

1 **The Benefits of a Self-Generated Cue Mnemonic for Timeline Interviewing**

2

3 Feni Kontogianni^{a*}, Lorraine Hope^a, Paul J. Taylor^b, Aldert Vrij^a, Fiona Gabbert^c

4

5 ^a University of Portsmouth, UK

6 ^b Lancaster University, UK, and University of Twente, NL

7 ^c Goldsmiths University of London, UK

8

9

10

11

12

13

14

15 *Corresponding author: Correspondence should be addressed to Feni Kontogianni, Department

16 of Psychology, University of Portsmouth, Portsmouth, PO1 2DY. Email:

17 Feni.kontogianni@port.ac.uk

18

19

20

21 Word count: 4.754 (excluding references and figures)

22 Introduction: 1.238

23 Discussion: 835

47 **General Audience Summary**
48 Reliable information is critical for investigations in forensic and security settings, however
49 obtaining reliable information about complex events can be challenging. In this research, we
50 extend the Timeline Technique, which uses an innovative and interactive procedure where
51 details are reported on a physical timeline. To facilitate remembering we tested two additional
52 mnemonics, Self-Generated Cues (SGC), which witnesses produce themselves, against Other-
53 Generated Cues (OGC) which are suggested by the interviewer. One hundred and thirty-two
54 participants witnessed a multi-perpetrator theft under full or divided attention and provided an
55 account using the Timeline comparing the efficacy of SGC, OGC, and No Cues (control). Mock-
56 witnesses who used Self-Generated Cues provided more correct details than mock-witnesses in
57 the Other-Generated or No Cues conditions, with no cost to accuracy, under full but not under
58 divided attention. Promising results for SGC suggest that this mnemonic might be a useful
59 addition to current interviewing techniques.

60

61

62

63

64

65

66

67

68

69

70 **The Benefits of a Self-Generated Cue Mnemonic for Timeline Interviewing**

71 Successful criminal and intelligence investigations rely on detailed and accurate
72 information from suspects, witnesses, victims, and informants (Borum, Gelles, & Kleinman,
73 2009). However, memory for experienced events is fallible and hence, sometimes inaccurate and
74 often incomplete (Frenda, Nichols, & Loftus, 2011; Loftus, 2003). Obtaining high-quality
75 information can become even more difficult in cases of complex multi-perpetrator events
76 witnessed under challenging conditions. Given that 25% of violent crimes committed by
77 strangers involve four or more perpetrators (Office for National Statistics, 2015), and that group
78 involvement is common in terrorist activities (Ozgul, 2016), reporting of multi-perpetrator events
79 is relevant in both forensic and security contexts. To date, only a small body of empirical
80 research has examined ways to improve intelligence gathering practices with calls for more
81 focused contributions in this area (Granhag, Vrij, & Meissner, 2014). The current research
82 extends the Timeline Technique (Hope, Mullis, & Gabbert, 2013), which uses an innovative
83 reporting format to enhance retrieval of complex events, by testing the introduction of a new
84 mnemonic, Self-Generated Cues (SGC), to facilitate recall for multi-perpetrator events witnessed
85 under optimal (full attention) and sub-optimal conditions (divided attention).

86 **Use of Cognitive Mnemonics in Interviewing**

87 The use of mnemonics is already embedded in gold standard investigative interviewing
88 practices. One example is the Mental Reinstatement of Context (MRC) of the Cognitive
89 Interview (CI; Fisher & Geiselman, 1992). ‘Context reinstatement’ capitalizes on the notion that
90 recall increases when there is an overlap between the conditions present at encoding and at
91 retrieval (*encoding-specificity principle*; Tulving & Thomson, 1973; for a review, see Pansky,
92 Koriat, & Goldsmith, 2005). The administration of the MRC mnemonic, which typically elicits

93 more correct information than free recall (e.g., Dando, Wilcock, & Milne, 2009), involves
94 directing interviewees to think back to the surroundings, their emotional state, and their thoughts
95 around the time of the event (Memon, Wark, Bull, & Koehnken, 1997) using pre-defined generic
96 instructions.

97 Although the encoding-retrieval match appears to aid memory, it is the quality of cues
98 that moderates the extent to which retrieval improves (Nairne, 2002). Cues effectively facilitate
99 retrieval when they are distinctive in addition to satisfying the encoding-retrieval match (Tullis
100 & Benjamin, 2015; Watkins & Watkins, 1975). A distinctive cue uniquely matches a memory to
101 the exclusion of other related memories (*principle of cue overload*; Nairne, 2002). Therefore, to
102 be effective, cues need to be encoded within the context of the witnessed event (*encoding-*
103 *specificity principle*), and to offer diagnostic information identifying a single target to the
104 exclusion of others, rather than matching multiple related targets (i.e., matching but not
105 distinctive) (Goh & Lu, 2012; Nairne, 2002). To date, research on the efficacy of cues in
106 interviewing has mainly focused on cues generated by an interviewer, such as in the
107 administration of context reinstatement techniques. However, recent work (Wheeler, Gabbert,
108 Hope, Jones, & Valentine, 2017) examined a new mnemonic, Self-Generated Cues (SGC) and
109 found, across two studies, that self-generated cue techniques increased reporting, with no cost to
110 accuracy, in comparison to cues generated by another witness (other-generated cues), or free
111 recall.

112 Self-Generated Cues are salient details that are actively generated by the individuals
113 themselves and facilitate retrieval of a target memory. When episodic information is recalled,
114 stored traces are activated and these prompt related details, thereby “spreading activation”
115 throughout an associative network (Activation Theory; Anderson, 1983). Every attempt to

116 remember a detail strengthens the memory trace. The stronger the memory, the more likely it is
117 that it will be recalled later and that it will activate associated memories (Anderson, 1983).
118 Similarly, Anderson and Conway (1993) showed that, when asked to list event-details in free
119 recall, participants first listed “distinctive details” (i.e., “details that really stand out and make
120 that memory what it is”, p. 1188). Then they listed other details, highly associated with those
121 distinctive details. Thus, self-generation of distinctive cues can trigger related memories by
122 tapping on a common theme (Anderson & Conway, 1993; Belli, 1998). More recently, Berntsen,
123 Staugaard, and Sørensen (2013) showed that it is possible to activate specific involuntary
124 autobiographical memories in the lab, by manipulating the unique match between cue and item.

