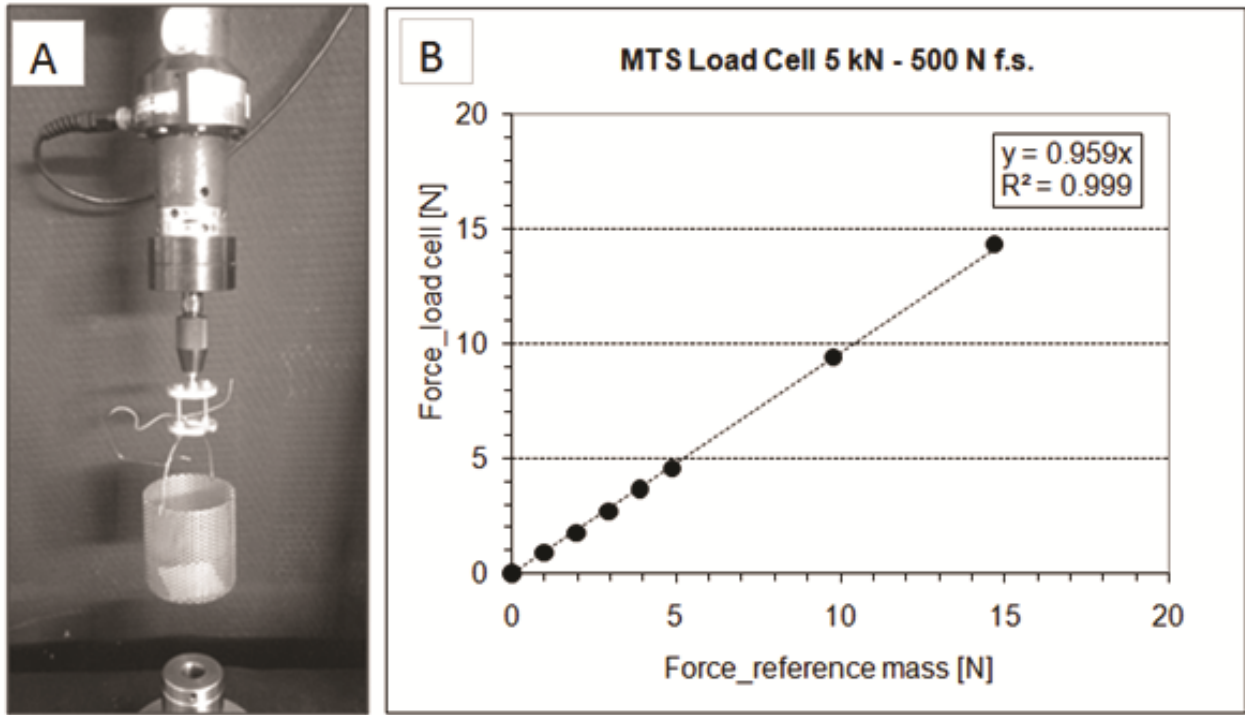


c

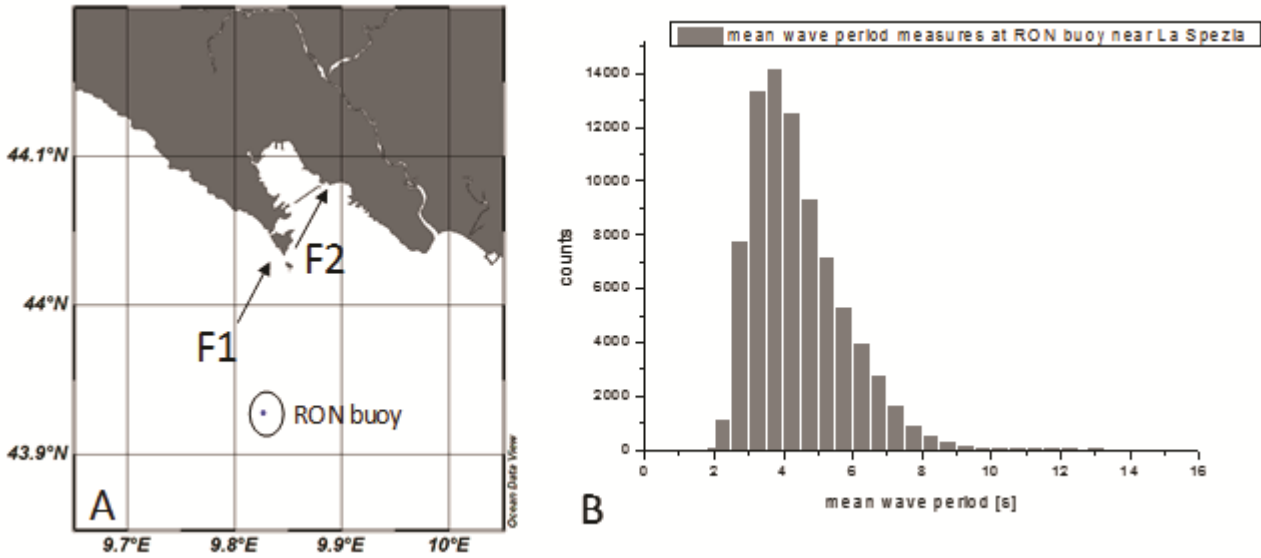


548
549
550
551
552
