

1 **Process stress in municipal wastewater treatment processes: a new**
2 **model for monitoring resilience**

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12 **Abstract**

13 Although not-well-understood, process stress could provide a novel approach to
14 resilience analyses in wastewater treatment processes by identifying the influence of a
15 stressor on wastewater processes. This paper identifies how industry and academia view the
16 concept of process stress in wastewater treatment processes. It also investigates how
17 individuals, their role and education influence their decision bias and their propensity to use
18 decision support tools. Survey results from 255 respondents showed that many wastewater
19 professionals still have a preference to use personal or company-specific spreadsheets (33%),
20 with a similar proportion of respondents using simulation and decision support tools (29%).
21 The concept of process stress in wastewater treatment was well understood by industry and

22 academic professionals as a variance from benchmarked conditions. This analogy of process
23 stress means that it can be either, a positive or negative magnitude of variation from a
24 benchmarked state, which expands on the approach taken in current resilience and
25 benchmark simulation models. Therefore, the concept of process stress was a well
26 understood by a vast majority of respondents, with 82% of respondents agreeing that an
27 analytical tool that considers process stress would be a useful contribution to developing the
28 understanding and management of process resilience. The study also highlights the
29 requirement for a process stress analysis methodology, which builds on current resilience
30 methods and separates the stressor (cause) from process stress (effect). Overall, this research
31 has identified the requirement to measure and analyse stresses in wastewater treatment
32 processes and recommends a strategy to develop this methodology.

33 **Keywords**

34 Resilience, Wastewater Process Stress analysis, Benchmark, Wastewater process analysis,
35 EDSS, Process Modelling

36 **1. Introduction**

37 Water supply stress is apparent in many parts of the World. However by 2100 the
38 predicted increases in human population (47% increase) and global temperatures (2°C > pre-
39 industrial levels) will exacerbate stress to both supply and wastewater treatment (Walker,
40 2016). These stresses will be manifested by an increase in high-intensity rainfall (12-24%) and
41 extended dry periods (Fischer, Sedláček, Hawkins, & Knutti, 2014; Hansen, Ruedy, Sato, & Lo,
42 2010). Consequently, wastewaters will be highly concentrated during dry weather and dilute
43 during heavy precipitation (The Met Office, 2018) subjecting existing wastewater treatment
44 processes to environmentally generated stress in addition to growing populations. Without

45 adequate monitoring methodologies, future generations will be subject to serious pollution
46 incidents and lack of compliance with treatment standards (Europa, 1991, 2000). Therefore
47 understanding how different processes in existing wastewater treatment trains respond to
48 these stresses in will play a crucial role in adapting to climate change and population growth.

49 Wastewater treatment plants are complex systems receiving variable flows and loads,
50 which typically pass through a series of unit processes with different physical, chemical and
51 biological treatment mechanisms. Simulations have been developed at a plant-wide scale,
52 which captures the complexity of wastewater process perturbations. Some examples of
53 simulation based software packages are BioWin, West (Mike) and GPS-X (Hydromantis),
54 which use fixed, and dynamic flow and load simulations to replicate real life scenarios. These
55 simulations have showed a close correlation to the real performance of well monitored
56 wastewater process streams (Mike DHI, 2018; Nghiem, Wickham, & Ohandja, 2017).
57 Although, simulations can accurately replicate the outcomes of real wastewater treatment
58 processes, the calibration of such sophisticated models requires specialist knowledge,
59 additional process samples and can be time consuming if a high level of accuracy is required.
60 Therefore, in an industrial context, where operational labour and wastewater treatment plant
61 management staff require a rapid overview of plant performance, plant-wide models may be
62 unsuitable unless prior calibration of a selected model is performed.

63 Process stress is proposed as a novel concept for reckoning the complex interaction of
64 processes in wastewater treatment plants react to external challenges to provide a relatively
65 quick and visual management information tool. In other fields efforts have been made to
66 understand the concept of stress and its consequences. For example, in microbiology,
67 microbial stresses have been analysed to measure how microbes, particularly bacteria,

68 respond to environmental challenges with varying levels of success (Han & Cui, 2016; M.
69 Wang, Faber, & Chen, 2017; Whalen & Tracey, 2006). In wastewater the application of
70 microbial stress monitoring has mainly focussed on the measurement of soluble microbial
71 products, such as adenosine triphosphate, released in activated sludge (Aqua-tools, 2008;
72 Norman, Peter., Tramble, 2017; Norman & Walter, 2011). An example of this is the work of
73 Shi *et al.* (2017), which features the speciation of soluble microbial products for the
74 prediction of stressful microbiological events in activated sludge. These diagnostic methods
75 are potentially sophisticated but, as they are in their infancy, suffer from a lack of standard
76 analytical techniques. Therefore, significant investment is required before they can be widely
77 applied as a robust diagnostic method for biological wastewater treatment (Wang and Zhang,
78 2010). This highlights the requirement for a robust approach that considers stresses using
79 pre-existing models to examine the stresses across a variety of flows and loading conditions.

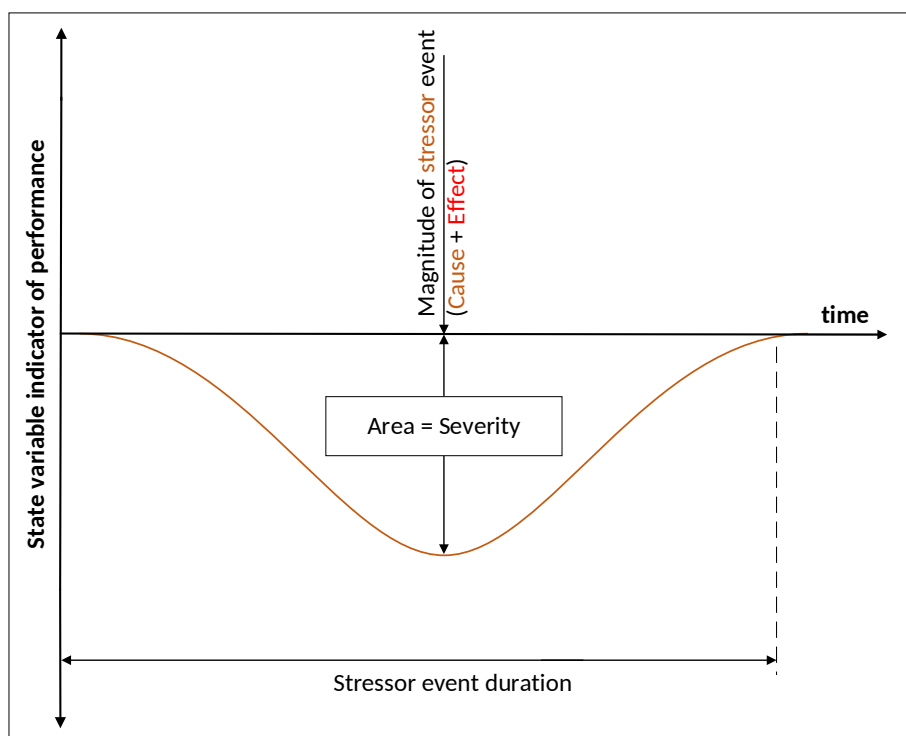
80 Ecological stresses have also been investigated, for example Han, (2016) developed an
81 integrated stress index to combine a variety of environmental stressors and their influence
82 on the concentration of macrophytes in ponds. This simple heuristic method uses the sum of
83 squares for a variety of human activities to capture the holistic impact of stress on ecological
84 systems. Although applicable to such relatively simple ecological systems, individual
85 contributions to stress are not resolved and, therefore, this may not appropriate for
86 wastewater processes due to the level of complexity. Similarly, Nilsalab (2017) looked at the
87 logistic relationship between water availability and withdrawal from freshwater supplies, with
88 over-abstraction defined as water stress. This type of stress occurs when the abstraction of
89 freshwater exceeds the total water availability and is performed at macro-scale, with many
90 observations becoming generalisations of independent variables. In summary, both of these
91 methods may be appropriate for relatively simple environmental systems they lack the

92 complexity to model the many biochemical and physical/chemical interactions present in
93 wastewater treatment processes.

94 The role of wastewater process engineers is to evaluate the performance of existing
95 wastewater processes based on flow and load studies, using expert judgement and manual
96 data manipulations. However, due to the complexity of the interactions between flow and
97 contaminant concentrations in existing wastewater processes stresses can be difficult to
98 interpret manually and operational decisions are often based on expert judgement (Kimberly
99 Solon *et al.*, 2015). Although many of the parameters and models are better understood with
100 the use of plant-wide and extended plant-wide models, calibration is key to avoiding
101 unexpected results (Fernández-Arévalo, Lizarralde, Grau, & Ayesa, 2014; K Solon *et al.*, 2017).
102 More commonly water utilities view stressors as the risk of certain events causing a
103 catastrophic failure or pollution incident (ch2m & Ofwat, 2017). This relationship between
104 risk and wastewater process stress has been explored in the research of Comas (2008) where
105 scenario-based, risk assessments are used to evaluate rising sludge control methodologies for
106 activated sludge plants (Dalmau, Rodriguez-Roda, Steyer, & Comas, 2006). The main
107 limitation of risk assessment methods is that they are often a simplification of more complex
108 process scenarios and are limited to heuristic problems using existing knowledge (Ebrahimi,
109 Gerber, and Rockaway, 2017). It therefore limits their application to the exploitation of
110 existing knowledge, rather than more sophisticated knowledge discovery methods (Bagheri,
111 Mirbagheri, Bagheri, & Kamarkhani, 2015).

