

1 **Characterisation of the Tensile Properties of**
2 **Demineralised Cortical Bone used as an ACL Allograft**

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6 **Abstract**

7 **Background**

8 Graft choice in anterior cruciate ligament (ACL) reconstruction remains controversial and some
9 grafts fail due to inadequate osteointegration. Demineralised cortical bone (DCB) is an
10 osteoinductive collagen-based scaffold. The aim of this study was to measure the tensile properties
11 of DCB from different locations and from different ages, and determine its compatibility with
12 current ACL fixation systems.

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14 **Methods**

15 The tensile properties of DCB manufactured from femur and tibia of young (9 month) and old (2-3
16 years) sheep was measured to determine the most appropriate graft choice. The ultimate load and
17 stiffness of DCB allograft using two fixation systems, interference screws and sutures tied around
18 screw posts, was measured *ex vivo* in an ovine ACL reconstruction model. Comparison was made
19 with superficial digital flexor tendon (SDFT) and ovine ACL.

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21 **Results**

22 DCB derived from young tibia had the highest ultimate load and stiffness of 67.7 ± 10.6 N and
23 130.2 ± 64.3 N/mm respectively. No DCB fixation system reached the published peak *in vivo* force
24 through the ovine ACL of 150 N. SDFT fixation with interference screws (308.2 ± 87.3 N) did
25 reach the *in vivo* threshold but was significantly weaker than ovine ACL (871.0 ± 64.2 N).

27 **Conclusion**

28 The tensile properties of DCB were influenced by the donor age and bone. Owing to inferior
29 tensile properties and incompatibility with suspensory fixation devices, this study indicates DCB is
30 inferior to current tendon grafts options for ACL reconstruction.

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34 **Key words**

35 Anterior Cruciate Ligament (ACL)

36 Demineralised Bone Matrix

37 Demineralised Cortical Bone

38 Graft Fixation

39 Tensile Properties

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47 **1. Introduction**

48 The choice of graft material remains controversial in anterior cruciate ligament (ACL)
49 reconstruction due to the limitations of current graft options (1). Autograft tendons are limited by
50 donor site morbidity and unpredictable graft quality, whereas allogenic tendons are associated with
51 delayed biological integration and increased rupture rates in younger patients (2). In terms of graft
52 healing, current grafts regenerate a biomechanically inferior fibrous insertion compared to normal

53 ACL where the insertion is graded from the ligament to fibrocartilage to mineralised fibrocartilage
54 and finally to bone (3). The search continues for an allograft that is widely available, avoids donor
55 site morbidity and can achieve early osteointegration restoring the native insertion that permits
56 earlier rehabilitation.

57 Demineralised cortical bone (DCB), also referred to as demineralised bone matrix (DBM),
58 is a collagen-based matrix manufactured by removing the organic component of bone (4).
59 Demineralised bone is widely used in orthopaedics and available in different forms including
60 cortical strips (5). DCB has properties of the ideal ACL graft because it is widely available and
61 contains an endogenous source of osteoinductive growth factors, such as bone morphogenetic
62 proteins, which have potential to enhance osteointegration in the bone tunnels (6). An ovine study
63 showed DCB can repair patella tendon defects by restoring a chondral enthesis (7) and a caprine
64 study has successfully used DCB to replace an ACL (8). Mechanical analysis of bovine DCB
65 indicate that DCB has mechanical properties similar to the ACL in terms of tensile strength, strain,
66 stiffness and visco-elasticity (9). However DCB is not currently used clinically as a weight-bearing
67 structure and therefore before DCB can be used as an ACL allograft it is essential to determine if it
68 has adequate tensile strength required and compatibility with contemporary fixation devices. In
69 addition, it is important to determine whether the bone from which DCB is manufactured and the
70 age of the donor influences DCB's tensile properties in order to identify the optimal manufacturing
71 technique. Sheep are a commonly used animal model in ACL reconstruction because the stifle joint
72 is similar in size and structure to the human knee joint (10), and studies indicate that the peak force
73 through an ovine ACL is 150 N (11).

74 The aim of this study is to measure the tensile properties of ovine DCB, and determine its
75 compatibility with current ACL fixation systems. The study used an *ex vivo* ovine model to assess
76 the ultimate load and stiffness of DCB grafts from different locations (femur and tibia) and donor
77 ages and extrapolated the findings to the human clinical situation.

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2. Materials and Methods

2.1 Study overview

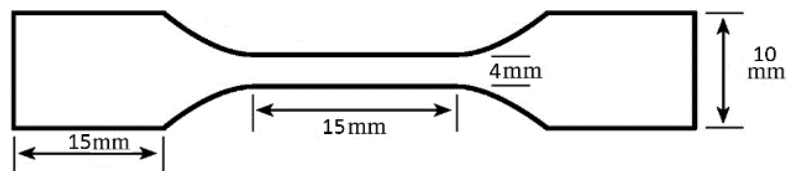
This animal research was undertaken in accordance with a project license accepted under the UK Animals (Scientific Procedures) Act 1986. The animal specimens were provided by The Royal Veterinary College (Hatfield, Hertfordshire, UK). The tensile properties of ovine DCB manufactured from old and young sheep’s femur and tibia was measured to determine the optimal source of DCB. The fixation strength of DCB graft fixation systems was measured *ex vivo* in an ovine ACL reconstruction model, considering both suspensory and interference fixation. Comparison was made with superficial digital flexor tendon (SDFT) allograft and ovine ACL.

2.2 DCB Manufacture

A peer-reviewed method was used which reflects the steps taken in clinical practice (12). Femur and tibia were harvested from cadaveric sheep from two different age categories, termed “old” and “young”. The old category consisted of “full mouthed” non-pregnant female Mule sheep, aged 2 to 3 years old. The young category consisted of six female Mule lambs, aged nine months old. The femur and tibiae were harvested immediately after euthanasia. The soft tissues including the periosteum were stripped. The epiphyses were removed, leaving the diaphyseal bone region which was cut into longitudinal strips of cortical bone using a diamond edged band saw (Exact, Hamburg, Germany). The cortical bone strips were demineralised in 0.6 N hydrochloric acid (HCl) at room temperature for 5 days. Demineralization was confirmed with radiographs (300 seconds, 30 kV, Faxitron Corporation, Illinois, USA). The demineralized cortical bone (DCB) strips were washed in phosphate buffered saline (PBS) until pH 7.20. For storage, the DCB was lyophilised (BOC Edwards, Crawley, West Sussex, UK) and sterilized by gamma irradiation at a dose of 25 KGrays (Isotron, Reading, UK).