125 In light of Anderson and Conway’s (1993) findings, use of SGC (i.e., the most
126 memorable details), should trigger the retrieval of related event-details while excluding unrelated
127 details, thus satisfying both the encoding-specificity principle (Tulving & Thomson, 1973), and
128 the principle of cue overload (Nairne, 2002). Therefore, the present study tests the effectiveness
129 of SGC in comparison to Other-Generated Cues and No Cues (control) across timeline reporting
130 conditions. To maximize our test of the efficacy of SGC, in the OGC condition, we administered
131 standard MRC instructions as a generic mnemonic (i.e. not generated by the witness). Although
132 MRC instructions do not provide directive cues to specific aspects of an event, they suggest
133 aspects the rememberer might focus on during retrieval. Following Wheeler et al. (2017), we
134 predicted that use of SGC would activate unique associated memories, thus facilitating higher
135 rates of correct recall. To examine the effectiveness of cues, and given previous research
136 showing that accounts can be incomplete despite being accurate (Hope, Gabbert, & Fraser, 2013;
137 Smeets, Candel, & Merckelbach, 2004), we also explored how the use of mnemonics affects
138 account completeness for critical details.

139 Obtaining information using the Timeline Technique

140 The Timeline Technique (Hope et al., 2013) uses a reporting format with a physical
141 timeline to facilitate retrieval of multi-perpetrator events. In Hope et al. (2013), the Timeline
142 Technique elicited more accurate information than free recall for a multi-perpetrator event and
143 enhanced the reporting of connections between perpetrators and actions, at immediate testing and
144 after a two weeks' delay. Importantly, instead of asking for a linear narrative of the events, the
145 timeline format encourages witness-compatible reporting whereby interviewees can report events
146 as they remember them, at any point of the timeline, and re-arrange details if necessary. The
147 current study combines this reporting format with the distinctiveness of SGC to extend the
148 Timeline Technique and evaluate a novel mnemonic.

149 Attention and eyewitness memory

150 Given the role of attention for successful encoding of witnessed events (for a review, see
151 Pansky et al., 2005), a secondary aim was to examine recall under different encoding conditions.
152 When witnessing a real crime, the experience of stress or physiological arousal can divert
153 attention to aspects of the scene and/or to internal thoughts (Lane, 2006). However, laboratory
154 studies typically use optimal conditions where participants pay full attention (FA) to events, thus
155 possibly overestimating witnesses' memory performance (Ihlebaek, Løve, Eilertsen, &
156 Magnussen, 2003). Although there is some evidence of enhanced recall using cued versus free
157 recall when attention is divided (DA) at encoding (Backman & Nilsson, 1991), many studies
158 have shown that DA has a robust negative effect on later remembering across stimuli (e.g., word
159 lists, actions, pictures etc.; e.g. Craik, Govoni, Naveh-Benjamin, & Anderson, 1996; Mulligan,
160 2014; Naveh-Benjamin, Kilb, & Fisher, 2006). Using a mock-witness paradigm, Lane (2006)

184 **Stimulus event.** Consistent with Hope et al. (2013), the stimulus event was a multi-
185 perpetrator short film lasting 1 min 20s. The event showed an assault and robbery by five male
186 perpetrators against a female victim. The film starts with three males loitering by a parked car.
187 Two other males join them. A woman walks toward the group carrying a laptop computer bag
188 and tries to walk past them. They surround her and one male is seen threatening her with a
189 crowbar. Her bag is taken from her and passed between several perpetrators, while another
190 perpetrator films the incident on his cell phone. At the end of the event, the perpetrators run
191 away with the bag. Although there was an audio component to the video stimulus, this was
192 mainly background traffic / outdoor noise. The content of what was said by the gang members
193 was inaudible (in all conditions) and, as such, would not offer any additional information about
194 the incident or actions performed.

195 **Divided attention task.** Participants allocated to the divided attention condition listened
196 to an audio recording of a series of numbers and were instructed to respond by pressing a key
197 when an even number was heard (adapted from Naveh-Benjamin et al., 2006) while they
198 watched the stimulus event. The number of correct responses (hits) and reaction times to the
199 auditory task were recorded to verify that participants attended to the distraction task as
200 instructed. Participants who performed at lower than 50% success at the task (from a total of 18
201 hits) were to be excluded from analysis, however no participants had to be excluded on this
202 basis. As noted, one participant was excluded for not following the instructions (i.e. pressing a
203 key to every number and not to even numbers only).

204 **Timeline Technique.** The Timeline Technique consists of three elements: (1) a physical
205 cardboard timeline (33 in. x 12 in.) that has a horizontal line running at mid-point from one end
206 of the card to the other representing the temporal context during which the event occurred; (2)

207 blank, white, lined person description cards (5 in. x 3 in.); (3) blank yellow action cards with a
208 semi-adhesive strip on the back (3 in. x 3 in.) for easy removal and rearrangement on the
209 cardboard timeline.

210 **Other-Generated Cues Instructions.** Participants in the Other-Generated Cues
211 condition were administered a version of Mental Reinstatement of Context (MRC) instructions.
212 Consistent with the standard administration of MRC, participants were instructed to think back to
213 when they witnessed the event, to think about what they could see, what they could hear, what
214 the surroundings were, and what they were thinking and feeling at the time. Participants were
215 encouraged to consider whether each prompt helped them remember other things that occurred in
216 the event. Participants were also invited to close their eyes or look at a blank wall if it helped
217 them concentrate (Dando, Wilcock, & Milne, 2009).

218 **Self-Generated Cues instructions.** The instruction in the SGC condition was adapted
219 from Gabbert, MacPherson, and Hope (2014). Participants were instructed to write down the first
220 six things that they remembered seeing or thinking when viewing the event and to then focus on
221 each of these things one at a time, considering for each whether or not that memory helped them
222 remember other parts of the event. Participants were also encouraged to close their eyes or look
223 towards the wall to focus.

224 **Procedure**

225 Half of the participants watched the stimulus event while the other half watched the
226 stimulus event and simultaneously performed the auditory distraction task. All participants were
227 given the following instruction prior to watching the stimulus: “During the study, you will watch
228 a video of a crime event. Please pay attention because later you will be asked to provide an
229 account of the event.” Participants in the DA condition also received the following instruction:

230 “While you watch the video you will also listen to an audio recording of a series of numbers
231 through the headphones. Please press the “enter” key on the keyboard every time you hear an
232 even number”.