112 To characterise stresses in whole wastewater process plants, Butler *et al.*, (2016)
113 introduced the concept of 'Middle States', where a stress-strain plot can be used to present
114 the available resilience. The work performed focusses on failure modes and the evaluation of

115 a variety of interventions for wastewater process risk mitigation (Butler *et al*, 2016). Rather
116 than focusing on individual wastewater treatment processes and where a process problem
117 might occur, the work concentrates on how stressors influence the performance of a whole
118 treatment plant. This impact of a stressor is termed as resilience or the reserve capacity in an
119 entire treatment process as shown in Fig. 1. Global Resilience Analysis (GRA) is the study of
120 event-based stressors and their influence on the performance of a whole wastewater
121 treatment system. As part of the GRA discrete processes are not considered, with analysis
122 reliant on the original operating conditions being measurable. A significant source of
123 uncertainty in resilience methods is that a reliable baseline can be challenging to measure
124 due to data availability and quality. This was highlighted by Mbamba *et al.* (2016) when
125 considering the critical data required to calibrate plant-wide phosphorus modelling for
126 seasonal and diurnal variations.

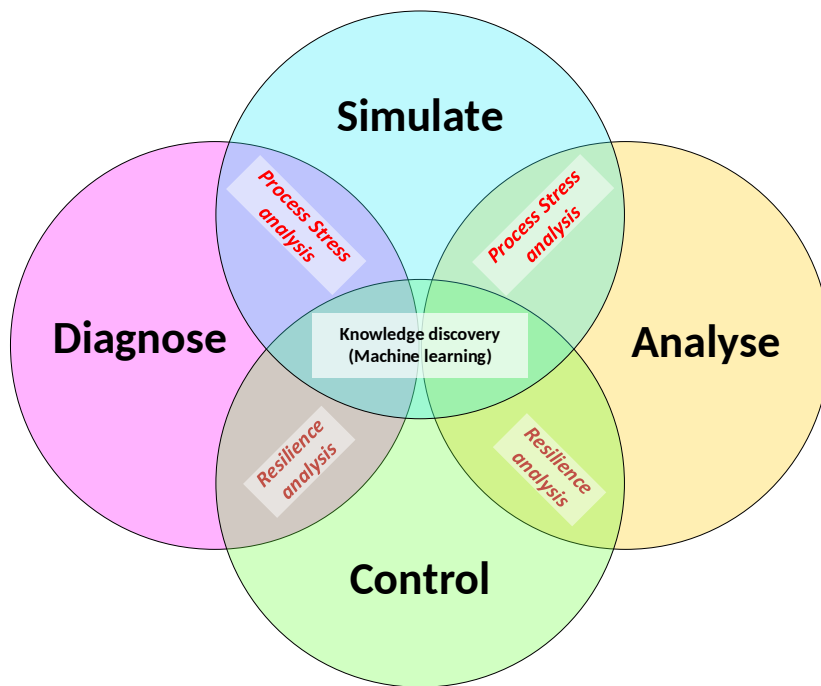


127

128 Fig. 1 Resilience analysis presented by Juan-García (2017), adapted from Mugume (2015).

129 Resilience theory has been successfully applied to whole wastewater treatment
130 systems and researchers such as Juan-García *et al.* (2017) discuss the influence of stressors
131 on a process response curve. Therefore resilience in a whole wastewater treatment system is
132 linked to the internal response of a plant to a stressor, which encompasses, both the cause
133 (stressor) and effect (process stress). Other important characteristics of the stressor event
134 curve shown in Fig. 1 is the event magnitude and system recovery time (Sweetapple, Fu,
135 Farmani, & Butler, 2019). The main limitation of the method provided by Mugume *et al.*,
136 (2015), is that the perceived stressor combines two parameters; 1) is the cause and relates to
137 the characteristics of the stressor event (flow, load or toxicity); 2) is the effect and is the stress
138 exhibited by the process (process stress). In summary, resilience theory provides an excellent
139 overview of resilience in whole wastewater treatment plants. However, it fails to identify
140 process problems in individual treatment processes; thus making it difficult to identify and
141 predict failures and isolate corrective actions (Sukias, Park, Stott, & Tanner, 2018; Sweetapple
142 *et al.*, 2019). Hence, understanding of process stress will supplement GRA and increase the
143 accuracy of analysis.

144 To expand the understanding of resilience and show that simulation, diagnostics,
145 control and analytics are not mutually exclusive of one another. Fig. 2 was constructed to
146 show the interaction of the four independent parameters (simulation, diagnostics, control,
147 and analytics) and the position of process stress and resilience analyses. Therefore, resilience
148 combines diagnostics and analytics to provide control interventions, which are then
149 evaluated. Process stress analysis differs as it has the potential to use diagnostics and analysis
150 to simulate a stress response from a discrete wastewater processes in a relatively simple
151 calculation.



152

153 **Fig. 2** Process stress, resilience analysis and knowledge discovery in existing wastewater treatment processes Venn
 154 diagram.

155 These approaches can provide analytical decision support for wastewater
 156 management. However despite much research into this field Corominas *et al.* (2018) found
 157 that only 16% of academic publications have led to a commercially available product.
 158 Furthermore, this work also identified limited use of statistical and machine learning
 159 methodologies to analyse a multitude of independent variables involved in modelling
 160 wastewater treatment processes (Bagheri *et al.*, 2015). Therefore, the application of process
 161 stress analysis in Fig. 2 could bridge the gap to enable more sophisticated methods to
 162 understand the influence a stressor (cause) and the process stress (effect). Engagement with
 163 industry in this development would expand understanding of the importance of measuring
 164 process stress and it's application to existing processes.

165 This research aims to evaluate the conceptual understanding of wastewater process
 166 stress from international experts across a range of wastewater process-related disciplines. It
 167 seeks to provide, both an industrial and academic perspective, via an online survey completed

168 between February and April 2019. The survey focused on six areas, 1) participant experience
169 and role specifics, 2) decision support systems and their use, 3) analytical software
170 applications and their use, 4) professional decision analysis, 5) benchmarking and process
171 stress interpretation 6) dissemination of survey. The numerical data is presented as
172 descriptive statistics, with coded qualitative data used to display commonalities in opinion
173 and provide a convergence of the mixed-methods study.

174 **2. Materials and methods**

175 **2.1. Data collection and survey design**

176 Process stress in wastewater treatment processes is a new concept for both industry
177 professionals and academics. It is therefore essential to understand current methods of
178 analysis for existing wastewater treatment processes and to provide insight into the depth of
179 professional knowledge. Therefore, a focussed epistemological survey was designed to
180 capture the extent of current knowledge while evaluating existing analytical tools. The study
181 used a mixed-methods approach to understand process stress in the wastewater process
182 industry and academia. As shown in Fig. 3, a pragmatist research philosophy was adopted to;
183 firstly introduce the concept of process stress (qualitative) and secondly, group and rank
184 collected data to analyse respondent responses (quantitative). Both qualitative and
185 quantitative was then converged to capture a holistic understanding of process stress in
186 wastewater treatment processes (Bazely, 2018).

187 In the first part of the survey, participants were asked to state their role and level of
188 education. During data processing results were quantitised to give a specific ranking, using
189 values between one and five (Driscoll *et al.*, 2007), with one the lowest level (e.g. Secondary
190 school) through to five (e.g. Ph.D./EngD). Dichotomous, closed questions were used to

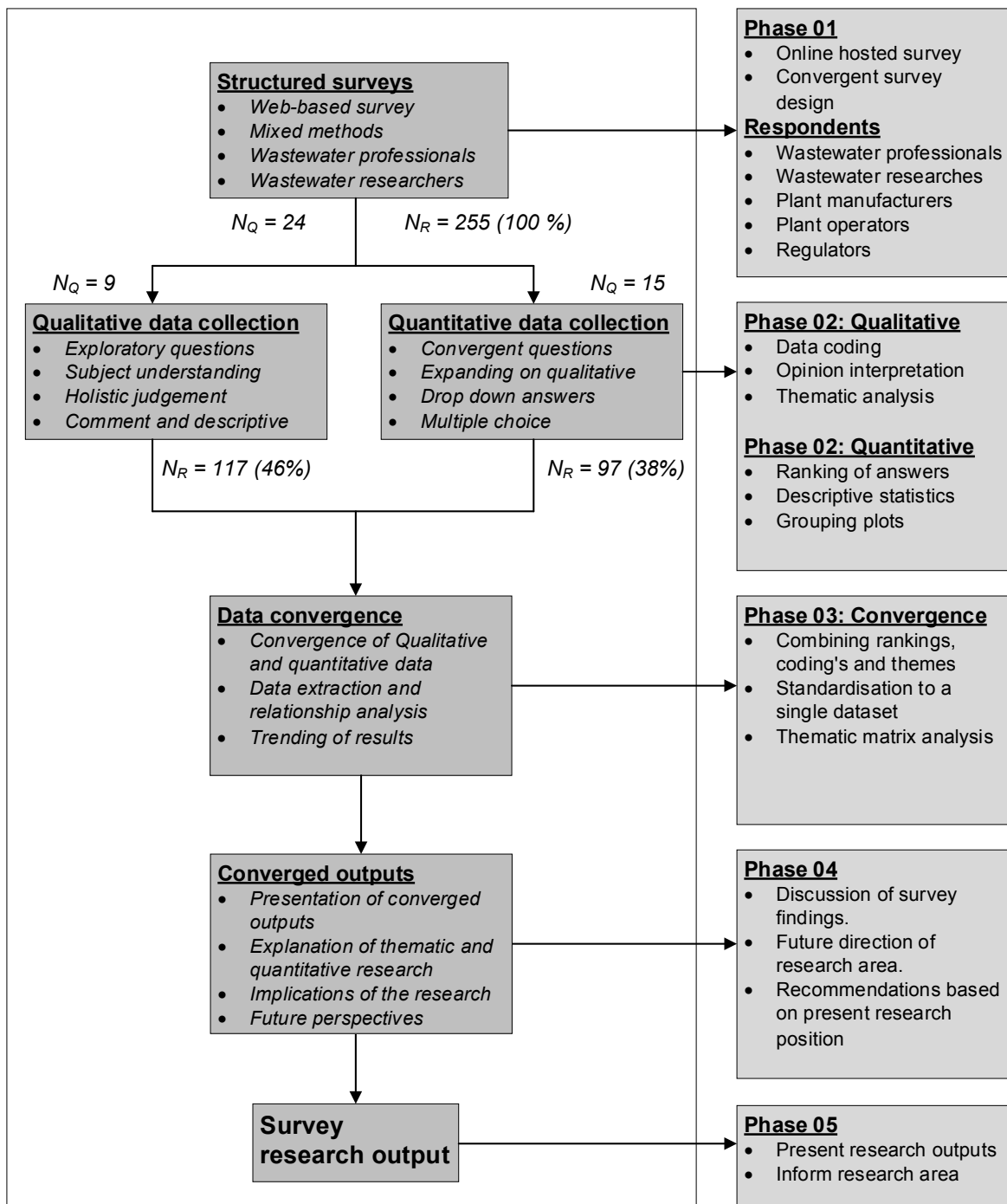
191 capture the proportions of respondents using decision support tools and whether process
192 stress analysis for wastewater treatment processes is a valid prospect (Creswell and Clarke,
193 2011). Multiple-choice questions were used to group and categorise data, particularly when
194 identifying participants professional specialism and their industrial sector. Qualitative
195 questions were used to add clarity to the quantitative data and codings. One example is when
196 considering the limitations of analytical software packages, where respondents were asked
197 to provide an opinion based statement and concept of process stress was introduced
198 (Qualitative).