105 *2.3 Tensile properties of DCB*

106 The DCB was rehydrated in normal saline 90 minutes prior to testing. The DCB was cut into
107 “dog-bone” shaped specimens of consistent dimensions to ensure the samples failed in the mid-
108 section (Fig. 1). Due to differences in the thickness of cortical bone the thickness of the dog bone
109 specimens was variable. The ultimate tensile stress, which describes the maximum stress a material
110 can withstand before failure, was calculated to account for differences in thickness by dividing the
111 ultimate load by the cross sectional area of the mid-section of the specimen. A custom-made jig in
112 a material testing machine (Zwick/Roell Group, Ulm, Germany) was used to perform uniaxial
113 tensile testing. Samples were mounted using custom-made clamps (Fig. 2). The samples were tested
114 at 10 mm per minute until failure without preconditioning. A load-deformation curve was generated
115 and the ultimate load determined. Stiffness was determined using the gradient of the maximum
116 slope of the linear region of the load-deformation curve. Six samples were tested per category
117 following a power analysis using pilot data.



122 **Figure 1. The dimensions of the DCB specimens used in the tensile testing of DCB**

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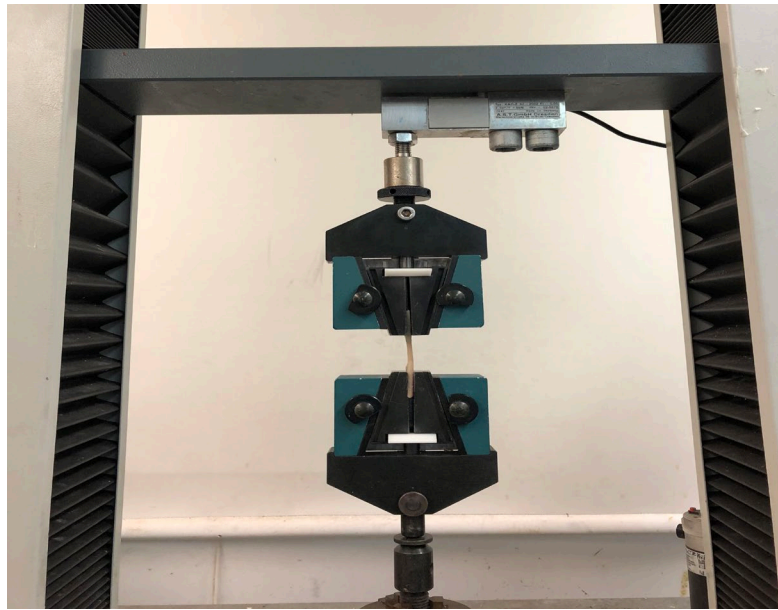


Figure 2. The jig used for tensile testing of DCB

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127 *2.4 Ex vivo tensile properties of DCB and SDFT graft fixation systems*

128 The stifle joint in the hind limbs of female adult Mule sheep, aged 2-3 years old, were used
129 to perform *ex vivo* ACL reconstruction. The stifle joint was exposed via a medial arthrotomy and
130 the ACL was sharply excised. Osseous tunnels of 7 mm diameter were drilled in the femur and the
131 tibia at the centres of the ACL footprints as this was the dimension of the bone tunnels previously
132 used with DCB in a large animal (8). A whipstitch using No. 2 Ethibond was applied to both ends
133 of the DCB graft (Fig. 3), which was passed through the bone tunnels from the tibia to the femur.
134 The DCB graft was cut using a scalpel so that it occupied the entire length of the bone tunnels. The
135 femoral fixation systems evaluated were Endobutton CL Fixation device (Smith & Nephew
136 Endoscopy, Andover, MA), a 7mm x 25mm Biosure PK Interference Screws (Smith & Nephew
137 Endoscopy, Andover, MA) and tying sutures around a screw post in the femur. The tibial fixation
138 systems evaluated were a 7mm x 25mm Biosure PK Interference Screws (Smith & Nephew
139 Endoscopy, Andover, MA) and tying sutures around a double spiked plate on the tibia (Smith &
140 Nephew Endoscopy, Andover, MA). The graft was fixed at 40N tension. The femur and tibia were
141 clamped independently using custom-made clamp with the stifle joint flexed at 45 degrees. Uniaxial

142 tensile tested was undertaken at 10 mm per minute until failure without preconditioning. A load-
143 deformation curve was generated and the ultimate load and stiffness determined..

144 In an ovine model the most commonly used soft tissue ACL graft is the SDFT because in
145 sheep the semitendinosus is a fragile, fascia-like structure (13). As a comparison group representing
146 tendon grafts, the SDFT was evaluated using the same fixation devices for DCB. The SDFT was
147 harvested using a posterolateral skin incision, splitting the gastrocnemius in line with its fibres and
148 harvested the underlying SDFT, yielding a graft with a typical length of 7-8 cm.

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151 **Figure 3. A photograph of SDFT (top) and DCB (bottom) grafts**

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153 *2.5 Tensile properties of ovine ACL*

154 The stifle joint of female adult Mule sheep, aged 2-3 years old, weighing 75 – 85 kg were
155 used to measure the ultimate load of ovine ACL. Immediately after animal sacrifice the femur-
156 ACL-tibia complex was harvested and stored at minus 20 degrees Celsius until the time of testing,
157 at which point the specimens were thawed at room temperature overnight. All soft tissue structures
158 were excised except from the ACL. The femur and the tibia was clamped independently and tensile
159 testing was performed with the tibia flexed at 45 degrees to the femur. Uniaxial tensile tested was
160 undertaken at 10mm per minute until failure without preconditioning. A load-deformation curve
161 was generated and the ultimate load and stiffness determined. Six samples were tested.

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163 *2.6 Statistics*

164 All statistical analysis was done using GraphPad Prism v6.0c. The Mann-Whitney U test
165 was used to compare between groups as the data in a Kolmogorov–Smirnov test did not show a
166 normal distribution. The cross sectional diameter, the ultimate load, ultimate tensile stress and
167 stiffness were given as mean \pm standard deviation. Statistical significance was considered at $p <$
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183 **3. Results**

184 *3.1 Tensile properties of DCB*

185 All specimens failed in the mid-substance. The tensile tests generated load-deformation
186 curves with a non-linear toe region followed by a linear region until failure (Fig. 4). The ultimate
187 load and ultimate tensile stress of DCB categories are shown in Table 1. Young tibia DCB had the

188 highest ultimate load with a mean force of 67.7 ± 10.6 N, which corresponded to a mean ultimate
 189 tensile stress of 6.1 ± 1.9 N/mm². The second highest ultimate load was seen in the adult tibia (39.8
 190 ± 6.7 N), corresponding ultimate tensile stress being 6.1 ± 1.9 N/mm², which was statistically
 191 greater than adult femur and young femur. The lowest two categories were adult femur with no
 192 statistical significant difference seen between these groups (Fig. 5-6). Young tibia DCB had the
 193 highest stiffness with a mean of 11.4 ± 2.2 N/mm, which statistically greater than adult tibia
 194 ($p=0.009$) with a mean of 7.2 ± 2.2 N/mm. In terms of stiffness, adult tibia was statistically greater
 195 than young femur ($p=0.041$), but not adult femur ($p=0.132$) (Fig. 7).