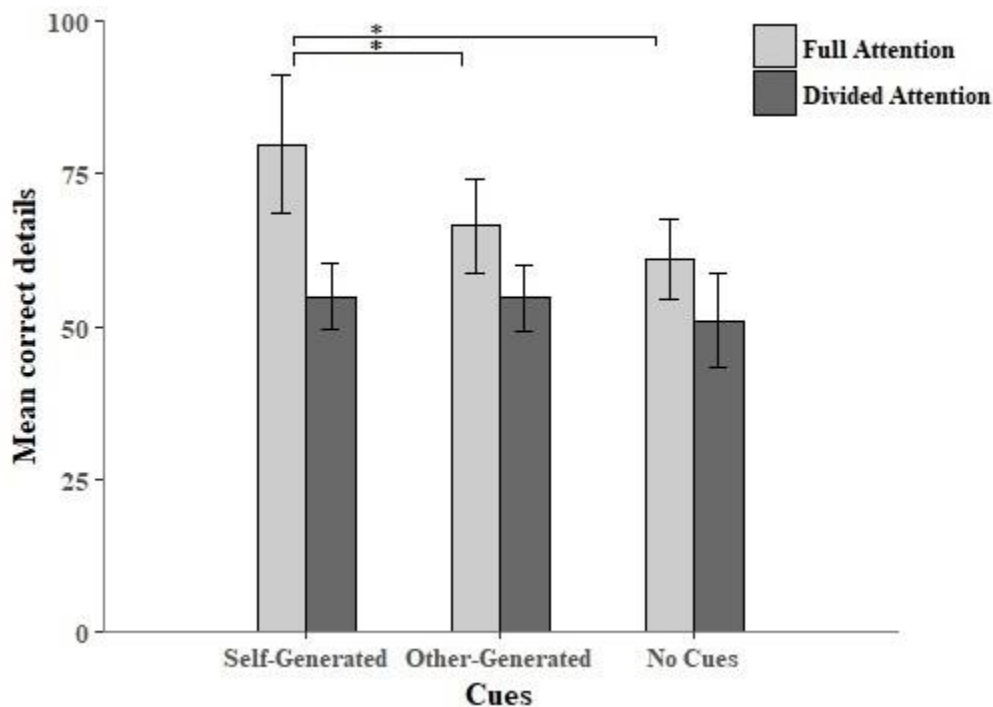
233 After witnessing the event, all participants completed a 10-minute filler task (Sudoku
234 puzzle). They were then moved to a different room and were given instructions for reporting
235 their account of what happened in the event using the timeline reporting format and the
236 instructions used in Hope et al. (2013). Participants in all conditions were told to report all the
237 details about the event and the people involved that they remember, without guessing.
238 Participants were instructed on how to use the person description cards to provide information
239 about the people involved by using a new card per each individual. They were also instructed to
240 use action cards to describe any actions and information about the sequence of the events. The
241 instructions further advised that they should place all the cards on the timeline format in order,
242 with links between the individuals reported and each action to show “who did what and when”.
243 Depending on condition, participants also received instructions to use Mental Reinstatement of
244 Context, or the Self-Generated Cues. Participants in the No Cues (control) condition did not
245 receive any further instructions and simply reported their account using the original Timeline
246 Technique reporting instructions. Participants were left alone in the room while providing their
247 account by completing the timeline format, although the researcher was available nearby to
248 answer any questions if necessary. Participants were not asked any questions about the witnessed
249 event by the interviewer. All participants were video-recorded while generating their accounts.
250 After participants finished providing their account, they were thanked and debriefed.

251 **Coding**

275 Reporting of Correct Details

276 A between-subjects ANOVA showed a significant main effect of Cues, $F(2,126) = 4.39$,
277 $p = .014$, $\omega^2 = .049$, for the number of correct details reported. Post hoc tests showed that, across
278 attention conditions, more correct details were reported in the Self-Generated Cues condition
279 than in the No Cues condition ($p = .012$). The number of correct details reported in the Other-
280 Generated Cues condition did not differ from the number of correct details reported in the Self-
281 Generated Cues ($p = .241$) and No Cues ($p = .718$) conditions. There was also a main effect of
282 Attention, $F(1, 126) = 24.78$, $p < .001$, $\omega^2 = .156$, with significantly more correct details reported
283 in the Full attention condition than in the Divided attention condition. The interaction between
284 Attention and Cues was not significant, $F(2,126) = 2.23$, $p = .111$, $\omega^2 = .018$. Bonferroni-
285 corrected pairwise comparisons showed that more correct details were reported in the Self-
286 Generated Cues condition than in either the Other-Generated Cues ($p = .046$) or No Cues ($p =$
287 $.002$) condition, under full attention, while there was no difference between conditions under
288 divided attention ($p = 1.00$). Results for the number of incorrect details are reported in
289 supplementary materials.

290 The effect of cues on the mean number of correct details reported within Full and
291 Divided attention conditions are presented in Figure 1.



292
 293 *Figure 1.* Mean number of correct details reported as a function of cues (Self-Generated Cues vs
 294 Other-Generated Cues vs No Cues) within Full and Divided attention conditions. Error bars
 295 represent ± 1.96 standard errors (95% confidence intervals). Asterisks indicate significant
 296 differences between cue conditions, $*p < .05$.