199 ***2.2 Sampling strategy experimental design***

200 The study aimed to sample a cross section of international wastewater experts from
201 industry and academia. Therefore a broad approach was taken to recruitment to access as
202 wide a cross section as possible. This included links and requests for participants being sent
203 to professional social media platforms (e.g. ResearchGate and LinkedIn groups) wastewater
204 industry-specific websites and blogs, direct contacts were also made to consultants and
205 engineering professional listed in directories (e.g. CIWEM), and finally direct expert and
206 snowball sampling was used based on lists of contacts of the research team with requests to
207 forward to potentially interested respondents.

208 The flow diagram in Fig. 3 shows the experimental design used in this research, with
209 each phase indicated on the right-hand side. The first phase shows the basis for survey design
210 and the targeted respondents for the survey. The second phase has been divided into six
211 sections: 1) 'experience and role specifics', which covers industry, specialism, level of present
212 role and qualification level; 2) 'decision support systems' which explores the types of decision
213 support systems used (DSS) and whether it is a commercial product; 3) 'analytical software

214 application information', which examines the kind of analytical software application used, its
215 strengths and limitations; 4) 'decision type', which considers the type of and level of the
216 decision made; 5) 'benchmark and process stress', which explores the understanding of the
217 term benchmark and process stress; 6) 'dissemination', which looks at the relevance of
218 process stress and any preferences in visual presentation. By and large phase two is used to
219 process qualitative and quantitative data, using mixed methods to rank (quantitise), code and
220 provide a thematic evaluation of qualitative data. Phase three converged the qualitative and
221 quantitative data using descriptive statistics via Minitab® 17 (Version 17.3.1) to show the key
222 converged observations. Phase four extracted the key themes from the survey (qualitative
223 and quantitative) to produce a narrative of results. Finally, Phase five summarises research
224 outputs and the impact on future research direction.



225

226 **Fig. 3** Convergent, mixed methods survey design and flow diagram. Showing the five phases of data collection, analysis and

227 measurable research outputs. Where n_Q is the number of questions and n_R the number of respondents at each stage.

228 **2.3 Survey Response**

229 The total number of responses was 290. Data screening and consolidation involved

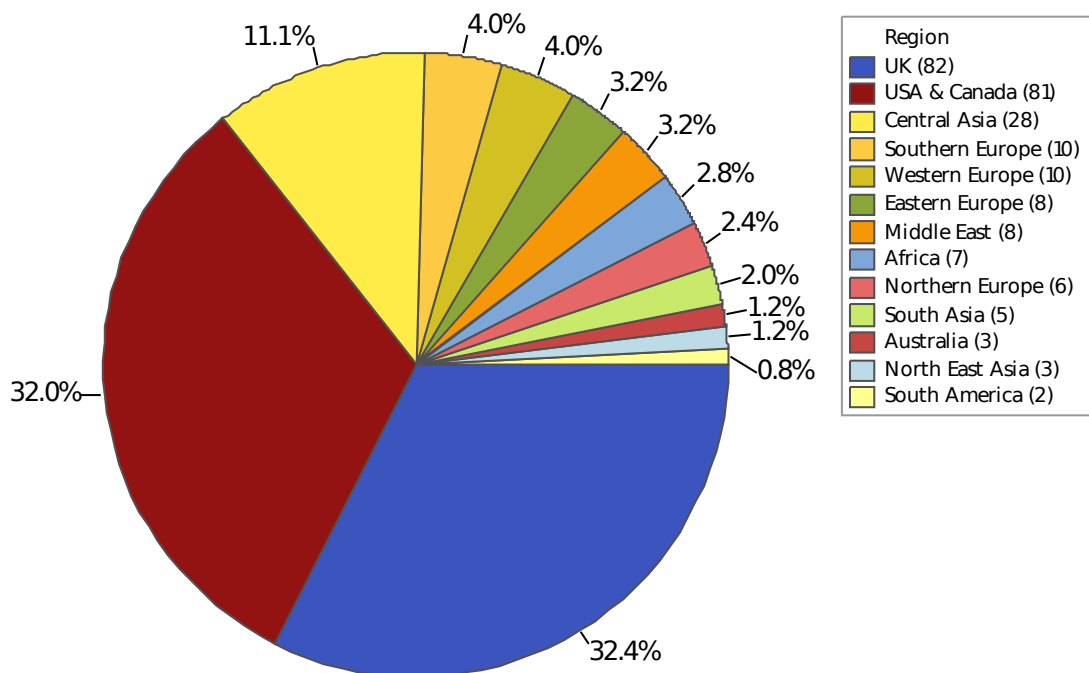
230 removing blank surveys ($n=13$), respondents using the survey for speculative marketing

231 purposes ($n=9$), respondents that filled in < 10% of the survey ($n=18$) and those declining to
232 proceed to the survey ($n=5$). After the data screening and consolidation, 255 valid completed
233 surveys were taken forward for analysis.

234 **3. Results and discussion**

235 ***3.1 Process stress in wastewater treatment processes survey demographic***

236 This section explores the demographic and industry sector of respondents that
237 completed the Process Stress in Wastewater Treatment processes survey. The pie chart in Fig.
238 4 shows the regional zones of respondents and the proportion that completed the survey. It
239 shows the global interest of the survey and process stress, with respondents from 43
240 countries and 13 regional zones. The most significant contributor to the survey was the UK,
241 occupying 32% ($n=82$) of the total sampled population and was followed by the USA &
242 Canada, with 32% ($n=81$). Therefore, the most substantial survey contribution came from the
243 developed world (Walker, 2016). Interestingly though the third-largest contributor was
244 Central Asia, with 11% ($n = 28$), from all countries and territories eligible to receive official
245 development assistance (OECD, 2019) . Therefore, developing countries are now showing a
246 greater interest in sanitation and the management of wastewater treatment processes, which
247 corresponds with the work of Gallego-Schmid, (2019), who performed a lifecycle assessment
248 of wastewater treatment in developing countries.



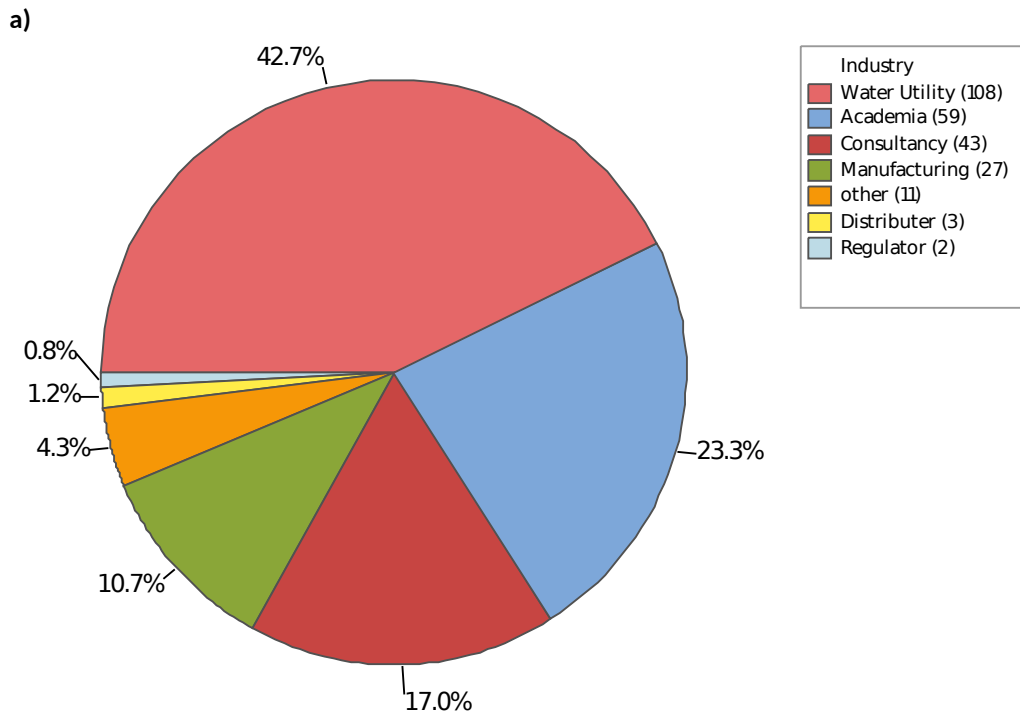
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250 *Fig. 4. Pie chart showing survey respondents by region. Slices show the proportion of respondents that completed the*
 251 *survey in a particular region, with the number of respondents (n) shown in the legend, next to the regional zone in brackets.*