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197 **Table 1. Tensile properties of ovine DCB**

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DCB Category	Ultimate Load (N)	Specimen Cross sectional area (mm²)	Ultimate Tensile Stress (N/mm²)	Stiffness (N/mm)
Young Tibia	67.7 ± 10.6	11.1 ± 1.0	6.1 ± 1.0	11.4 ± 2.2
Adult Tibia	39.8 ± 6.7	11.6 ± 0.6	4.0 ± 1.1	7.2 ± 2.2
Young Femur	14.7 ± 6.2	10.3 ± 1.5	1.3 ± 0.5	4.2 ± 1.9
Adult Femur	19.6 ± 6.3	10.8 ± 1.2	1.9 ± 0.7	4.5 ± 2.0

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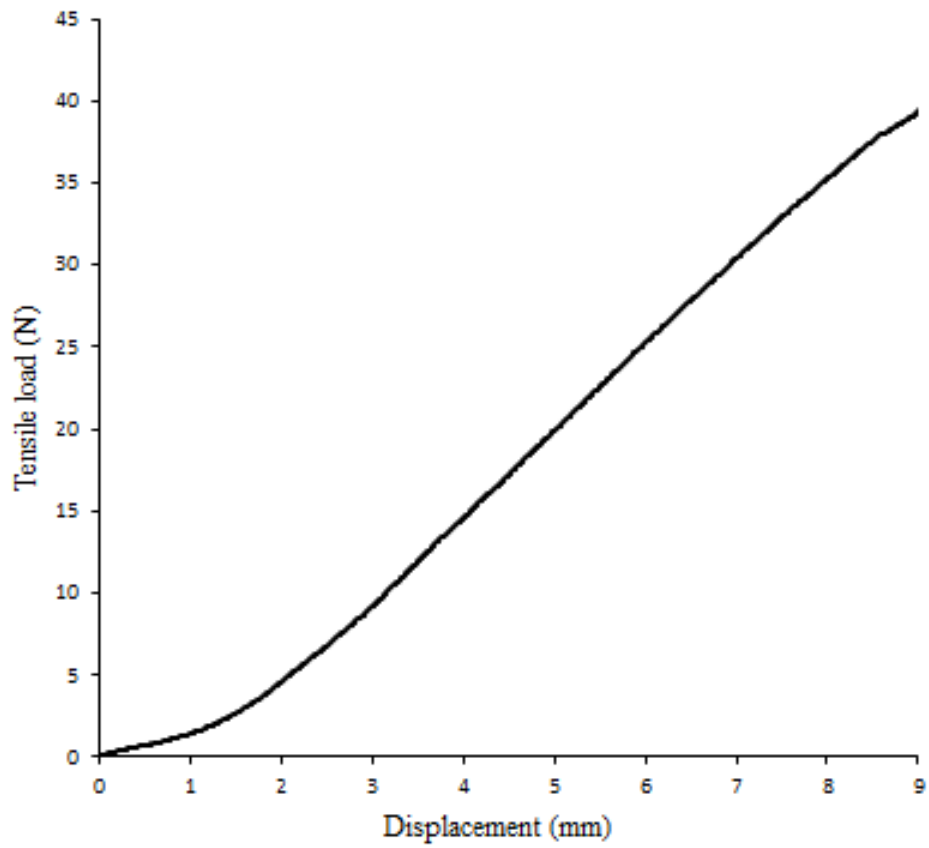
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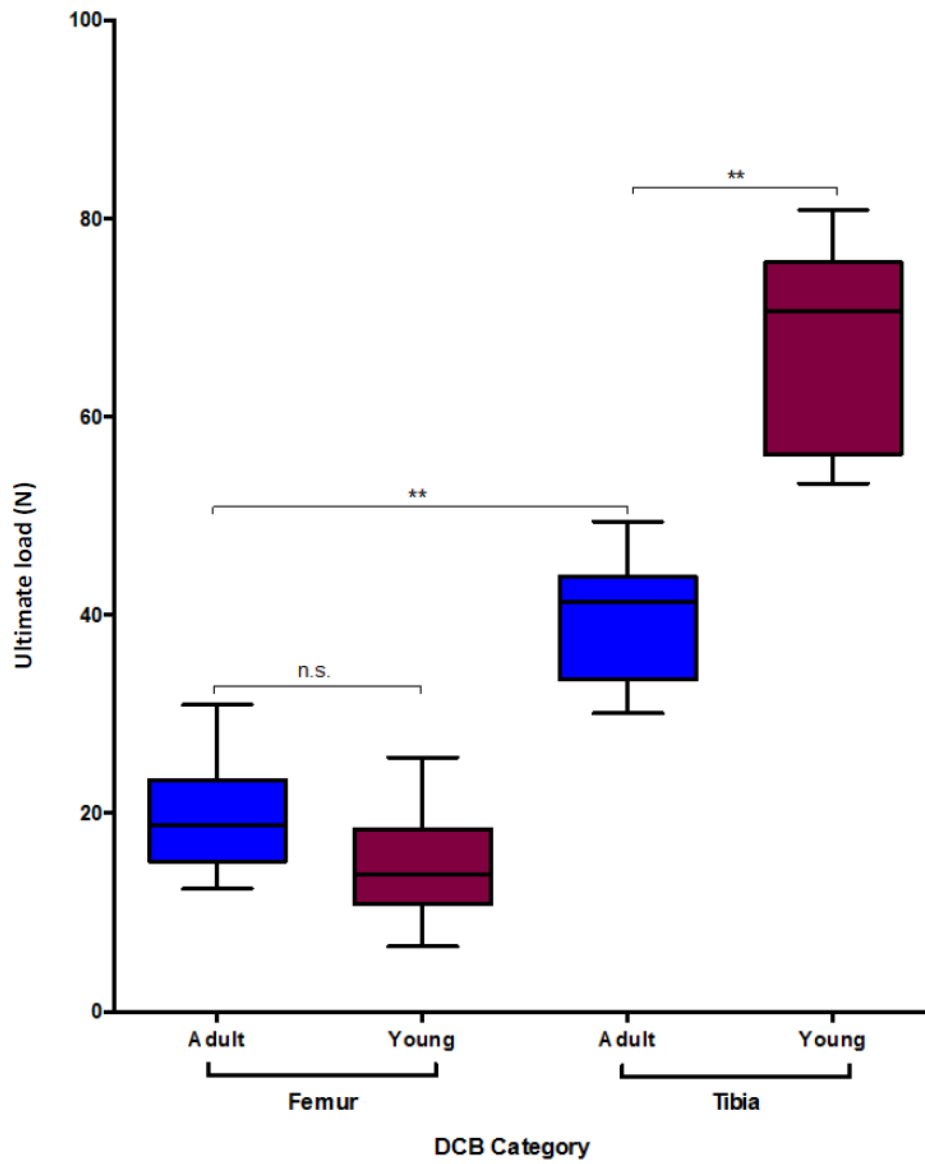