297 Accuracy Rate of Reported Details

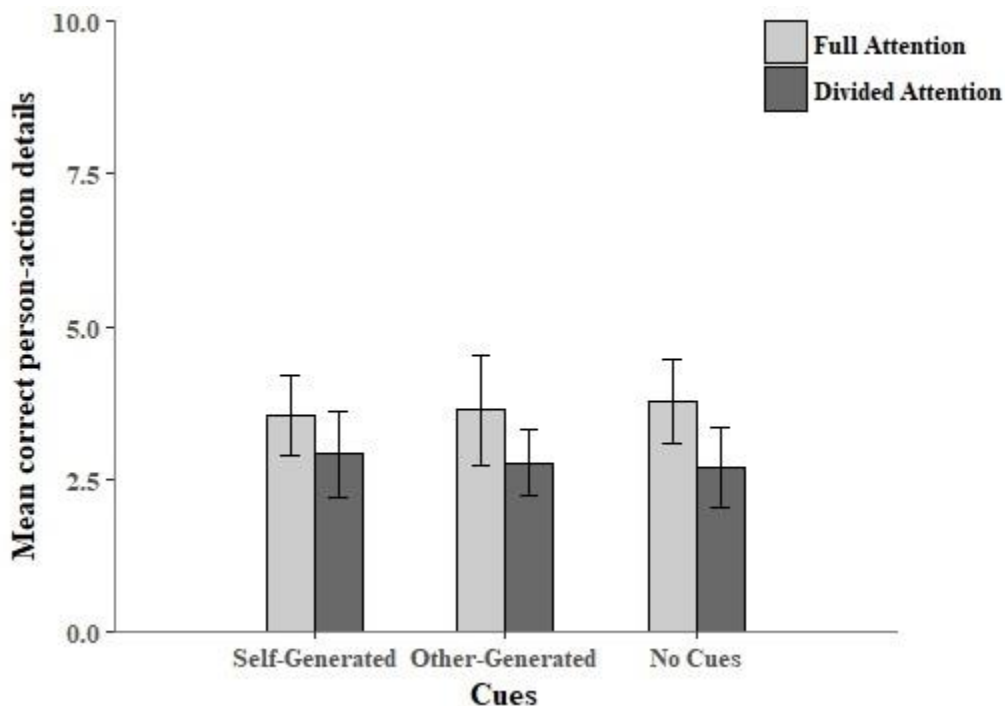
298 Accuracy rate was calculated by dividing the number of correct details by the sum of
 299 both correct and incorrect details (total number of items) to obtain the proportion of accurate
 300 reported information. Levene's test was significant ($p = .004$). A boxplot showed that the
 301 distribution was not symmetrical but negatively skewed with two outliers who had particularly
 302 low scores. However, given the overall robustness of the test, no action was taken. Analysis
 303 revealed a significant main effect of Attention, $F(1, 126) = 10.37, p = .002, \omega^2 = .068$, with
 304 higher accuracy rates in the Full (cf. Divided) attention condition. There was also a main effect
 305 of Cues, $F(2, 126) = 3.43, p = .035, \omega^2 = .036$, on accuracy rates. Post hoc tests with a Bonferroni

306 adjustment showed that across attention conditions, there was no significant difference between
307 the accuracy rate in the Self-Generated Cues condition and the accuracy rate in the Other-
308 Generated Cues ($p = 1.00$) or No Cues conditions ($p = .188$). However, the accuracy rate in the
309 Other-Generated Cues condition was significantly higher than the rate in the No Cues ($p = .039$)
310 condition. The interaction was not significant, $F(2,126) = .63$, $p = .536$, $\omega^2 = -.005$. Bonferroni-
311 corrected pairwise comparisons showed that there was no significant difference in accuracy rates
312 between Self-Generated Cues and Other-Generated Cues conditions ($p = 1.00$), Self-Generated
313 Cues and No Cues conditions ($p = .783$) or Other-Generated Cues and No Cues conditions ($p =$
314 $.932$) under full attention. Under divided attention, there was a significantly higher accuracy rate
315 in the Other-Generated Cues condition compared to the No Cues condition ($p = .036$), however
316 there was no significant difference between accuracy rates in the Self-Generated Cues and Other-
317 Generated Cues conditions ($p = .388$)

318 **Attribution of Actions**

319 With respect to correct person-action details, there was a significant main effect of
320 Attention, $F(1, 126) = 8.94$, $p = .003$, $\omega^2 = .058$, but not of Cues, $F(2,126) = .003$, $p = .997$, $\omega^2 =$
321 $-.007$. The interaction between Attention and Cues was not significant, $F(2,126) = .21$, $p = .814$,
322 $\omega^2 = -.012$. Results for incorrect person-action details are reported in supplementary materials.
323 The main effects for correct person-action details are presented in Figure 2.

324



325

326 *Figure 2.* Mean number of correct person-action details as a function of cues (Self-Generated
 327 Cues vs Other-Generated Cues vs No Cues) and attention (Full vs Divided attention). Error bars
 328 represent ± 1.96 standard errors (95% confidence intervals).

329 Accuracy Rate of Person-Action Details

330 With respect to the accuracy rate of person-action details, there was no significant main
 331 effect of Attention, $F(1, 126) = 2.08, p = .152, \omega^2 = .008$, or Cues, $F(2, 126) = .10, p = .910, \omega^2 =$
 332 $-.014$. The interaction was also not significant, $F(2, 126) = 2.77, p = .066, \omega^2 = .026$.

333 Sequence errors

334 There was a main effect of Attention $F(1, 126) = 4.19, p = .043, \omega^2 = .024$, but not of
 335 Cues, $F(2, 126) = .029, p = .971, \omega^2 = -.015$ on the total number of sequence errors reported by
 336 participants. The interaction between Attention and Cues for the total number of sequence errors
 337 reported by participants was significant, $F(2, 126) = 3.75, p = .026, \omega^2 = .040$. Pairwise

338 comparisons showed that there were significantly more sequence errors made with the use of
339 Other-Generated Cues under Full attention ($M = .55$, $SE = .05$) compared to the Divided
340 attention condition ($M = .05$, $SE = .02$) ($p = .001$). However, there was no difference between
341 attention conditions for the number of sequence errors made in the Self-Generated Cues ($p =$
342 $.377$) and No Cues ($p = .556$) conditions. Levene's test was significant for the analysis of
343 sequence errors ($p < .001$). Since the values in the reporting of sequence errors were overall very
344 low ($M = .30$, $SD = .52$), no action was taken to recover the assumptions violation. Instead,
345 emphasis was given to the fact that the overall mean number of sequence errors was low.

346 Results for the effects of Cues and Attention on the reporting of critical details and detail
347 type (person, action, object, setting) are reported in the supplementary materials.

348 Discussion

349 We tested the effectiveness of cognitive mnemonics used in conjunction with the Timeline
350 Technique under full and divided attention. As predicted, mock-witnesses who used Self-
351 Generated Cues (SGC) reported more correct details than mock-witnesses in Other-Generated
352 and No Cue conditions, at no cost to accuracy. However, this enhanced performance with SGC
353 was only observed under full attention. Participants under divided attention consistently reported
354 less correct information than those under full attention, and there was no effect of cues under
355 divided attention.

356 The apparent lack of benefit of SGC under divided attention is noteworthy. The sizeable
357 main effect of the divided attention task across cue conditions suggests that performing a
358 secondary task significantly challenged attentional processes and likely drew participants'
359 attention away from the target event, thus restricting encoding and retrieval (see also Marsh et
360 al., 2017, for a similar DA effect when participants were instructed to ignore distractions). These

361 findings are consistent with literature on the powerful effect of divided attention on remembering
362 (e.g., Craik et al., 1996) and, although it is not surprising that our task restricted encoding (as
363 intended), it is possible that the to-be-remembered information was not stored from the outset,
364 thus hindering retrieval despite the additional support of cues. Another possibility is that the
365 SGC manipulation was simply not powerful enough to access weakly encoded memories. Given
366 that research on the effectiveness of memory-enhancing techniques under sub-optimal encoding
367 conditions is limited, more research is needed to determine the most likely explanation. Research
368 should also examine the effectiveness of SGC possibly with more naturalistic divided attention
369 measures, such as using a smartphone or conversing (e.g. Marsh et al., 2017), to delineate the
370 limitations of the use of cues.