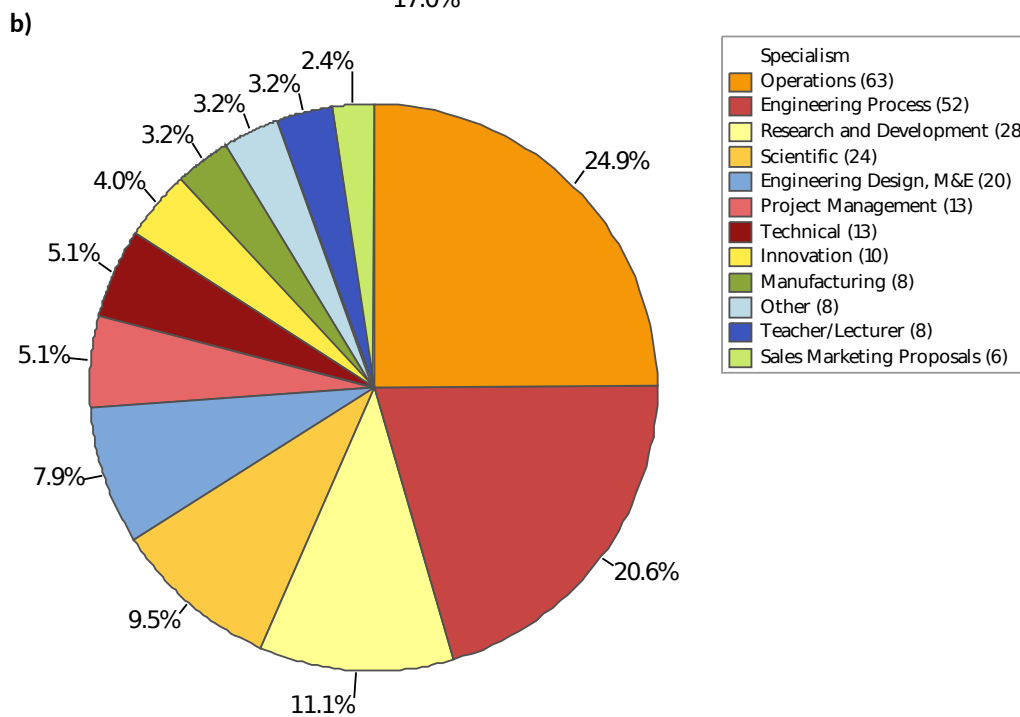
252 The pie charts in Fig. 5a and Fig. 5b show the percentage of respondents by industry
 253 and specialism. The largest respondent industrial contribution was from Water Utilities, with
 254 42% (n=108). This, in turn, explains the large contribution of operations in Fig. 5b (24.9%).
 255 Academia followed Water Utilities with 23% (n=59), which is thought to explain the
 256 contribution of Research and Development and Scientific shown in Fig. 5b. Consultants were
 257 the third-largest contributor, with 17% (n=43) of the respondent population, followed by
 258 manufacturing with 17% (n=27). Therefore, although the results show a bias towards Water
 259 Utilities, it also captures a wide variety of industries to provide a holistic population. An
 260 interesting observation, which extends the study beyond existing literature, is that there is a
 261 good number of respondents from wastewater equipment Manufacturers 10% (n=27). This
 262 closes the loop, in that it provides a respondent population covering those working from

263 wastewater process conception (research), through design (manufacturing), installation and
264 on-site operation.

265 As shown in Fig. 5b, the area of specialism shows a range of disciplines, with the largest
266 respondent population represented by operations with 24% ($n=63$). This was closely followed
267 by Engineering Process with 20% ($n=52$). The sizeable operational input to the survey is
268 unique because, operational staff are rarely consulted, but hold much empirical knowledge,
269 which is not well covered in the literature. This observation is significant because operational
270 staff and their maintenance routines have a considerable impact on the quality of wastewater
271 process outputs (Serdarevic & Dzibur, 2019). One example of a method which presently
272 excludes operational staff costs is the IWA/COST Operational Cost Index (OCI), which focusses
273 on direct operational costs, such as energy, sludge disposal costs and external chemical
274 addition (Copp, Jeppsson, & Vanrolleghem, 2008). Therefore, this research includes input
275 from commonly under-represented operational staff who have a valuable empirical
276 understanding of wastewater treatment processes. The third-largest respondent population
277 was Research and Development, with 11% ($n=28$) and Scientific, with 10% ($n=24$).



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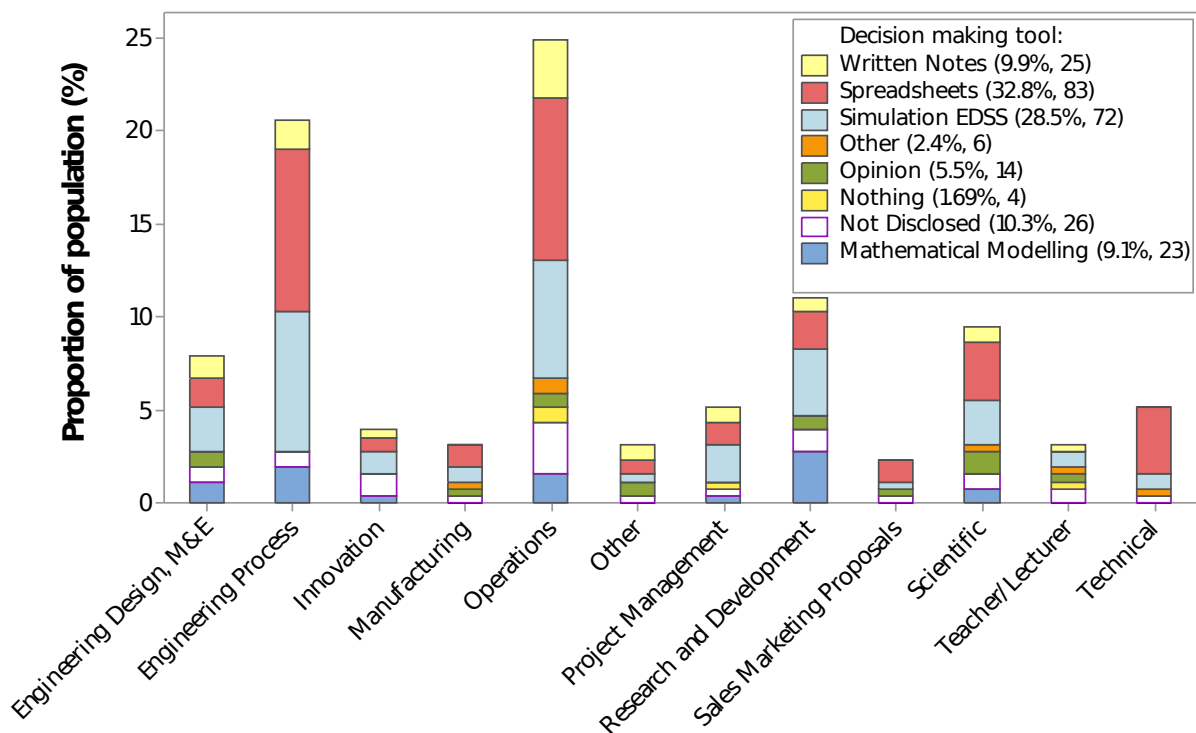
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280 **Fig. 5** Pie chart, with a) showing respondents by industry and b) respondents by specialism. n is shown in the legend, to the
 281 right of the specialism.

282 **3.2. Decision-making tool use and decision importance by specialism**

283 It is important to evaluate the decision-making tools used by industry and academic
 284 specialists, along with their decision-making strategies. With that in mind, respondents were

285 asked to state the method they most commonly used out of, Written Notes, Spreadsheets,
 286 Simulation, Environmental Decision Support Systems (EDSS), Opinion, Mathematical
 287 Modelling or Nothing. The outcomes are shown in Fig. 6, with specialism on the x-axis and
 288 proportion of the sample population on the y (%). By far, the most commonly used method
 289 was the use of personal or company-specific Spreadsheets, with 33% (n=83). Spreadsheets
 290 are extensively used by those working in operations, Engineering Process, Scientific and
 291 Technical disciplines. All of which use numeracy to perform calculations and demonstrate new
 292 ideas or concepts. Understandably, teachers/lecturers working in the subject of wastewater
 293 engineering used spreadsheets the least, as they are less likely to use numerically
 294 conceptualise new ideas or concepts in a commercial context.



295
 296 **Fig. 6** Stacked bar chart showing the decision-making tool by specialism. Where the x-axis is showing the area of specialism;
 297 the y-axis, percentage of the respondents, with stacks representing the proportion of the sample-set used by the particular
 298 specialism. To the right of the legend entry, shown in brackets is the overall percentage of respondents, followed by the overall
 299 number of respondents.