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207 **Figure 4. A typical tensile load-displacement curve for an ovine DCB specimen. The curves**
208 **were characterised by a non-linear toe region followed by subsequent linear behaviour.**

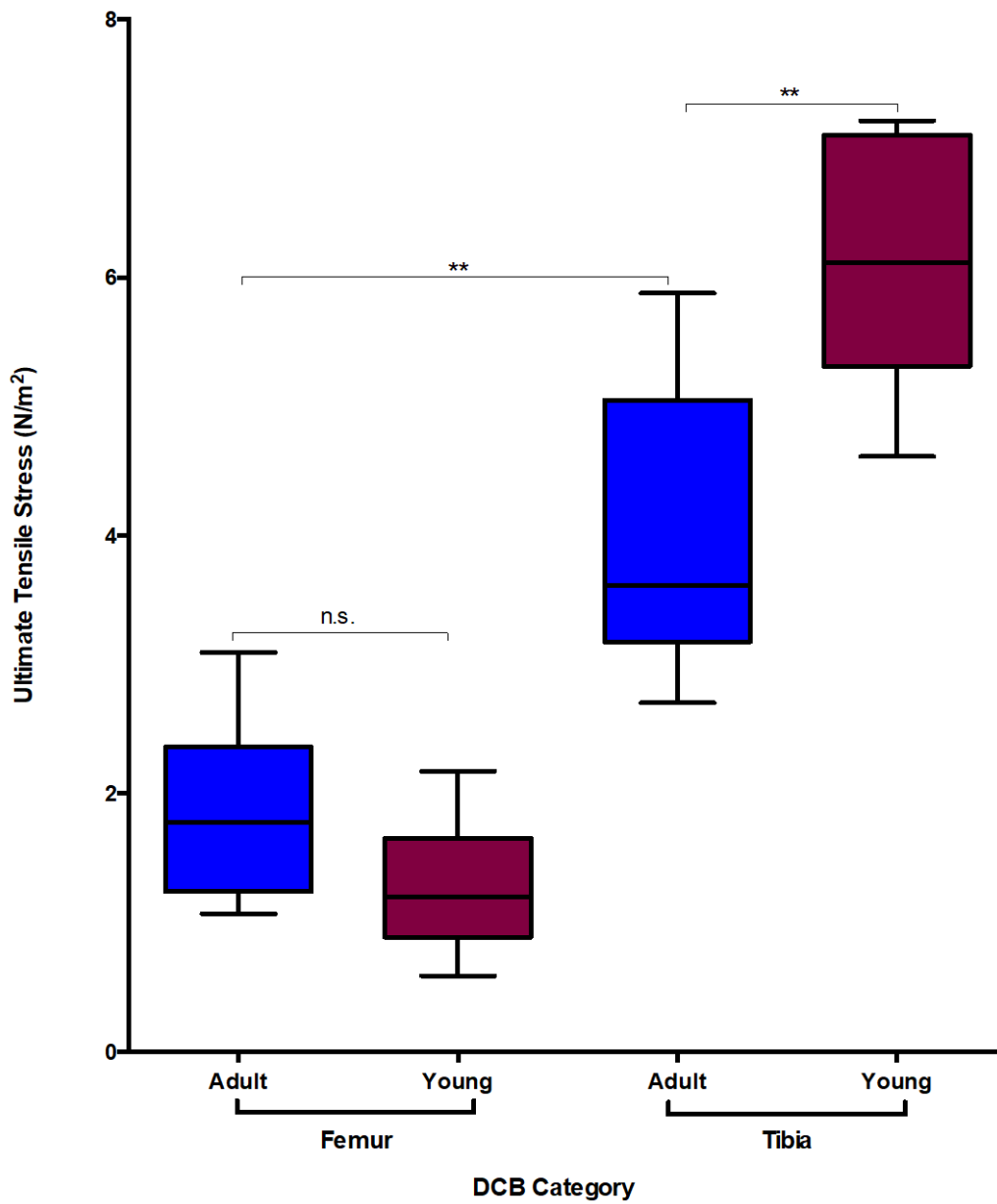
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212 **Figure 5.** A box and whisker plot showing the ultimate load of ovine DCB. *Mann-Whitney U*
 213 *test*, ** indicates $p < 0.01$, n.s. indicates non-significant difference