371 Nevertheless, mock-witnesses reported more correct information under full attention with
372 SGC than with OGC. Possibly, the use of SGC facilitated retrieval more effectively across the
373 whole event by activating the “stronger” memories (Anderson, 1983) that distinctively identify
374 associated targets (Nairne, 2002). It is also possible that initially identifying six event-details and
375 processing them further might contribute to the SGC advantage. By comparison, Other-
376 Generated Cues, administered here in the form of generic context-retrieval cues, failed to
377 activate as many event-details. Further research is needed to increase understanding about the
378 underlying mechanisms of SGC relative to more generic cues (e.g., OGC).

379 Another caveat to our finding of superior performance by SGC is that there was no effect
380 of cues on the reporting of critical details. Overall, only 50% of the critical details identified by
381 legal professionals were reported across conditions, suggesting that even highly accurate and
382 detailed accounts can be lacking in information relevant to investigators (see Hope et al., 2013;
383 Smeets et al., 2004). Notably, most of these critical details related to specific details of the

384 assault. It is possible that mock-witnesses did not appreciate the level of detail required or that,
385 given the brevity of the event, such details were poorly encoded or simply not salient for
386 participants and, therefore, not prompted by the SGC. Future research might examine whether
387 follow-up questioning facilitates the reporting of such details.

388 Regarding person-action links, there was no effect of cues on the number of correct
389 attributions of actions. Accounts of witnesses using SGC or OGC did not include more person-
390 action details than accounts of witnesses in the control condition, who only used the Timeline
391 Technique. Therefore, the use of mnemonics did not increase the reporting of person-action
392 details. Thus, features of the Timeline Technique (likely the use of different person and action
393 cards and the instruction to show “who did what when”) possibly drove the reporting of person-
394 actions details. Indeed, in Hope et al. (2013) reporting of person-action details did not differ
395 between participants when using the Timeline Technique to participants using person and action
396 cards only (Experiment 2). Given that SGC increased retrieval of correct information overall, but
397 did not improve the reporting of person-action details compared to use of the timeline alone, it
398 may be worth exploring whether SGC and timeline capitalize on different retrieval processes to
399 access different types of information.

400 Although our expectations about the benefit of SGC across encoding conditions were not
401 fully met, the results of SGC in the full attention condition are promising. Notably for applied
402 contexts where person descriptions are valuable in investigations (Brown, Lloyd-Jones, &
403 Robinson, 2008; Gabbert & Brown, 2015), witnesses who used SGC reported more person
404 details compared to other conditions, with person details being reported to a greater extent than
405 any other details.

406 Current findings suggest that, when attention at encoding has not been compromised,
407 Self-Generated Cues may be a useful addition to interviewing techniques as a retrieval support
408 mnemonic that promotes witness-led interviewing. In intelligence gathering, interviewers may be
409 unaware of what information interviewees possess and what is memorable to each interviewee.
410 Accordingly, the use of SGC may support the interviewing process by facilitating an open-
411 ended, largely self-administered report. Not only does this approach allow witnesses to report
412 event-details in their own words; it also limits the potential for use of inappropriate or leading
413 questions.

414 Author contributions

415 First and second author conceived the research idea. First author designed, conducted, and
416 analysed the research and wrote the research paper. Second, third, fourth, and fifth authors
417 provided feedback on the research and reviews on the research paper.

418 Acknowledgements

419 We thank Shiri Portnoy for her contribution in assessing inter-rater reliability, Nicole
420 Breakspeare and Oliver Pyke for help with data collection, and Marc Baker for his comments on
421 an earlier version of this paper. This research forms part of the doctoral work of the first author
422 who is in receipt of a doctoral studentship funded by the Centre for Research and Evidence on
423 Security Threats (ESRC Award: ES/N009614/1).

424 References

425 Anderson, J. R. (1983). A spreading activation theory of memory. *Journal of Verbal Learning*
426 *and Verbal Behavior*, 22(3), 261–295. [doi:10.1016/S0022-5371\(83\)90201-3](https://doi.org/10.1016/S0022-5371(83)90201-3)

- 427 Anderson, S. J., & Conway, M. A. (1993). Investigating the structure of autobiographical
428 memories. *Journal of Experimental Psychology: Learning, Memory, and*
429 *Cognition*, 19(5), 1178-1196. [doi:10.1037/0278-7393.19.5.1178](https://doi.org/10.1037/0278-7393.19.5.1178)
- 430 Bäckman, L., & Nilsson, L. G. (1991). Effects of divided attention on free and cued recall of
431 verbal events and action events. *Bulletin of the Psychonomic Society*, 29(1), 51-54.
432 [doi:10.3758/BF03334767](https://doi.org/10.3758/BF03334767)
- 433 Belli, R. F. (1998). The structure of autobiographical memory and the event history calendar:
434 Potential improvements in the quality of retrospective reports in surveys. *Memory*, 6(4),
435 383-406. [doi:10.1080/741942610](https://doi.org/10.1080/741942610)
- 436 Berntsen, D., Staugaard, S. R., & Sørensen, L. M. T. (2013). Why am I remembering this now?
437 Predicting the occurrence of involuntary (spontaneous) episodic memories. *Journal of*
438 *Experimental Psychology: General*, 142(2), 426-444. [doi:10.1037/a0029128](https://doi.org/10.1037/a0029128)
- 439 Borum, R., Gelles, M., & Kleinman, S. (2009). Interview and interrogation: A perspective and
440 update from the USA. In R. Milne, S. Savage, & T. Williamson (Eds.) *International*
441 *Developments in Investigative Interviewing* (pp. 111-128). Cullompton, UK: Willan
442 Publishing.
- 443 Brown, C., Lloyd-Jones, T. J., & Robinson, M. (2008). Eliciting person descriptions from
444 eyewitnesses: A survey of police perceptions of eyewitness performance and reported use
445 of interview techniques. *European Journal of Cognitive Psychology*, 20(3), 529-560.
446 [doi:10.1080/09541440701728474](https://doi.org/10.1080/09541440701728474)
- 447 Cohen, J. (1992). A power primer. *Psychological bulletin*, 112(1), 155-159.
448 <http://dx.doi.org/10.1037/0033-2909.112.1.155>