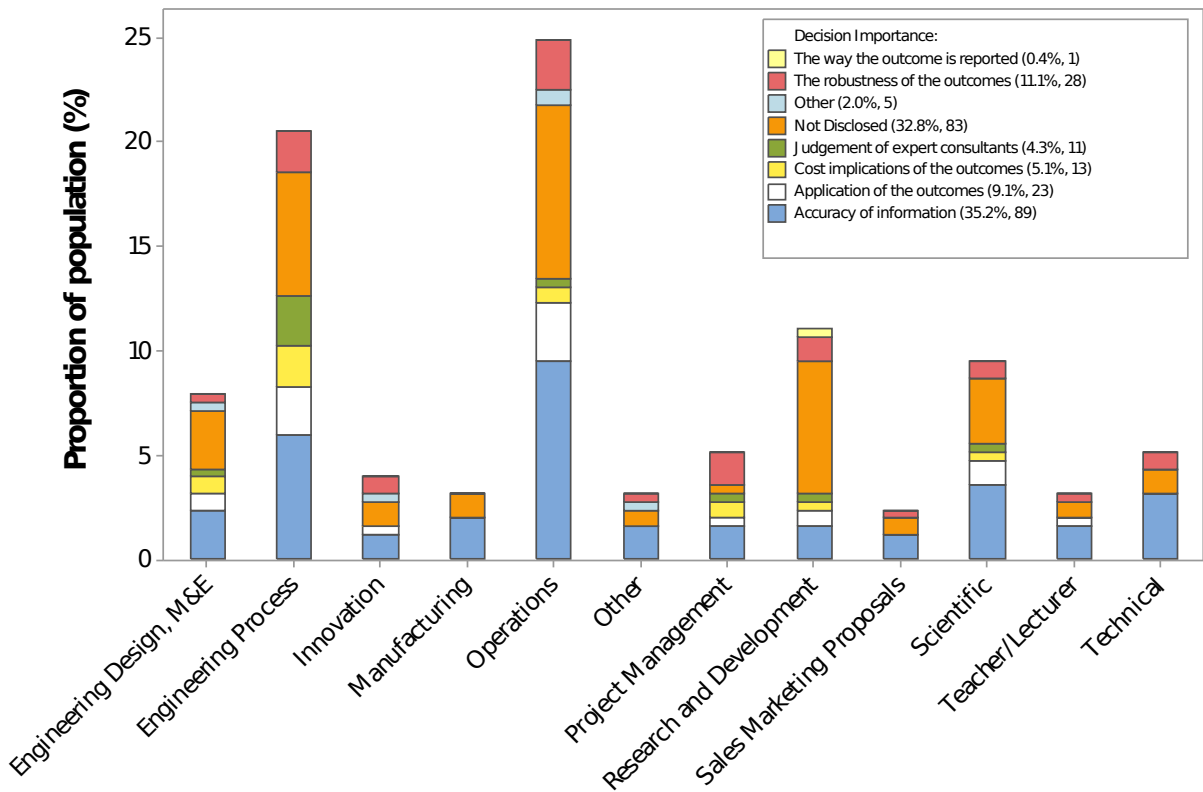
300 The second most popular method shown in Fig. 6 was simulation and EDSS, with 29%
301 ($n=72$) used by respondents to simulate wastewater treatment processes, while providing
302 some form of EDSS. The fractionation of packages and respondent use is continued in the
303 entries to Table 1. Engineering Process was the largest user of simulation and EDSS software
304 packages, with 26% ($n=19$) of the users which has a direct relationship with their primary job
305 function of delivering compliant wastewater treatment processes. Fig. 7 shows that those in
306 Engineering Process who disclosed a reason for using simulation and EDSS used these tools
307 to provide 'accuracy of information'. Other studies have found that EDSS and simulation have
308 also been used to reduce the cognitive demand required, using models based on adaptations
309 of the IWA benchmark simulation models (Copp, 2000; Dalmau et al., 2006; Lorenzo-Toja et
310 al., 2016). Fig. 6 also demonstrates that EDSS and simulations are presently limited to
311 numerically qualified engineers and those with the education and training to calibrate the
312 underlying models, due to the large number of complex parameters (Bachis et al., 2015;
313 Cosenza, Mannina, Vanrolleghem, & Neumann, 2013; Zeng, Soric, & Roche, 2013).

314 The third-largest method used was Written Notes, with 10% ($n=25$) of respondents
315 favouring them as a method of decision support (Fig. 4). For an industry where non-
316 compliance with treatment standards can have severe environmental impacts, this is
317 somewhat concerning, due to the risk of loss and destruction of important wastewater
318 process information. Furthermore, information stored in this way prevents data mining and
319 in-depth statistical analysis (knowledge management). The most significant users of Written
320 Notes were respondents in Operations with 13% ($n=8$), followed by Engineering Process and
321 Engineering Design (M&E), with 8% ($n=4$) and 15% ($n=3$) respectively. Operations respondents
322 were also least likely to disclose information, with 11% ($n=7$) choosing not to disclose the
323 decision-making tool used (Fig. 6), and 33% ($n=21$) for the decision importance (Fig. 7). In an

324 industrial context, operational staff are likely to value empirical knowledge rather than
325 statistical numerical information, keeping written notes on observations. The importance of
326 these observations has been noted by Hernández-Chover, (2019) when performing cost
327 analysis on age-related, wastewater process deterioration.

328 Mathematical Modelling is used by 9% ($n=23$) of respondents, with Research and
329 Development (R&D) the most significant users of Mathematical Modelling software tools,
330 with 25% ($n=7$) of the grouped data (Fig. 6). This observation corresponds with the findings of
331 Lee (2017), who found mathematically modelling technology opportunities for R&D project
332 selection allowed exploitation of short lifecycle technologies. Therefore, R&D project
333 selection favours the use of mathematical modelling packages, such as MATLAB[®], Octave, and
334 Python due to the multi-objective digital manipulations that can be achieved from large
335 datasets. The second most significant users of Mathematical Modelling tools were
336 Engineering Process, with 9% ($n=5$) of the grouped data and Operations with 6% ($n=4$). Both
337 disciplines perform numerical manipulations for the justification of process engineering
338 design concepts and operational changes, so it is common for accurate modelling tools to be
339 used (Ebrahimi *et al.*, 2017). This corresponds with Fig. 7, where Engineering Process and
340 Operations value the 'Accuracy of information'. Evidence of this was also found in the overall
341 number of respondents, where 35% of respondents ($n=89$) considered 'Accuracy of
342 information' most important when making a decision (Langergraber, Pressl, Kretschmer, &
343 Weissenbacher, 2018). This is followed by the 'Robustness of outcomes', with 11% ($n=28$) and
344 'Application of outcomes', with 9% ($n=23$). Cost implications of outcomes and the judgement
345 of expert consultants were considered least valuable by respondents with 5% ($n=13$) and 4%
346 ($n=11$) respectively. Out of all the groups Engineering Process had the highest appreciation
347 for the 'Cost implications', which forms a large part of their role, where process optimisation

348 can substantially reduce operational costs (Serdarevic & Dzibur, 2019). Conversely,
 349 Manufacturing, Innovation, Sales Marketing proposals and Technical showed no
 350 consideration for the 'Cost implications of the outcomes'. Furthermore, they are least likely
 351 to use the judgement of expert consultants to generate decisions.



352
 353 **Fig. 7** Stacked bar chart showing decision importance by specialism. Where the x-axis is showing the area of specialism; the
 354 y-axis, percentage of the original sample population, with stacks representing the proportion of the sample-set used by the
 355 particular specialism. To the right of the legend entry, shown in brackets is the overall percentage of respondents, followed
 356 by the total number of respondents.

357 **3.3. Summary of software application use**

358 Software applications were used by a minority of respondents (29%, n=72), with only
 359 9% (n=23) disclosing the type of software they used. Table 1 shows the software applications
 360 used by respondents, along with their specialism and software application use in h.week⁻¹.
 361 Ten software applications were used by respondents, covering Asset design/management,

362 Simulation EDSS, Mathematical Modelling and Statistics. The most popular software
363 applications were Spreadsheets, with 33% ($n=83$) of respondents, where Engineering Process
364 and Operations were the most extensive users (Section 3.2). Hence, Engineering Process, and
365 in particular Operations are thought to use spreadsheets because they are a convenient tool
366 for capturing empirical, experience-based process data. Moreover, where operations have a
367 greater appreciation of overall plant performance; they can effectively intuitively screen
368 uncertainty in datasets using expert judgement. The second most popular software
369 application, used by a wide range of technical specialisms, was BioWin, by EnviroSIM
370 (EnviroSIM, 2018). The most significant users of BioWin were Engineering Process ($n=4$), using
371 the application for a mean of 11.8 h.week⁻¹. From the qualitative data, the users of BioWin
372 favoured time savings ($n=2$) and the reduction in the potential for errors ($n=2$). Users also
373 stated they used the dynamic analysis and valued the wastewater process plant insights it
374 gave. Moreover, they used BioWin to extend internal knowledge, such that process models
375 can be applied widely within their organisation. This indicates that users of BioWin,
376 particularly in the Engineering Process specialism use it to generate dynamic plant-wide
377 simulations of existing wastewater treatment processes (Li, Nan, & Gao, 2016; Liwarska-
378 Bizukojc & Biernacki, 2010; Nghiem et al., 2017).

379 Matlab/R was the third most used software application (35% ($n=8$)), with an even
380 utilisation in Engineering Design M&E, Engineering Process, R&D and Operations ($n=2$).
381 Therefore, as described in Section 3.2, Mathematical Modelling packages are being used by
382 those performing conceptual modelling of wastewater treatment processes. Users spent a
383 mean of 13.1 h.week⁻¹, which was the highest software application use; however, there was
384 considerable variation in results, which is evident in the median value of 8.8 h.week⁻¹. When
385 considering the qualitative data, the essential themes were that the majority ($n=3$) of

386 Mathematical Modelling software users preferred to use the software for the fair comparison
 387 of options and to reduce the time taken for mathematical simulations. This is also well
 388 documented in the literature with mathematical models in most following the IWA
 389 Benchmark simulation modelling methodology (IWA, 2018; Jeppsson et al., 2007; Vrecko,
 390 Gernaey, Rosen, & Jeppsson, 2006). Matlab/R are also well documented in the literature,
 391 particularly when optimising wastewater treatment processes using machine learning
 392 techniques and simulations (Bagheri *et al.*, 2015; Moon, Kim, & Linninger, 2011). Therefore,
 393 it is anticipated that the number of wastewater professionals and academics using
 394 mathematical modelling will increase over time to test and validate methodologies for the
 395 predictive optimisation of wastewater treatment processes. However, before that can
 396 happen a better understanding of resilience and separation of the stressor from process
 397 stress as shown in Fig. 2.