553
554

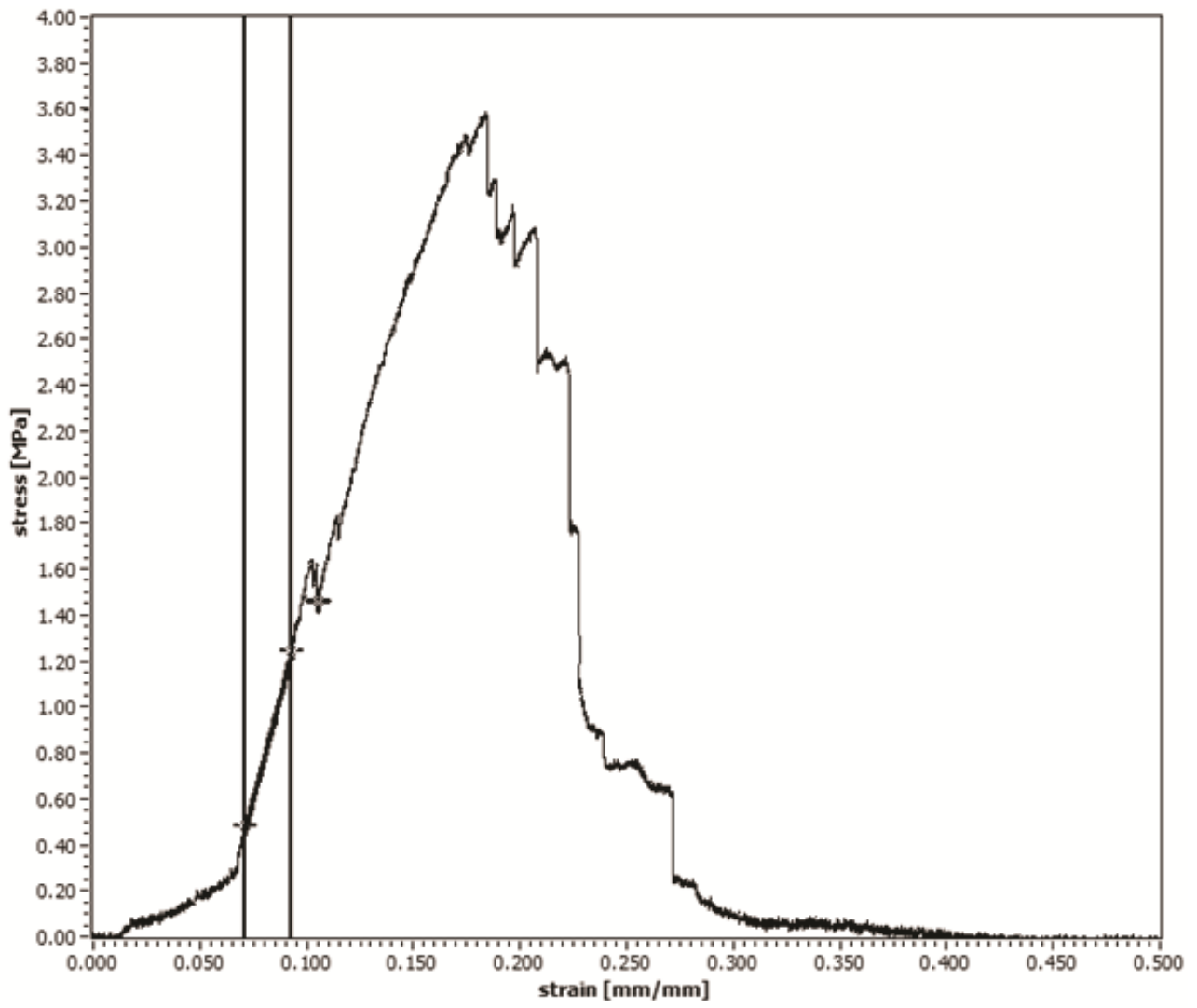
Fig 1



555
556 Fig 2
557
558
559
560