- 449 Craik, F. I., Govoni, R., Naveh-Benjamin, M., & Anderson, N. D. (1996). The effects of divided
450 attention on encoding and retrieval processes in human memory. *Journal of Experimental*
451 *Psychology: General*, 125(2), 159-180. [doi:10.1037/0096-3445.125.2.159](https://doi.org/10.1037/0096-3445.125.2.159)
- 452 Cumming, G. (2013). *Understanding the new statistics: Effect sizes, confidence intervals, and*
453 *meta-analysis*. New York, NY, USA: Routledge, USA.
- 454 Dando, C., Wilcock, R., & Milne, R. (2009). The cognitive interview: The efficacy of a modified
455 mental reinstatement of context procedure for frontline police investigators. *Applied*
456 *Cognitive Psychology*, 23(1), 138-147. doi:10.1002/acp.1451
- 457 Faul, F., Erdfelder, E., Lang, A. G., & Buchner, A. (2007). G* Power 3: A flexible statistical
458 power analysis program for the social, behavioral, and biomedical sciences. *Behavior*
459 *research methods*, 39(2), 175-191. doi:10.3758/BF03193146
- 460 Fisher, R., & Geiselman, R. (1992). *Memory-enhancing techniques for investigative*
461 *Interviewing: The cognitive interview*. Springfield, IL, USA: Charles C. Thomas.
- 462 Frennda, S. J., Nichols, R. M., & Loftus, E. F. (2011). Current issues and advances in
463 misinformation research. *Current Directions in Psychological Science*, 20(1), 20-
464 23. <https://doi.org/10.1177/0963721410396620>
- 465 Gabbert, F. & Brown, C. (2015). Interviewing for face identification. In T. Valentine, & J. P.
466 Davis, (Eds.), *Forensic Facial Identification: Theory and Practice of Identification from*
467 *Eyewitnesses, Composites and CCTV*. Chichester, UK: Wiley-Blackwell.
- 468 Gabbert, F., MacPherson, I., & Hope, L. (2014). Adding a new mnemonic to the Cognitive
469 Interview. Paper presented at IIRG Conference, Lausanne, 2014.
- 470 Goh, W. D., & Lu, S. H. (2012). Testing the myth of the encoding–retrieval match. *Memory &*
471 *cognition*, 40(1), 28-39. doi:10.3758/s13421-011-0133-9

- 472 Granhag, P. A., Vrij, A., & Meissner, C. A. (2014). Information gathering in law enforcement
473 and intelligence settings: Advancing theory and practice. *Applied Cognitive*
474 *Psychology*, 28(6), 815-816. doi:10.1002/acp.3093
- 475 Hope, L., Gabbert, F., & Fraser, J. (2013). Postincident conferring by law enforcement officers:
476 Determining the impact of team discussions on statement content, accuracy, and officer
477 beliefs. *Law and Human Behavior*, 37(2), 117-127. [doi:10.1037/lhb0000019](https://doi.org/10.1037/lhb0000019)
- 478 Hope, L., Mullis, R., & Gabbert, F. (2013). Who? What? When? Using a timeline technique to
479 facilitate recall of a complex event. *Journal of Applied Research in Memory and*
480 *Cognition*, 2(1), 20-24. [doi:10.1016/j.jarmac.2013.01.002](https://doi.org/10.1016/j.jarmac.2013.01.002)
- 481 Ihlebæk, C., Løve, T., Erik Eilertsen, D., & Magnussen, S. (2003). Memory for a staged criminal
482 event witnessed live and on video. *Memory*, 11(3), 319-327.
483 [doi:10.1080/09658210244000018](https://doi.org/10.1080/09658210244000018)
- 484 Lane, S. M. (2006). Dividing attention during a witnessed event increases eyewitness
485 suggestibility. *Applied Cognitive Psychology*, 20(2), 199–212. doi:10.1002/acp.1177
- 486 Loftus, E. (2003). Our changeable memories: Legal and practical implications. *Nature Reviews*
487 *Neuroscience*, 4(3), 231-234. doi:10.1038/nrn1054
- 488 Marsh, J. E., Patel, K., Labonté, K., Threadgold, E., Skelton, F. C., Fodarella, C., ... & Vachon,
489 F. (2017). Chatting in the face of the eyewitness: The impact of extraneous cell-phone
490 conversation on memory for a perpetrator. *Canadian Journal of Experimental*
491 *Psychology/Revue canadienne de psychologie expérimentale*, 71(3), 183-190.
492 <http://dx.doi.org/10.1037/cep0000101>

- 493 Memon, A., Wark, L., Bull, R., & Koehnken, G. (1997). Isolating the effects of the cognitive
494 interview techniques. *British Journal of Psychology*, 88(2), 179-197. doi:10.1111/j.2044-
495 8295.1997.tb02629.x
- 496 Mulligan, N. W. (2014). Memory for pictures and actions. In T. J. Perfect, & D. S. Lindsay
497 (Eds.), *The SAGE handbook of applied memory*, (pp. 20-36). London, UK: Sage.
- 498 Nairne, J. S. (2002). The myth of the encoding-retrieval match. *Memory*, 10(5-6), 389-395.
499 [doi:10.1080/09658210244000216](https://doi.org/10.1080/09658210244000216)
- 500 Naveh-Benjamin, M., Kilb, A., & Fisher, T. (2006). Concurrent task effects on memory
501 encoding and retrieval: Further support for an asymmetry. *Memory & Cognition*, 34(1),
502 90-101. doi:10.3758/BF03193389
- 503 Ozgul, F. (2016). Analysis of topologies and key players in terrorist networks. *Socio-Economic*
504 *Planning Sciences*, 56, 40-54. [doi:10.1016/j.seps.2016.07.002](https://doi.org/10.1016/j.seps.2016.07.002)
- 505 Office for National Statistics (2015). Focus on Violent Crime and Sexual Offences: Year ending
506 March 2015. Retrieved from:
507 [https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/compendium/f](https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/compendium/focusonviolentcrimeandsexualoffences/yearendingmarch2015)
508 [ocusonviolentcrimeandsexualoffences/yearendingmarch2015](https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/compendium/focusonviolentcrimeandsexualoffences/yearendingmarch2015)
- 509 Pansky, A., Koriat, A., & Goldsmith, M. (2005). Eyewitness recall and testimony. In N. Brewer,
510 & K. D. Williams (Eds.), *Psychology and law: An empirical perspective*, (pp. 93-150).
511 New York, NY, USA: Guilford Press.
- 512 Smeets, T., Candel, I., & Merckelbach, H. (2004). Accuracy, completeness, and consistency of
513 emotional memories. *American Journal of Psychology*, 117(4), 595-609.
514 doi:10.2307/4148994