398 *Table 1. Respondent use of software applications, as primary and secondary applications. With n shown in round brackets to*
 399 *the right of the tabulated values. Median usage values are shown in square brackets beneath the mean.*

Software application	Application	Specialism (n)	Primary utilisation (%) (n)	Secondary utilisation (%) (n)	Usage (h.week ⁻¹)
Aspentech	Asset design/management	Manufacturing (1.0)	4.34 (1.0)	0.00 (0.0)	^{15.00 (1.0)} [5.00]
BioWin	Simulation EDSS	Innovation (1.0)	21.73 (5.0)	13.04 (3.0)	11.78 (8.0)
(EnviroSim)		Research and Development (1.0)			[11.25]
		⁴ Engineering Process (4.0)			
		Scientific (1.0)			
		Engineering Capacity (1.0)			
Excel	All applications	Engineering Design M&E (7.0)	8.69 (2.0)	4.34 (1.0)	7.70 (5.0)
		Engineering Process (23.0)			[10.00]

		Innovation (1.0)			
		Operations (22.0)			
		Project Management (5.0)			
		Research and Development (8.0)			
		Sales Marketing Proposals (3.0)			
		Scientific (6.0)			
		Technical (7.0)			
GPS-X	Simulation EDSS	¹ Innovation (1.0)	17.43 (4.0)	4.34 (1.0)	6.13 (2.0)
(Hydromantis)		Research and Development (1.0)			[6.13]
		Scientific (1.0)			
Hach	Asset	Engineering Process (1.0)	8.69 (2)	0.00 (0.0)	-
(WIMS™)	management				
MatLab/R	Mathematical	Engineering Design M&E (2.0)	8.69 (2)	26.08 (6.0)	13.07 (8.0)
	modelling	Engineering Process (2.0)			[8.75]
		Operations (2.0)			
		Research and Development (2.0)			
Minitab	Statistics	Operations (1.0)	8.69 (2)	0.00 (0.0)	3.50 (2.0)
		Teacher/Lecturer (1.0)			[3.50]
Maximo	Asset management	Asset Maintenance (1.0)	4.34 (1)	0.00 (0.0)	2.00 (2.0)
					[2.00]
Simba	Simulation EDSS	¹ Engineering Process	4.34 (1)	0.00 (0)	8.00 (1.0)
					[8.00]
West (MIKE)	Simulation EDSS	¹ Teacher/Lecturer	8.69 (2)	0.00 (0)	4.25 (2.0)
					[4.25]

400 GPS-X by Hydromantis followed Matlab/R in the rankings (Hydromantis
401 Environmental, 2018). Although fewer respondents used GPS-X, it was still used equally by
402 Innovation, R&D and Scientific disciplines for a mean of 6.1 h.week⁻¹. This corresponds with
403 the outcomes of BioWin in Table 1, which showed the same user groups. Minitab statistical
404 analysis software was used for a mean of 3.5 h.week⁻¹ to provide a “comparison of options”
405 by respondents in both operations and academia (Minitab LLC, 2019). Although other

406 software applications were used, the small number of respondents for each means they are
407 not considered in the discussion.

408 As shown in Table 1, software applications are used to support the decision-making
409 process for wastewater treatment process plants. However, only 42% ($n=30$) of the overall
410 respondents used the outputs from analytical software applications to make decisions at an
411 organisational level. The majority of respondents considered their method of decision making
412 as accurate (89%, $n=152$). Of the remaining, 11% ($n=18$) that were not confident in their
413 decision making strategy, the largest population were students (22%, $n=4$), followed by junior
414 level employees (17%, $n=3$). The specialisms with least confidence in decisions were
415 Engineering Process (22%, $n=4$), followed by Scientific and R&D, with 17% ($n=3$). Possibly
416 showing those with higher technical expertise had a greater appreciation for wastewater
417 processes and perhaps recognised the complexity of decision making.

418 In this study, 29% ($n=72$) of respondents used software applications to support
419 decisions with only 9% ($n=23$) stating the application they used. The limited use of EDSS
420 ($n=14$) is a worrying prospect and means that numerous methods are being used, but with
421 33% of information stored in Spreadsheets; knowledge is held discretely and is not available
422 for future reference (Abubakar, Elrehail, Alatailat, & Elçi, 2019). There has been much
423 research undertaken in Simulation and EDSS, but full-scale testing has been rare (9% of
424 publications) and relatively few commercial software tools have been developed (Corominas
425 *et al.*, 2018). However, 35% of those using EDSS software applications also perform
426 mathematical modelling. Therefore, industry and academia are producing mathematical
427 models to fit specific applications and achieve the required level of accuracy. Therefore, to

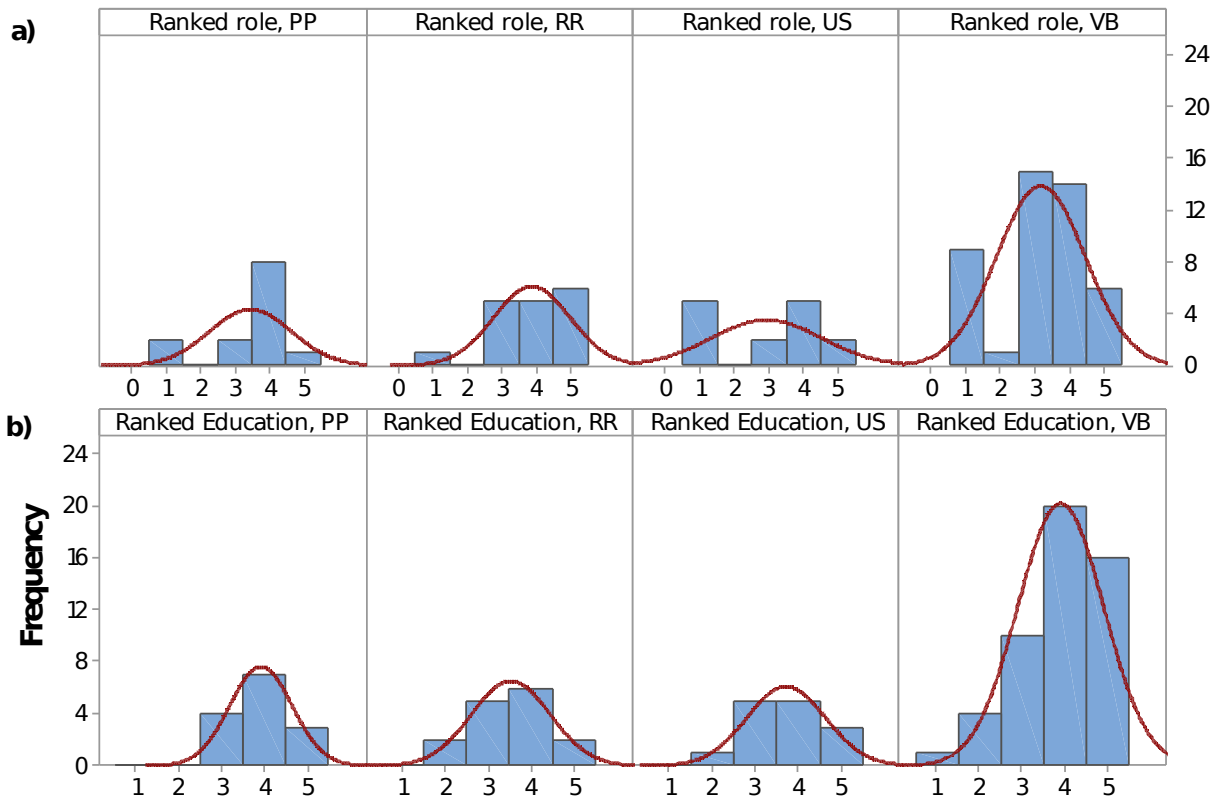
428 increase the transfer of research methods into software applications, it is first critical to gain
429 an appreciation for user requirements, to ensure take-up.

430 **3.4 Process stress and benchmarking**

431 In order to understand the concept of stress in wastewater treatment processes, it is
432 first essential to gain an industrial and academic perspective of the term 'stress'. So
433 respondents were asked to state their understanding of process stress in wastewater
434 treatment processes. The results showed commonalities in respondent answers, so responses
435 were coded and grouped, as shown in Fig. 8, from PP to VB. Each code relates to a particular
436 interpretation of process stress in wastewater treatment processes, which was provided by
437 qualitative answers from the respondent population. Furthermore, to understand the
438 influence of education level and work seniority, a ranking was applied between one and five.
439 Each level of rank relates to seniority, from one the lowest to five the highest: 1) represents
440 secondary school education; 2) A-Level, HND/C or associate degree; 3) BSc, BA or BEng; 4)
441 MSc and 5) EngD or PhD. When considering role the rankings are; 1) represents student,
442 trainee, junior level or employee general; 2) supervisory level; 3) manager, practitioner or
443 section lead; 4) senior practitioner or senior manager and 5) head of department or director.