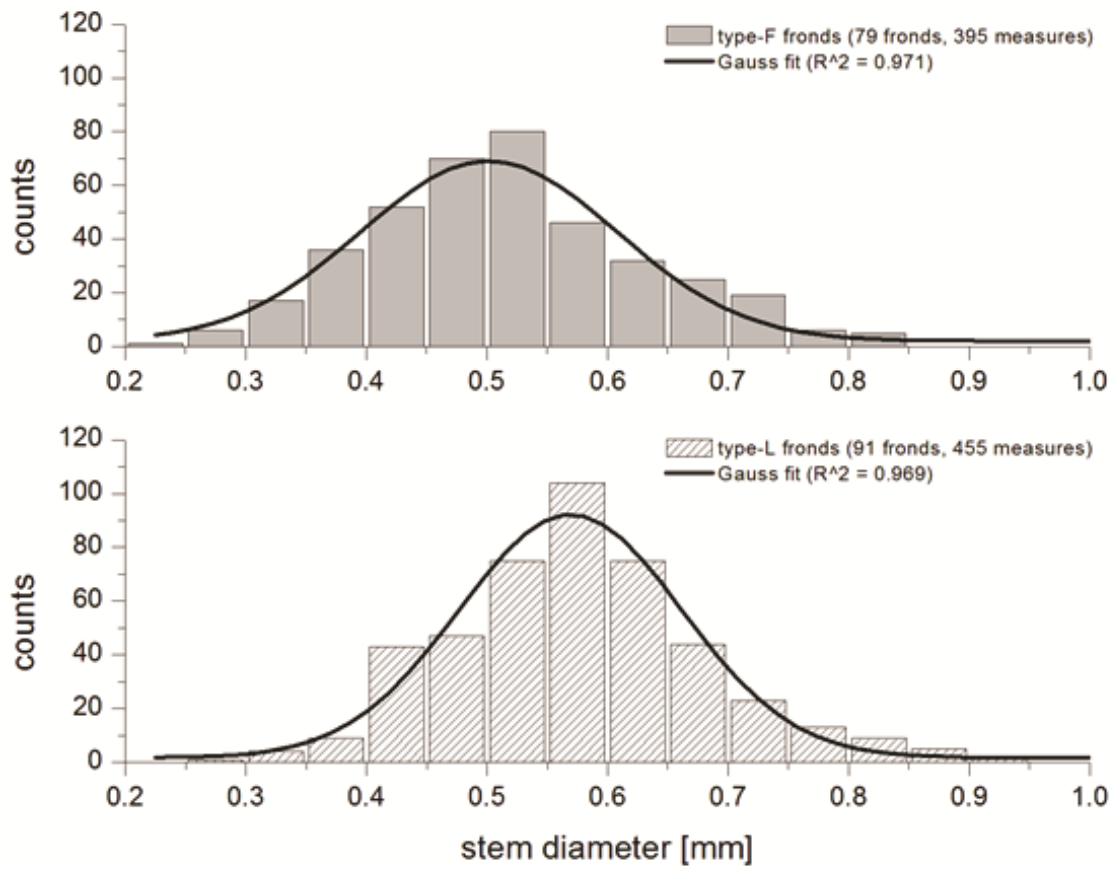


561
562 Fig 3
563
564
565



566
567
568
569
570
571

Fig 4



572
573
574 Fig 5