515 Tullis, J. G., & Benjamin, A. S. (2015). Cue generation: How learners flexibly support future
516 retrieval. *Memory & Cognition*, 43(6), 922-938. doi:10.3758/s13421-015-0517-3

517 Tulving, E., & Thomson, D. M. (1973). Encoding specificity and retrieval processes in episodic
518 memory. *Psychological Review*, 80(5), 352-373. [doi:10.1037/h0020071](https://doi.org/10.1037/h0020071)

519 Watkins, O. C., & Watkins, M. J. (1975). Buildup of proactive inhibition as a cue-overload
520 effect. *Journal of Experimental Psychology: Human Learning and Memory*, 1(4), 442-
521 452. [doi:10.1037/0278-7393.1.4.442](https://doi.org/10.1037/0278-7393.1.4.442)

522 Wheeler, R. L., Gabbert, F., Hope, L., & Jones, S. (2017, January). *Evaluating a Self-Generated*
523 *Cue Mnemonic to Enhance Eyewitness Retrieval*. Paper presented at SARMAC
524 conference, Sydney, Australia.

525

526

527

528

529

530

531

532

533

534

535

536

537

538

Supplementary Materials

539 In this Supplementary Materials section, we provide information about coding and analyses for
540 variables which are conventional in this research area (e.g. reporting of incorrect details) but
541 which lie outside our main hypotheses.

542

543 1. Critical Details Coding

544 Prior to data collection, six legal professionals viewed the stimulus event and
545 independently provided a list of details that they considered critical to pursue an investigation of
546 the assault and relevant legal charges. Details mentioned by at least four of the six legal
547 professionals were included in a final list of 24 critical details. Accounts were then coded for the
548 reporting of these critical details. To calculate a completeness rate for critical details, the total of
549 reported critical details was divided by 24 (i.e. the maximum number of critical details). Higher
550 scores indicated higher levels of completeness.

551

552 2. Supplementary Results (main results reported in manuscript)

553 Reporting of Incorrect Details

554 There was no significant main effect of Cues, $F(2,126) = 1.10, p = .337, \omega^2 = .001$, or
555 Attention, $F(1, 126) = .08, p = .777, \omega^2 = -.007$, on the total number of incorrect details reported.
556 The interaction between Attention and Cues was not significant, $F(2,126) = .23, p = .793, \omega^2 = -$
557 $.012$. Means for incorrect details reported as a function of cue and attention conditions are
558 presented in Table 1.

559 Table 1. *Mean number (SE) of incorrect details by cues (Self-Generated Cues, Other-Generated*
560 *Cues, No Cues) and attention (Full and Divided).*

561

		Incorrect details				
		SGC		OGC		NC
Attention	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Full	9.9 (0.5)	[7.5, 12.3]	9.3 (0.7)	[6.6, 12.4]	11 (0.6)	[7.6, 13.6]
Divided	10.1 (0.4)	[8.3, 11.9]	8.7 (0.3)	[7.1, 10.4]	11.6 (0.7)	[8.6, 14.7]

562

563 **Reporting of Incorrect Action Attributions**

564 There was no effect of either Attention, $F(1, 126) = 0, p = 1.00, \omega^2 = -.008$, or Cues,
 565 $F(2,126) = .74, p = .479, \omega^2 = -.004$, on the total number of incorrect person-action details. No
 566 significant interaction emerged between Cues and Attention, $F(2,126) = 2.01, p = .138, \omega^2 =$
 567 $.015$. Means for incorrect person-action details reported as a function of cue and attention
 568 conditions are presented in Table 2.

569 Table 2. *Mean number (SE) of incorrect person-action details by cues (Self-Generated Cues,*
 570 *Other-Generated cues, No Cues) and attention (Full and Divided).*

		Incorrect Person-Action details				
		SGC		OGC		NC
Attention	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Full	0.86 (0.1)	[0.53, 1.21]	1.5 (0.1)	[0.91, 2.32]	1.05 (0.1)	[0.56, 1.56]

Divided 1.05 (0.1) [0.58, 1.54] 0.91 (0.1) [0.54, 1.35] 1.45 (0.1) [0.95, 2.00]

571

572

573 **Reporting of Critical Details**574 The mean number of reported critical details across conditions was 12 ($SD = 2.9$) out of a

575 total of 24 details. There was a significant main effect of Attention on the total number of

576 reported crime-related details, $F(1, 126) = 28.00, p < .001, \omega^2 = .174$, but there was no main577 effect of Cues, $F(2,126) = .06, p = .940, \omega^2 = -.014$. No significant Attention by Cue interactions578 emerged for reported critical details, $F(2,126) = .51, p = .600, \omega^2 = -.008$. Finally, there was a579 significant main effect of Attention, $F(1, 126) = 28.48, p < .001, \omega^2 = .176$, but not Cues,580 $F(2,126) = .05, p = .954, \omega^2 = 0.014$, on the rate of completeness of participants' accounts. The

581 interaction between Attention and Cues was not significant for the rate of completeness,

582 $F(2,126) = .44, p = .647, \omega^2 = -.009$. Means for reported critical details as a function of cue and

583 attention conditions are presented in Table 3.

584 Table 3. Mean number (SE) of reported critical details by cues (*Self-Generated Cues, Other-*585 *Generated cues, No Cues*) and attention (*Full and Divided*).

		Reported details				
		SGC		OGC		NC
Attention	$M (SE)$	95%CI	$M (SE)$	95%CI	$M (SE)$	95%CI
Full	13.1 (0.2)	[12.2, 14.1]	12.7 (0.2)	[11.8, 13.5]	12.9 (0.2)	[11.9, 14]
Divided	10.3 (0.2)	[9.3, 11.6]	10.9 (0.3)	[9.6, 12]	10.2 (0.3)	[8.8, 11.6]