444 The results in Fig. 8 show the largest group in the respondent population, for both,
445 ranked role and education, considered process stress a Variance from a Benchmarked
446 condition (VB), with 51% ($n=45$) and 57% ($n=51$) respectively. The largest demographic within
447 VB in Fig. 8, were those educated at BSc, BA, BEng or Masters level (3-4) in a senior
448 practitioner or senior manager role (4). Overall, the largest specialism in VB group was from
449 Engineering Process with 32% ($n=45$) who are likely to work to mitigate the negative impact
450 of variations from a benchmarked condition. From the qualitative data, respondents

451 interpreted VB as a negative variation from the standard operating performance of a
452 wastewater process or plant (benchmark). The second-largest group was Risk Reduction (RR),
453 which relates to the reduction of effluent compliance failures by using an empirical or
454 experience-based judgement on the level of process stress. The largest demographic in this
455 group were those educated to Masters or EngD/PhD level in Head of Department/Director
456 roles. Therefore, those that consider process stress as RR show a slight bias towards the more
457 highly qualified in the most senior roles. Those with the least education (1-2) were also highly
458 likely to consider process stress as a VB or were Un-Sure (US) of what the term meant.
459 However, although the least educated have an appreciation of process stress as a VB; the
460 qualitative data tells a slightly different story. It indicates that the least educated (1-2) are
461 heavily reliant on a visual means of interpreting process stress and how it relates to adverse
462 process conditions, such as process overloading or mechanical failures (Langergraber *et al.*,
463 2018). This observation corresponds with the response from Operations who are less sure of
464 the term process stress, with 39% ($n=16$) Un-Sure (US) of the term.



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Fig. 8. Multiple coded frequency counts of variables histogram showing respondent understanding of process stress in wastewater treatment processes. Respondents are grouped by ranked role (a) and education (b), showing respondent understanding of process stress. With, ranked education and ranked role (1-5) on the x-axis and number of respondents (n) on the y-axis. Each pane groups the coded process stress (understanding) variables and the frequency distribution. Where process stress (understanding) codings are defined as; Process Performance (PP), Risk Reduction (RR), Un-Sure (US) and Variance from a Benchmark (VB).

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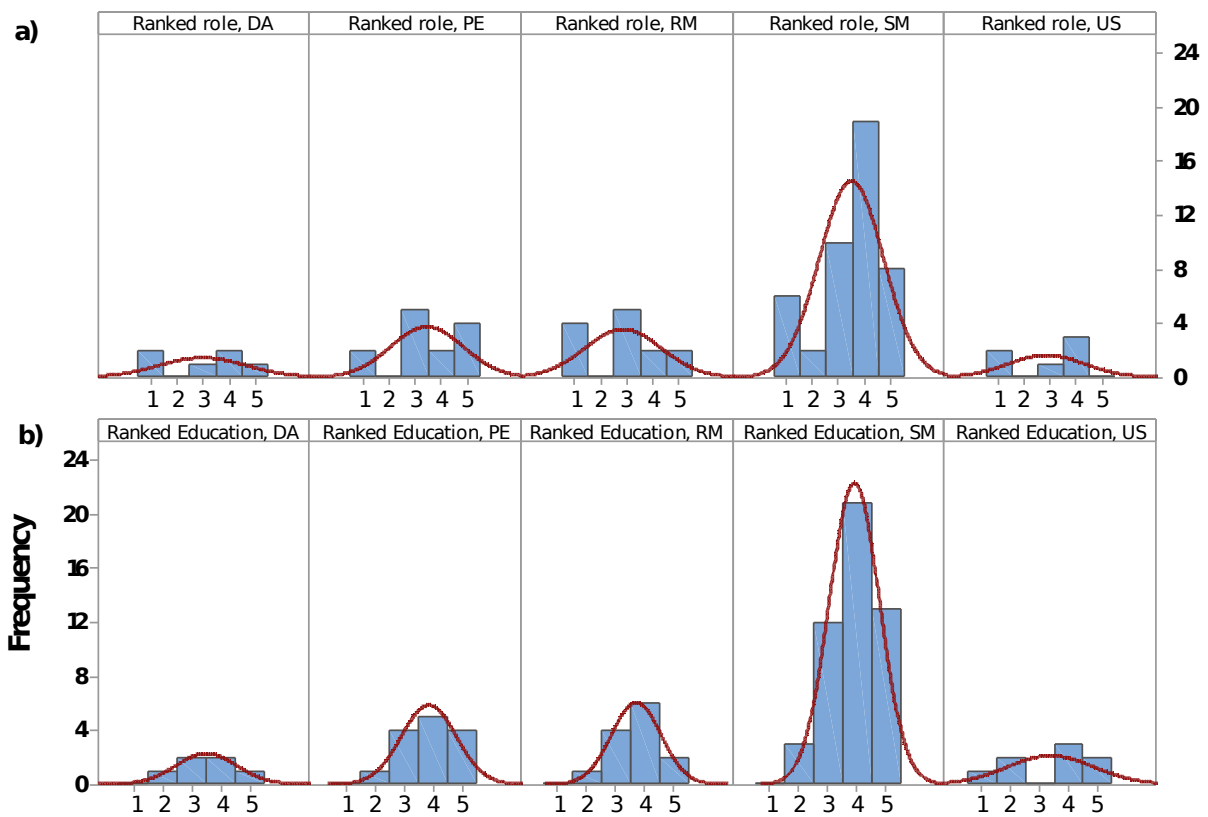
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Respondents were also asked to state what they considered most important about process stress in wastewater treatment processes. Again, respondent answers showed similarities in opinion, so responses were coded, as shown in Fig. 9, from DA to US. The rankings for the level of education and role (1-5) in Fig. 9 are the same as Fig. 8. The largest grouped respondent population in Fig. 9a and Fig. 9b were those that considered Stress Measurement (SM) most important in wastewater treatment processes, with 54% (n=51). The highest contribution of respondents that viewed SM as most important was those educated to Masters level (4) (n=21) in a Senior Practitioner or Senior Manager role (4) (n=19). This

480 observation also correlates with VB in Fig. 8; however, it should be noted there is an overall
481 bias in the respondent population toward those educated at Masters degree level, with 32%
482 ($n=78$), acting as both, Head of Department/Director (5) and Senior Practitioner/Manager (4),
483 with 26% ($n=61$). Therefore, those with a Masters degree and in a senior role have identified
484 a definite requirement to measure process stress. When respondents were asked if an
485 analytical tool for the measurement of process stress would be useful to them 82% ($n=96$)
486 answered 'yes'. Qualitative responses also correlated, with respondents identifying a
487 requirement for a tool that considers and analyses process stress. However, there is a
488 significant difference in opinion on how it should be applied to wastewater treatment
489 processes. This observed difference in opinion is thought to relate to the broad range of
490 specialisms, role and education level of respondents in this study and, range of departmental
491 and specialist decision bias.

492 The second-largest respondent population in Fig. 9 was Process Efficiency (PE) and
493 Resource Measurement (RM), with 16% ($n=15$) and 17% ($n=13$) respectively. From the
494 qualitative data, respondents that valued PE found the direct measurement and analysis of
495 process stress in wastewater treatment processes as important. Whereas, respondents that
496 valued RM were interested in the quantification of resources associated with the operation
497 and maintenance wastewater treatment processes. These resources include operational
498 resource (labour), operational maintenance (O&M), safety protection equipment and less
499 tangible resources such as knowledge and experience. This human resource (operational
500 labour) observation is not well covered in the literature, with the IWA, (2018) operational cost
501 Index (OCI) only accounting for the direct costs associated with the wastewater treatment
502 process operation. Although accounting for power, chemicals and returns from CH_4 generated
503 in anaerobic digestion it excludes operational resource which can be a significant contributor

504 to operational costs. To summarise the similar numbers of respondents for RM and PP
 505 correlate with VB shown in Fig. 8, where physical resources can have a direct impact on
 506 process efficiency and in-turn increase the negative variation from a benchmarked operating
 507 condition. Moreover, the consensus of those in industry and academia is that process stress
 508 is the negative magnitude of stressor influence on a wastewater process from a benchmarked
 509 condition.



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511 **Fig. 9** Multiple coded frequency counts of variables histogram showing respondent understanding of the importance of
 512 process stress in wastewater treatment processes. Respondents are grouped by ranked role (a) and education (b), showing
 513 respondent understanding of process stress importance. With ranked education and ranked role (1-5) on the x-axis and
 514 number of respondents on the y-axis. Each pane groups coded process stress (importance) variables and the frequency
 515 distribution. Where process stress (importance) codings are defined as; Data Accuracy (DA), Process Efficiency (PE), Resource
 516 Measurement (RM), Stress Measurement (SM) and Un-Sure (US).