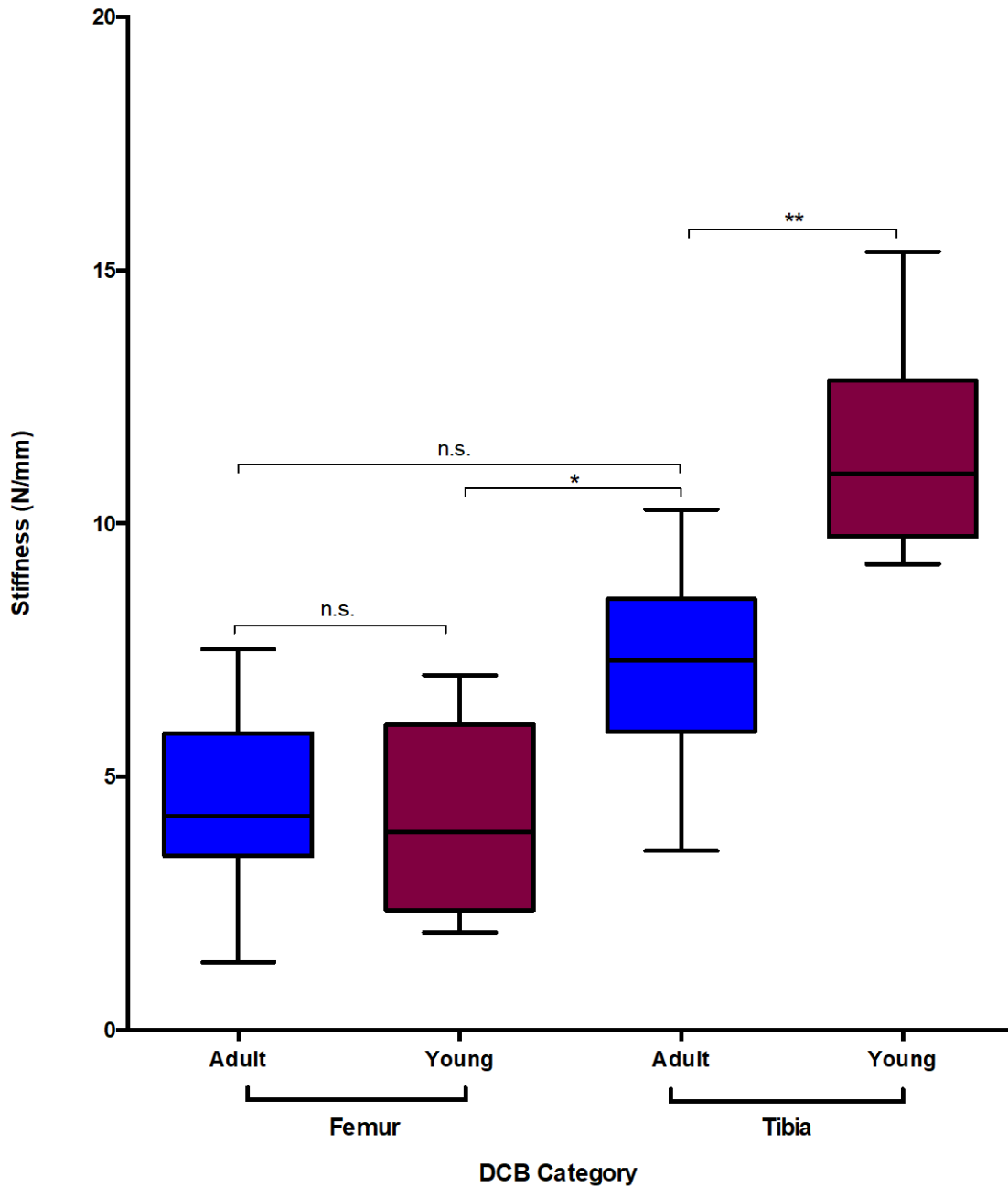


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215 **Figure 6. A box and whisker plot showing the ultimate tensile stress of ovine DCB.**

216 *Mann-Whitney U test, ** indicates $p < 0.01$, n.s. indicates non-significant difference*

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 219 **Figure 7. A box and whisker plot showing the stiffness of ovine DCB.**
 220 *Mann-Whitney U test, ** indicates $p < 0.01$, n.s. indicates non-significant difference*
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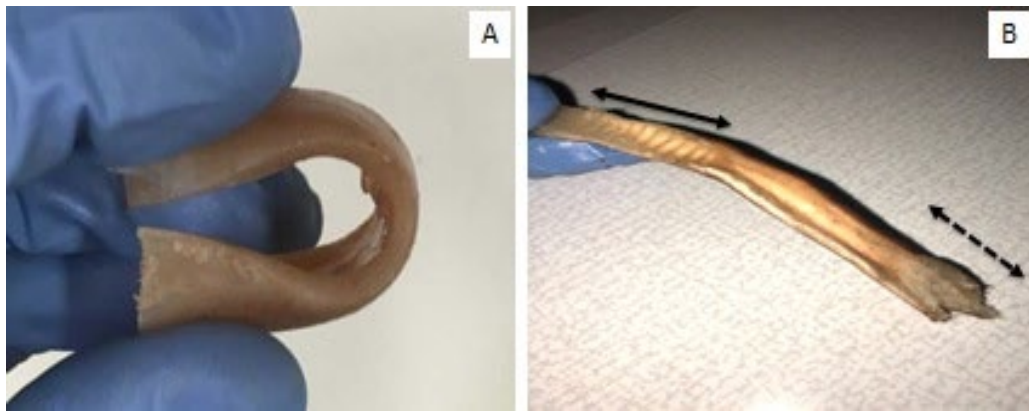
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228 3.2 *Ex vivo* tensile properties of DCB and SDFT graft fixation systems

229 DCB derived from young tibia had the highest ultimate load and was used to represent DCB
230 in this section of experiments. On palpation the DCB was a flexible, rubber-like material but DCB
231 did not have the flexibility to bend back on itself and could not form a double-strand structure (Fig
232 8A.). When the DCB was flexed its structural integrity was compromised and the layers of DCB
233 would detach. As a result DCB was not evaluated using the Endobutton CL suspensory femoral
234 fixation device.

235 The highest mean ultimate load was seen using SDFT combined with interference screws at
236 308.2 ± 87.3 N (Table 2). This was the only system that consistently reached the *in vivo*
237 requirement of 150 N (Fig. 9). The second highest strength was seen for SDFT fixed using sutures
238 and screw posts at 146.7 ± 25.0 N, which was significantly less than SDFT combined with
239 interference screws ($P < 0.01$). The mean ultimate load for DCB fixed with interference screws was
240 higher than fixed with sutures around post, although no statistically significant difference was seen.
241 The ACL mean UTS was 871.0 ± 64.2 N and all failed by avulsion of the tibial attachment. When
242 using suture and posts all failed by sutures ripping through the graft. A difference was seen in
243 failure modes between DCB and SDFT grafts fixed with interference screws, with SDFT failing due
244 to slippage in the tunnel and DCB grafts failing by graft rupture adjacent to the tibial screw (Fig. 8).
245 The highest mean stiffness out of the four fixation systems was seen using SDFT combined with
246 interference screws at 34.2 ± 13.0 N/mm, but this was considerably lower than the mean stiffness of
247 the ACL which was 128.3 ± 16.6 (p=0.009).