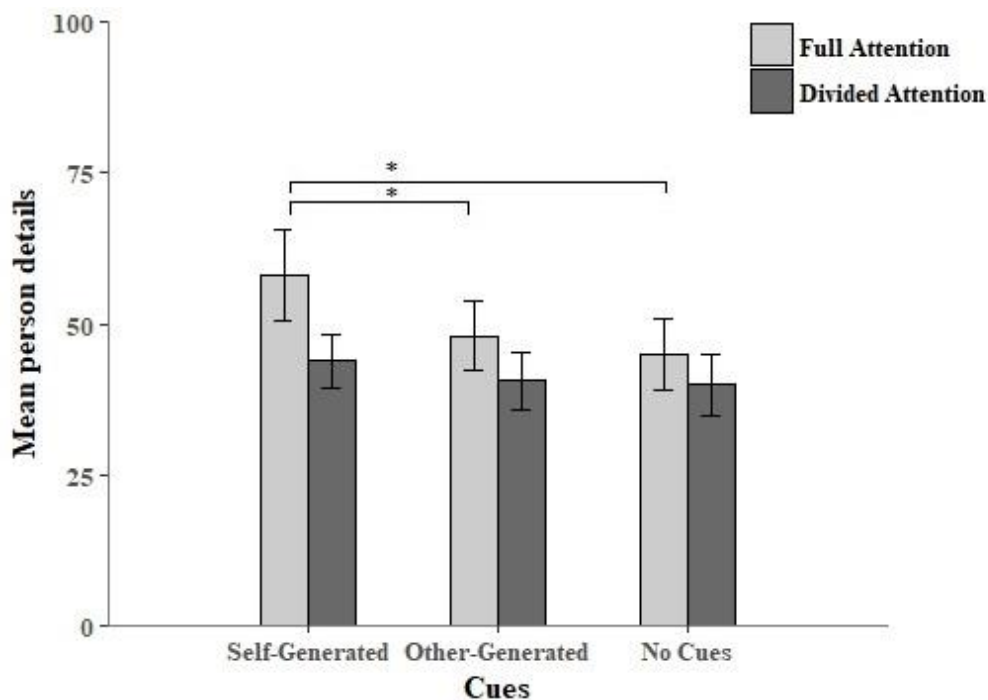
586

587 Type of Details Reported

588 There was a main effect on the total number of person details for Attention, $F(1, 126) =$
589 14.55, $p < .001$, $\omega^2 = .095$, with more person details reported under full than divided attention.
590 There was also a main effect of Cues, $F(2,126) = 4.91$, $p = .009$, $\omega^2 = .057$. Post-hoc tests
591 showed that more person details were reported overall with SGC than with No Cues ($p = .011$),
592 but not compared to the Other-Generated Cues condition ($p = .061$). There was also no
593 significant difference in the number of person details reported in the Other-Generated Cues
594 condition in comparison to the No Cues condition ($p = 1.00$). No significant interaction emerged
595 for the total number of person details, $F(2,126) = 1.40$, $p = .251$, $\omega^2 = .006$. Bonferroni-corrected
596 pairwise comparisons revealed that the use of Self-Generated Cues led to the reporting of more
597 person details comparing to the use of Other-Generated Cues ($p = .039$) and of No Cues ($p =$
598 $.005$), under the Full attention condition. However, there was no difference between cues under
599 Divided attention conditions ($p > .05$).

600 There was a main effect of Attention, $F(1, 126) = 8.64$, $p = .004$, $\omega^2 = .056$, but not of
601 Cues, $F(2,126) = .24$, $p = .788$, $\omega^2 = -0.011$, on the total number of object details reported. There
602 was no significant interaction between Cues and Attention, $F(2,126) = 1.32$, $p = .272$, $\omega^2 = .005$.
603 Similarly, there was a main effect of Attention, $F(1, 126) = 15.57$, $p < .001$, $\omega^2 = .102$, but not of
604 Cues, $F(2,126) = .03$, $p = .966$, $\omega^2 = -0.015$, on the total number of action details reported. The
605 interaction between Attention and Cues was not significant, $F(2,126) = 1.01$, $p = .366$, $\omega^2 = .000$.
606 Levene's test was significant for the analysis of action details ($p = .03$). Finally, there was no
607 effect of Attention, $F(1, 126) = .62$, $p = .434$, $\omega^2 = -.003$ or Cue, $F(2,126) = 2.86$, $p = .061$, $\omega^2 =$
608 $.028$, on the total number of setting details reported. Levene's test was significant ($p = .005$). No
609 significant interaction emerged for the reporting of setting details, $F(2,126) = .70$, $p = .499$, $\omega^2 =$

610 -.005. Boxplots were used to explore the distribution for the total number of both action and
611 setting details. For action details, the distribution was symmetrical however there were seven
612 outliers representing participants who reported a high number of action details. For setting
613 details, the distribution was not symmetrical but positively skewed with three outliers who
614 reported a high number of setting details. Given the low number particularly regarding setting
615 details ($M = 6.88$, $SD = 3.58$), and the lack of significant results for both type of details, no
616 action was taken due to the Levene's test being significant. The effect of cues on the mean
617 number of person details within Full and Divided attention conditions are presented in Figure 1.
618 Means for action, object and setting details reported within both attention conditions are
619 presented in Tables 4a and 4b.



620
621 *Figure 1.* Mean number of person details as a function of cues (Self-Generated Cues vs Other-
622 Generated Cues vs No Cues) within Full and Divided attention conditions. Error bars represent \pm

623 1.96 standard errors (95% confidence intervals). Asterisks indicate significant differences
 624 between cue conditions, * $p < .05$.

625 *Table 4a. Mean (SE) number of action, object and setting details by cues (Self-Generated Cues,*
 626 *Other-Generated Cues, No Cues) under Full attention.*

	Full Attention					
	SGC		OGC		NC	
Details type	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Action	18.4 (0.6)	[15.5, 21.3]	18.1 (0.8)	[14.6, 21.6]	16.3 (0.6)	[13.8, 19.1]
Object	10 (0.3)	[8.7, 11.3]	9.2 (0.3)	[7.8, 10.7]	9.2 (0.3)	[8.1, 10.4]
Setting	8.4 (0.4)	[6.3, 10.4]	7.2 (0.4)	[5.5, 9.1]	5.8 (0.2)	[4.9, 6.7]

627
 628 *Table 4b. Mean (SE) number of action, object and setting details by cues (Self-Generated Cues,*
 629 *Other-Generated Cues, No Cues) under Divided attention.*

	Divided Attention					
	SGC		OGC		NC	
Details type	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Action	12.3 (0.4)	[10.5, 14.2]	12.9 (0.4)	[10.8, 14.9]	14 (0.5)	[11.6, 16.5]
Object	7.2 (0.2)	[6, 8.4]	8.6 (0.2)	[7.5, 9.8]	7.7 (0.4)	[6, 9.5]
Setting	7.3 (0.3)	[6, 8.5]	6.3 (0.2)	[5.3, 7.3]	6.3 (0.3)	[4.9, 7.9]

630