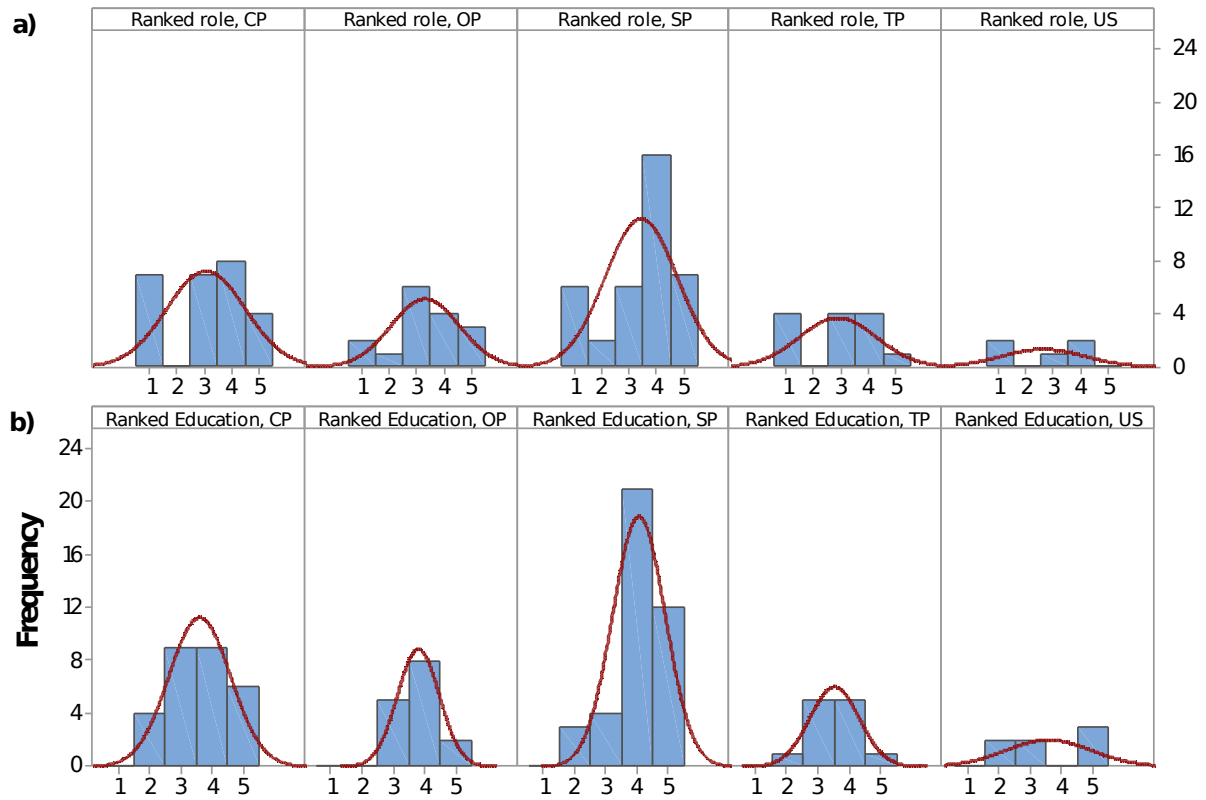
517 As a fundamental part of resilience theory, benchmarking is used to measure changes
 518 in operating conditions from a standard base measurement (Sweetapple et al., 2019). To

519 evaluate the academic and industrial understanding of the term benchmark, respondents
520 were asked how benchmarking relates to their present role. Again, commonalities were found
521 in respondent descriptions, so they were coded from CP to TP, as shown in Fig. 10. The same
522 rankings, used in Fig. 8, were used for education and role level (1-5), with one the lowest and
523 five the highest. This again, allowed segregation of opinion based on education level and role
524 to and the grouped understanding of the term benchmark.

525 The largest grouping in Fig. 10 was Starting Point (SP), with 39% ($n=42$). Therefore, the
526 majority of respondents understood the term 'benchmark' as a SP, from which changes can
527 be made and scenarios simulated. This observation was also confirmed by the largest
528 respondent specialism within the group, which was Engineering Process ($n=15$) who are
529 directly responsible for engineering and making informed process changes. The education
530 ranking remained the same as Fig. 9, where those educated to Masters level (4) in a Senior
531 Practitioner/Senior Manager role were most likely to understand the concept of a benchmark
532 as a SP. Thus, variations from a SP are recognised as a variance from standard operation
533 conditions, which Juan-García *et al.*, (2017) defined as the influence of a stressor. Therefore,
534 when the stressor (cause) is separated from process stress (effect) in wastewater treatment
535 processes, the magnitude of the reaction produced by a stressor gives insight into the
536 instantaneous measure of process stress (Butler *et al.*, 2016).

537 The second-largest respondent population was Comparison Point (CP), where
538 respondents understood 'benchmark' as a point from which comparisons can be made, with
539 27% ($n=29$). Roles were more evenly distributed for CP as shown in Fig. 10a, but the overall
540 bias is toward those on a Senior Practitioner/Manager role, whereas ranked education level
541 shows a more gaussian trend with both those with BSc, BA or BEng and Masters degrees

542 showing the highest proportions. Those respondents understanding benchmark as an OP
 543 were most likely to have a Masters degree (4) and work in a supervisory capacity.

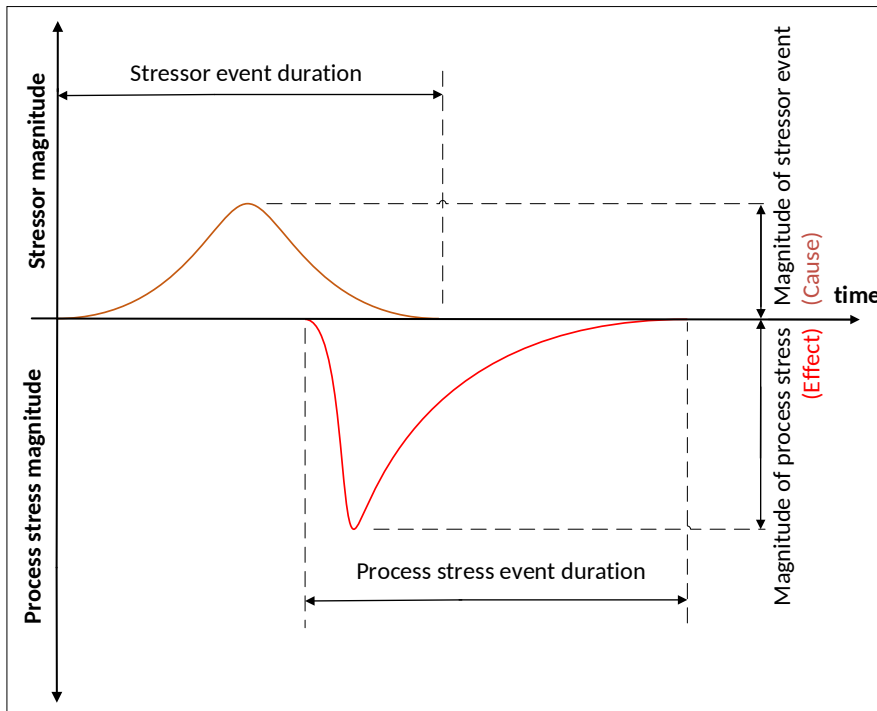


544

545 **Fig. 10** Multiple coded frequency counts of variables histogram, grouped by ranked role (a) and education (b), showing
 546 respondent understanding of the term 'benchmark'. With ranked education and ranked role (1-5) on the x-axis and number
 547 of respondents on the y-axis. Each pane groups coded 'benchmark' variables and the frequency distribution. Where
 548 benchmark codings are defined as; Comparison Point (CP), Optimal Point (OP), Starting Point (SP) and Target Point (TP) and
 549 Un-Sure (US).

550 To summarise, the concept of process stress was well understood as the negative
 551 variance from a benchmarked condition. Overall, the consensus from the respondents was
 552 that process stress in wastewater treatment is a potentially useful performance measure.
 553 Those with Masters Degrees/PhDs (4-5), with senior and directorial roles (4-5) having the best
 554 appreciation of process stress in wastewater treatment processes. This bias is thought to be
 555 related to the high level of education, which gives them a better theoretical basis for
 556 understanding process stress in wastewater treatment processes. An extremely significant

557 observation was that 82% (n=96) of respondents considered an analytical tool for the
558 measurement of stresses in wastewater treatment as important.



559

560 Fig. 11 Decoupling the stressor from process stress.

561 The results show that the understanding of benchmark varies dependent on how it is
562 used, but in this study, with the majority considering it a starting point. Therefore,
563 benchmarking sets a point, from which, adjustments are made to simulate process and
564 operational changes. This analogy fits the description provided by Jeppsson *et al.*, (2007) of
565 'objectively evaluating the performance of control strategies by simulating them using a
566 standard model implementation'. Combining the understanding of benchmarking stated here
567 and the concept of process stress isolates the requirement to analyse stresses in wastewater
568 treatment processes. Hence, analysing the stressor independent of the process stress as
569 shown in Fig. 11 will improve the understanding of resilience while allowing the exploitation
570 of more sophisticated analytical methods such as machine learning.

571 **4. Conclusions**

572 This research article confirms the requirement to measure and analyse process stress
573 in wastewater treatment processes, with 82% of respondents stating that an analytical tool
574 would be useful to them. Respondents were able to conceptualise process stress in
575 wastewater treatment processes, viewing it as the negative variance from a benchmarked
576 condition. Furthermore, participants also had a good appreciation of benchmarking and their
577 responses correlated well with IWA benchmark simulation modelling.

578 This research has identified that resilience and term 'stressor' encompasses two parts;
579 first the stressor (cause) second the process stress (effect), both acting dynamically.
580 Therefore, when isolating process stress, a positive and negative variation from a
581 benchmarked condition demonstrates the magnitude of a stressor and, in-turn process stress
582 in an existing wastewater process. However, respondent understanding of process stress was
583 limited to under capacity (negative variance), whereas overcapacity was not covered but
584 presents unique challenges. A worrying observation in this was that 33% of respondents still
585 used personal or company-specific Spreadsheets and 10% used Written Notes. Therefore,
586 there is a significant variation in how information (Knowledge) is stored and managed, where
587 information in spreadsheets and written notes has the potential for data loss or manipulation.

588 This research has highlighted the need for further research in the development of a
589 robust method for the measurement and evaluation of stresses in wastewater treatment
590 processes. Process stress measurement is likely to have far-reaching benefits with
591 applications to, physical, biological and chemical processes, both inside and outside the
592 wastewater industry. More importantly, it will play a crucial role in the management of
593 environmentally generated stresses in existing wastewater treatment processes due to
594 climate change. In addition, industrial and academic consultation is required support

595 observations noted by other researchers, in particular the uptake of analytical software tools,
596 where only 29% of respondents in this survey used them.

597 Overall, both industry and academia require analytical methods, which measure
598 stresses in existing wastewater treatment processes. Moreover, future methods should be
599 used to supplement resilience to allow researchers to exploit machine learning and
600 knowledge generation for the optimisation of wastewater treatment processes.

601 **Acknowledgements**

602 The University of Portsmouth funded this research, with additional support provided by
603 Southern Water Services Ltd.

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