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251 **Figure 8. A. DCB under flexion unable to form a double strand. B, A strip of DCB retrieved**
 252 **after fixation with an interference screw showing imprinting of screw threads (arrow) and**
 253 **graft rupture (dashed arrow).**

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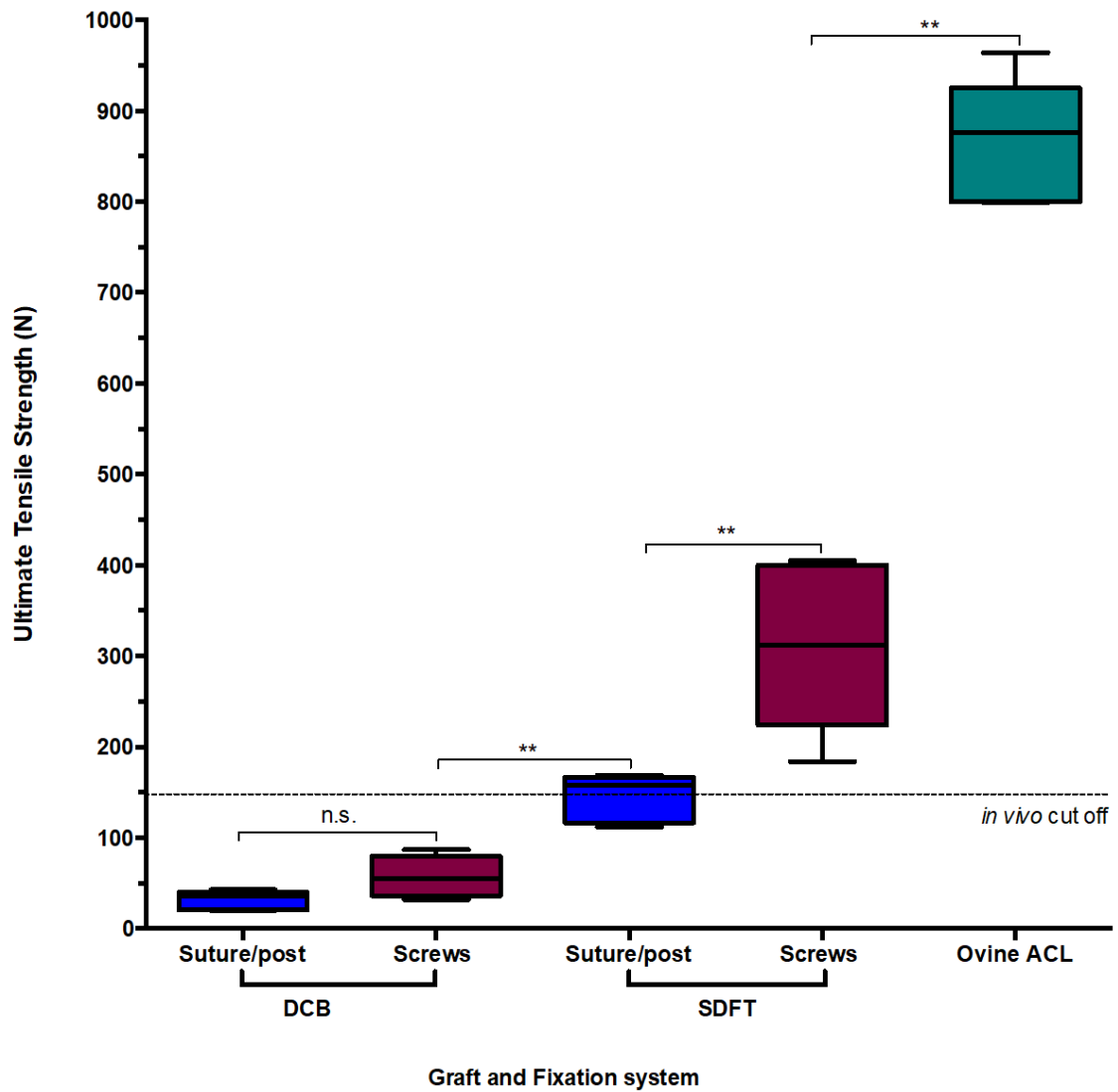
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257 **Table 2. The tensile properties of DCB and SDFT Fixation Systems**

Graft	Fixation system	Graft thickness (mm)	Stiffness (N/mm)	Ultimate Load (N)	Mode of failure
DCB	Screws and Post	2.8 ± 0.3	2.4 ± 0.88	32.5 ± 9.7	Sutures tearing through graft
DCB	Interference screws	2.8 ± 0.3	9.0 ± 4.3	57.5 ± 9.7	Graft rupture adjacent to screw
SDFT	Screws and Post	5.8 ± 0.3	3.3 ± 0.72	146.7 ± 25.0	Sutures tearing through grafts
SDFT	Interference screws	5.8 ± 0.3	34.2 ± 13.0	308.2 ± 87.3	Graft slippage in tibial tunnel
Ovine ACL	n/a	5.5 ± 0.2	128.3 ± 16.6	871.0 ± 64.2	Avulsion of the tibial attachment

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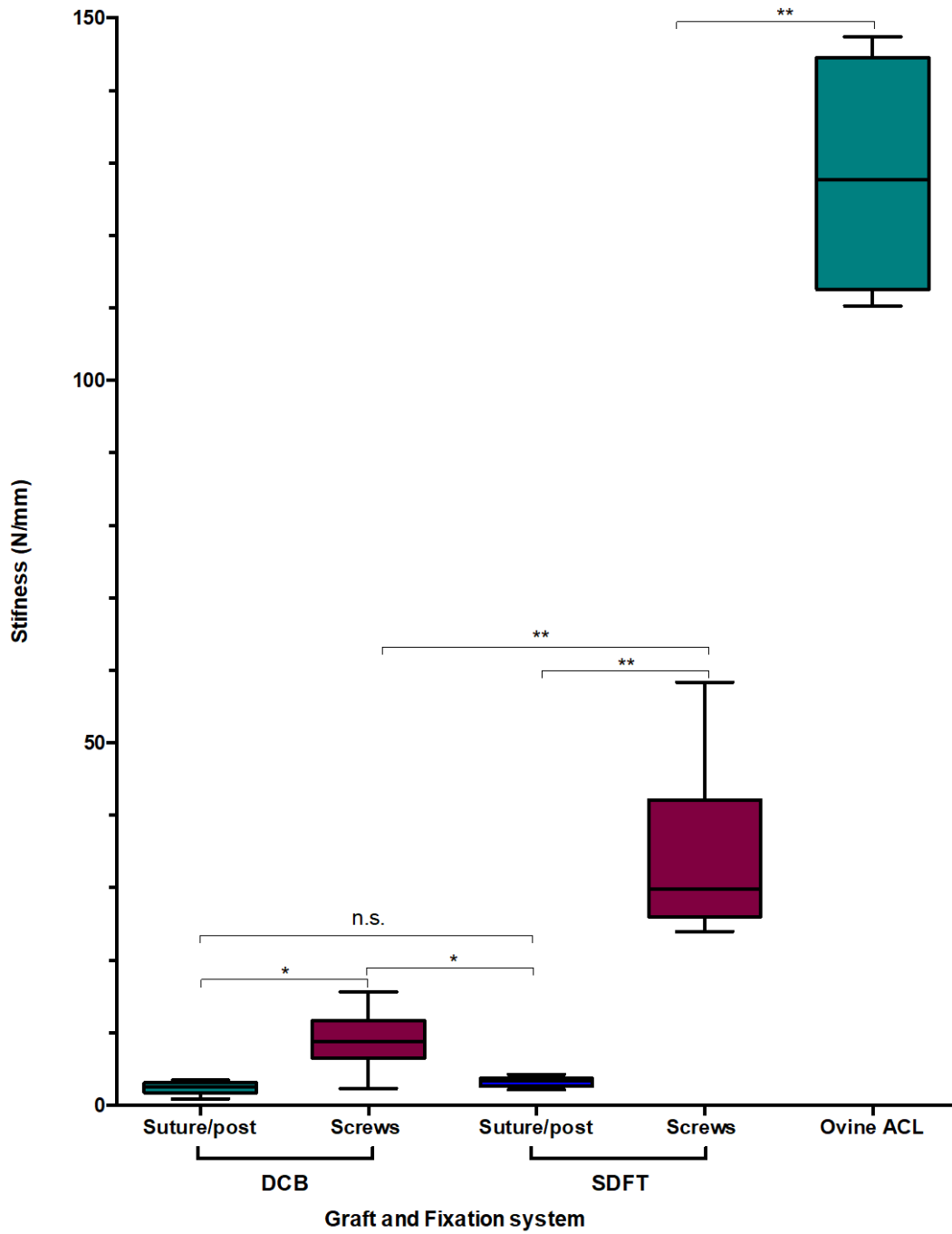
260 **Figure 9. A box and whisker plot showing the ultimate load of DCB and SDFT ACL fixation**
 261 **systems, and ovine ACL. Mann-Whitney U test, ** indicates $p < 0.01$, n.s. indicates non-significant**
 262 **difference**

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 268 **Figure 10. A box and whisker plot showing the stiffness of DCB and SDFT ACL fixation**
 269 **systems, and ovine ASCL. Mann-Whitney U test, ** indicates $p < 0.01$, * $p < 0.05$, n.s. indicates**
 270 **non-significant difference**
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277 **4. Discussion**

278 It is possible to extract DCB from cadaveric human patients for clinical use as evidenced by
279 the increasing commercial availability of DCB in forms such as paste, putty and strips (5). The
280 advantage of using DCB as an ACL allograft would be the use of a collagenous graft with inherent
281 osteoinductive properties, due to endogenous growth factors (4), which would allow early graft
282 integration in the bone tunnels and patient rehabilitation whilst avoiding the problem of donor site
283 morbidity with allografts. Previous studies have indicated that DCB has the required mechanical
284 properties to be used as an ACL graft, but the compatibility of DCB with human clinical ACL
285 fixations systems has not previously been investigated. For the first time we have reported the
286 tensile properties of ovine DCB, and this study is the first to report time-zero tensile properties of
287 ACL reconstruction using DCB with the native ACL in the same species. This research is novel
288 because few studies have considered the effect of donor age and harvest site on the tensile
289 properties of DCB. Also this is the first study to evaluate the use of DCB with current ACL fixation
290 systems. We found that DCB derived from young tibia had superior tensile properties when
291 compared to other sources of DCB in terms of ultimate tensile stress and stiffness. The ultimate
292 load of young tibia DCB combined with ACL fixation systems was insufficient for *in vivo*
293 application because the value obtained is lower than the peak *in vivo* forces in sheep. In addition,
294 the physical properties of DCB, specifically a lack of flexibility, prevented DCB being used in a
295 double-strand format thus preventing use of the Endobutton CL femoral fixation device. In
296 comparison, the tensile properties of SDFT grafts combined with interference fixation did reach *in*
297 *vivo* threshold and therefore on the basis of this study DCB is inferior to free tendon grafts as an
298 ACL graft.

299 Ovine DCB was a flexible, rubber-like material consistent with previous descriptions (8,
300 14). The load-deformation curve observed for all categories was similar to that reported for bovine
301 DCB (9), consisting of a non-linear toe region and subsequent linear behaviour until failure. The toe
302 region represents the straightening of crimped collagen fibres, whereas the linear region represents

303 stretching of the collagen fibres themselves (14). All specimens failed in the mid-substance, which
304 is important because failures at the end of grafts can be attributed to improper loading at the clamp.
305 As a result we can be confident that the readings reflect the ultimate load of the ovine DCB.

306 The ultimate tensile stress of DCB shows a wide range of values in the literature (from 7 ± 2
307 to 40 ± 3 N/mm²) and the values for ultimate stress in this study was smaller than values previously
308 reported (Table 3). Summit et al. previously reported that DCB has mechanical properties similar to
309 the ACL in terms of tensile strength and stiffness although raw values were not provided (9). There
310 are a number of reasons why the ultimate tensile stress and stiffness in this study were lower than
311 previous reports. First, acid saturations during demineralisation can negatively affect tensile
312 properties and this study used a higher concentration than previous studies (9). The reason for the
313 use of 0.6N HCl in this study is that this peer-reviewed protocol has been shown to yield
314 biologically active grafts capable of remodelling when used to repair tendon injuries in sheep (12).
315 Other studies have used different methods of demineralisation such as EDTA (16). Second, the
316 differences might be related to differences in species, with previous studies reporting values for
317 bovine and human DCB. When comparing to human bone, here are differences in the morphology
318 of bone (23) with sheep exhibiting both plexiform and Haversian bone tissue, whereas human bone
319 generally exhibiting Haversian bone tissue (25). Third, the age of bone can affect tensile properties
320 (15), and differences might be due to different bone ages being analysed in previous studies. Fourth,
321 gamma irradiation was used to sterilise the DCB, which might have further compromised
322 mechanical strength, although previously it was not shown to affect the strength of bovine DCB (9).
323 Finally, differences in tensile testing experimental conditions and specimens (size and shape)
324 hinders comparison of results from different studies. In this study in part we looked at structural
325 properties (when evaluating DCB fixation systems) and material properties (when looking at DCB
326 specimens alone). It was necessary to look at the structural effects when looking at fixation systems
327 and this may lead to inaccuracies when comparing literature. There are no comparable data for
328 ovine DCB and but the testing conditions used in this study yielded similar results for ovine ACL

329 when compared to the literature which shows are methods are reliable and consistent with the
 330 literature.. For instance, the average value for ovine ACL ultimate load and stiffness was 871 ± 64
 331 N and 128.3 ± 16.6 N/mm respectively, which is similar to Hunt et al. who recorded a value of 888
 332 ± 134 N and 143.9 ± 16.1 N/mm (13). All ovine ACLs failed by avulsion of the tibial attachment,
 333 which in consistent with previous reports (16).

334 **Table 3. Studies reporting the tensile stress of DCB**

Study	Bone specimen	Demineralisation protocol	Ultimate Tensile Stress(N/mm ²)
This study	Tibia (young ovine) Femur (young ovine)	0.6N HCl	6.0 ± 1.0 1.4 ± 0.6
Mack (17)	Tibia (human)	HNO ₃	7.0 ± 2
Sweeney et al. Sweeney, Byers (18)	Femur (human)	HCl	17.0 ± 4.1
Burstein, Zika (19)	Tibia (bovine)	0.5M HCl	40 ± 3
Wright, Vosburgh (20)	Femur (bovine)	0.2 M HCl	34 ± 7.5
Catanese, Iverson (21)	Tibia (bovine) Tibia (human)	0.5M EDTA	26 ± 4 18 ± 4

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337 This study supports findings from previous studies that indicate the bone from which DCB
 338 strips are manufactured influences its mechanical properties. When considering bovine DCB,
 339 Summit and Reisinger (9) reported that the ultimate tensile stress and modulus was greatest in
 340 decreasing order from metatarsus to tibia to femur and humerus, and concluded that bones that are
 341 more aligned to the axis of loading have great mechanical properties. Catanese et al. (21)
 342 examined human and bovine DCB and found that tibia had a higher ultimate stress and a higher
 343 elastic modulus than femur, although this did not reach statistical significance. The clinical
 344 significance of our finding is that if used commercially as an ACL allograft, the bone used to make
 345 DCB would influence the strength of the graft and would need to be considered.

346 This study supports other studies that indicate that increasing age is associated with a
 347 decrease in the mechanical strength of DCB. Leng et al. evaluated human femoral DCB and
 348 observed decreasing tensile strength with age when comparing young, middle aged and old donors

349 (15). Decreasing tensile strength with age has also been observed for rodent femoral DCB (22).
350 Hence the literature suggests mechanical integrity of the collagen network of DCB decreases with
351 increasing age. The effect of donor age could also be explained by age-related changes in cortical
352 bone. Immature sheep cortical bone is different to mature sheep bone, with greater amount of
353 plexiform bone and a small number of Haversian systems (23, 24). In younger sheep the Haversian
354 Systems are likely to be of a primary nature and more aligned with the direction of the tensile force
355 (25). As a result of remodelling, in mature animals the Haversian systems are likely to be more
356 organised and not necessarily aligned with the direction of the tensile force, leading to a reduction
357 in tensile strength. Our findings suggest the optimal source of bone to manufacture DCB would be
358 from young bone. However in terms of commercial manufacturing process, cadaveric bone from
359 young patients is in less supply than cadaveric bone from older patients.

360 The ideal ACL graft would have a time-zero ultimate load the same as the native ACL.
361 After implantation tendon commences the process of “graft healing” both in the bone tunnels and
362 the intra-articular graft (26). Tendon-bone healing in the bone tunnels restores an indirect-type
363 insertion characterised by a fibrous interface with Sharpey-like fibres (3). In the joint space the graft
364 remodels in a process termed “ligamentisation”, whereby the graft first becomes hypocellular and
365 undergoes necrotic changes in the early phase but subsequently the graft revascularises and collagen
366 fibres remodel thus regenerating a ligamentous ACL-like structure (27). For tendon grafts this
367 correlates to improvement in mechanical strength over time but the ultimate load does not reach that
368 of the native ACL (28). The only *in vivo* study that has evaluated DCB as an ACL allograft was a
369 caprine study by Jackson et al. (8), which used DCB as a single-strand ACL allograft and fixed by
370 tying whipstitch sutures to screw posts. It is unclear from the manuscript from where the DCB was
371 derived, nor the age of the donor. The DCB graft underwent a similar process to tendon grafts, and
372 the ultimate load rising from 73 ± 9 N by approximately 550% to 474 ± 146 N over a 12 month
373 period. Whilst it is not necessary for the ultimate load for a graft and its fixation system at time zero
374 to be equivalent to the native ACL, it is desirable for the ultimate load to exceed peak *in vivo* forces

375 through the ACL (unless the graft is protected during rehabilitation) (29). The ultimate load of
376 young tibia DCB combined with ACL fixation systems was insufficient and did not reach the *in*
377 *vivo* threshold of 150N whereas SDFT did when combined with interference screws. In addition to
378 inferior tensile strength, a major disadvantage of DCB appears to be that it lacks the flexibility
379 required to generate a double-strand format required for femoral suspensions devices. DCB cannot
380 be fixed in a double-strand format, which limits the possible graft diameter of DCB, a factor known
381 to influence failure of ACL reconstruction (30). On the basis inferior mechanical strength and
382 incompatibility with contemporary fixation devices, this study indicates that DCB is inferior option
383 to free tendon grafts as an ACL graft. Small animal models of ACL reconstruction have shown that
384 the application of DBM as paste around tendon grafts in the bone tunnels leads to superior graft
385 integration associated with superior biomechanical properties (6, 7). We believe demineralised bone
386 does have a role in ACL reconstruction but, due to inadequate tensile properties of DCB, future
387 research should focus on how it can biologically modulate and enhance tendon grafts
388 osteointegration.

389

390 This study has several limitations. First, a major limitation is that by performing
391 experiments *ex vivo* the potential for *in vivo* biological remodelling was not considered. This study
392 was a purely biomechanical study and did not consider biological considerations. Second this study
393 did not evaluate human DCB and therefore its results cannot be directly extrapolated to humans.
394 However as this is a comparative study in sheep one would anticipate that the results for DCB in
395 humans would be equivalent. Nevertheless research is needed that rigorously examines the tensile
396 properties of human DCB across a range of contemporary ACL fixation systems to verify our
397 results. DCB is being considered for a number of clinical orthopaedic applications for both tendon
398 and ligament reattachment to bone (7). This study highlights the importance of determining the
399 optimal source of DCB for these applications, and establishing the strength of DCB with fixation
400 systems in an environment that mimics these applications. Second, preconditioning of samples was

401 not performed, which could contribute to the appearance of a toe region. Third, consideration was
402 not given to selection of the specific cortices that are loaded in tension during normal locomotion.
403 This could be important because cortical bone has different loading modes at distinct anatomic sites
404 during activity and thus collagen fibrils at the different sites might have different preferred
405 orientations which may affect strength (15). Finally, for the ACL reconstruction systems the graft
406 cross sectional area was not be measured and therefore tensile values were not normalised to cross
407 sectional area (32).

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409

410 **5. Conclusion**

411 The tensile properties of DCB were influenced by the donor age and site of origin, with young tibial
412 DCB demonstrating the most appropriate tensile properties for use as an ACL allograft. However
413 owing to inferior tensile properties and incompatibility with suspensory femoral fixation devices,
414 this study indicates DCB is mechanically inferior to current tendon grafts options for ACL
415 reconstruction.

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419 **Conflicts of interest:** None.

420

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423

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